



INTEGRAL NUMEROLOGY

Resource Portfolio

Decoding the Mystery,
Magic, and Truths Held
in Numbers



By Suzanne Wagner

A good numerologist will begin with the building blocks, and from within the patterns and emotional nuances, pictures will emerge and flow out to the clients.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

The Numerology Resource Portfolio is a book that you write. You will build a robust resource as you work with the clients you include in this portfolio, using the Integral Numerology Book and the linked videos in this Portfolio to guide you as you become proficient in supporting others through their challenges using Integral Numerology as a tool.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

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NUMEROLOGY INTRODUCTION

In Numerology the question is often asked, “If someone is born with my same birthday, does he have the same characteristics as I?” The answer is a qualified “Yes”. There are variations as to how each person reacts and responds to situations, and how the lessons the numbers come in to teach them. Numerology shows the building blocks as to what we want to learn. From there, we have an element of free choice to move and grow beyond our innate characteristics. The numbers are simply the map to the patterns within. But the map cannot tell you the beauty, depth, and drama of the landscape of your life. This is where intuition comes in. The numbers are simply a doorway to the psychic realm. A good numerologist will begin with the building blocks then from within the patterns and emotional nuances pictures will emerge and flow out to the clients. It is as if their song is being played back to them. It strikes a cord of truth within them and their souls emerge into wakefulness.

So as you work with numbers, you will see that there are vibrations you are drawn to. The numbers will tend to enhance and support your energy field. This is very individualistic, because what you want to work on or integrate is personal based upon where you are in your physical life and spiritual development. Knowing what numbers will enhance aspects of your life and give you more energy and balance is helpful as you journey along life.

There are many different systems of Numerology and all are fascinating and wonderful. This book’s particular pattern is different from all the others from the standpoint that it allows you to use the map of Numerology to explore your own consciousness and intuition.

In this system the odd numbers are considered to be feminine and the even numbers are considered to be masculine. This is because the even numbers often reflect; the desire to know (2), balance/negotiate (4), religious structure and belief in purity and abstinence (6), centered awareness (8), and power and authority (10) which tend to be masculine characteristics.

The feminine numbers tend to show humility and vulnerability (1), positive mind (3), physical body/passion (5), the desire for structure and safety (7), and creativity and art (9) which tend to be regarded as feminine traits.

The 11 tends to be neither masculine nor feminine because it demonstrates transcendence of the physical plane.

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UNIVERSAL MEANINGS

Numbers have universal meanings for people and are associated with the eleven spiritual bodies.

1 Humility	Creator -- Unity, Creation, Independence
Positive Quality	Comes from the heart
Negative Quality	Does not come from the heart

2 Obedience	Long to Belong -- Duality, Mind, Conflict
Positive Quality	Can automatically make judgments of negative situations so they can be changed and modified
Negative Quality	Cannot evaluate negative situations very well, Needy

3 Positive Mind	Devil or Devine - - Trinity, Uplifting, Positive
Positive Quality	Can see the positive in everything
Negative Quality	Cannot see the positive in anything

4 Service	Cup of Prayer -- Balance, Neutral, Harmony
Positive Quality	Can evaluate the good and the bad in any situation
Negative Quality	Cannot evaluate the good and the bad in any situation

5 Self-Sacrifice	Perfected Form, Teacher -- Physical, Sensual, Healing
Positive Quality	Teaches and helps others
Negative Quality	Refuses to teach and help others, Selfish

6 Justice	Person at Prayer -- Perfection, Purity, Seeking
Positive Quality	At one with the infinite
Negative Quality	Cannot connect with the infinite

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UNIVERSAL MEANINGS

7 Mercy	Platform of Elevation -- Mysticism, Structure, Patterns
Positive Quality	The ability to uplift yourself and others
Negative Quality	Not able to uplift yourself or others

8 Purity	Finite to Infinity -- Infinity, Sadness, Disappointment
Positive Quality	Never gets tired
Negative Quality	Cannot regulate their energy

9 Calmness	Mystery -- Artistic, Emotional, Temperamental
Positive Quality	The ability to really know what is going on
Negative Quality	Doesn't know what is going on, Gullible

10 Royal Courage	All or Nothing -- Power, Authority, Strength
Positive Quality	Will do something 100%
Negative Quality	Won't do it for anything, Resistance

11 Accumulation	Eternal -- Mastery, Transcendence, Consciousness
Positive Quality	Looks beyond to the possibilities
Negative Quality	Gets caught in escapism

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NUMEROLOGY POSITIONS, PATTERNS, AND FORMULAS

All patterns can be worked through in a lifetime. The numbers are simply a marker that point you in the right direction and give you hints as to what attributes you naturally possess. Depending upon where the number is positioned in the reading indicates how this number's pattern and meaning effect you.

Date of Birth The birthdate is the starting point.
Example: 1/15/1954

Soul Number
The Soul Number is the day. Any number over 11 will need to be reduced. This is done by adding the two numbers together.
Example: 15 becomes $1+5=6$
The Soul Number for 1/15/1954 is 6.

Soul Number Position
The Soul Number indicates where you were and what you were feeling in the last lifetime; what type of experiences you were having; what you are carrying from that last lifetime into the present; and both its skills and challenges.

Karmic Number
The Karma Number is the month. If it is December, reduce. This is done by adding the two numbers together. Example: 12 becomes $1+2 = 3$
The Karma Number for 12/15/1954 is 3.

Karmic Number Position
The Karma Number indicates what the karmic challenges are in this lifetime; what you came in to learn; and what you are still working on. This position shows where you will be required to extend a tremendous effort throughout this life.

Gift Number
The Gift Number is the last two digits of the year. Any number over 11 will need to be reduced by adding them together.
Example: 54 becomes $5+4 = 9$
The Gift Number for 1/15/1954 is 9.

Gift Number Position
The number in this position indicates where you have tremendous gifts and skills from many lifetimes of work; where you have naturally been drawn to show up and assist; your natural skills; and what you love to do. This gift is easy to share with others.

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NUMEROLOGY POSITIONS, PATTERNS, AND FORMULAS

Path Number

The Path Number is found by adding all four digits of the year together and then reduce if necessary.

Example: $1+9+5+4 = 19$ then $1+9 = 10$

The Path Number for 1/15/1954 is 10.

Path Number Position

The Path Number shows what the path of this life will look like; how karma may present itself; directs toward the completion of the karma; and how you will handle the challenges; and how to proceed.

Destiny Number

The Destiny Number is found by adding together all the numbers of the birthdate and reduce if necessary.

Example: $1+1+5+1+9+5+4 = 26$; then $2+6 = 8$

The Destiny Number for 1/15/1954 is 8.

Destiny Number Position

The Destiny Number indicates what your ultimate goal is in this lifetime; where you intend to be when you are past the age of 35. When the Destiny Number is completed then new doors open into realities that you could not have previously conceived. This is because you will have stepped beyond the karmic lessons of this life, walked the path to your destiny and are now free to become whoever and whatever you choose.

Year Number

The year number is calculated by adding the digits of the month and the day of the birthdate with the four digits of the present year. Reduce if over 11. The example is for 2005.

Example: $1+1+5+2+0+0+5 = 14$ then $1+4 = 5$

The year number is 5.

Year Number Position

The year number tells you what the pattern will be for the year beginning at your birthday and ending at the following birthday. The year number hints at possible problems and issues that might arise during that time. How you handle the situations will give you insight and growth into the energies that affect you for that year. Knowing what may arise allows you to anticipate and plan ahead. This allows the transcendence of personal struggle and suffering into conscious clarity.

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THE PROCESS OF CREATING YOUR NUMEROLOGY RESOURCE PORTFOLIO

When working with integral numerology, you will bring in the basic knowledge of the meaning of the numbers coupled with your insights into each reading. This workbook is structured so that you choose the clients you will work with as you learn how to apply the concepts of Integral Numerology to support your clients as they gain insight into their own strengths and challenges. The support material is provided for you as you work with each client through links to textual support, videos, and robust examples. The process to work with clients is as follows:

1. Type the Client's Name and Birth Date into the Client Forms found on pages 11 through 22.
2. Type your notes into each of the given sections for all 6 aspects: soul, karma, gift, path, destiny, and year. Every aspect has multiple sections.
3. Repeat the process for additional clients.
4. If you would like feedback on your Integral Numerology notes, please go to the Blog in the course website and invite others to review your work.

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DEVELOP YOUR CLIENT FILES

Name	Birth Date	Soul #	Karma #	Gift #	Path #	Destiny #

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number:

Karma:

Gift:

Path:

Destiny:

Year:

Soul Number Meaning:

Universal Characteristics:

What does the client bring from the past?:

Masculine / Feminine / Transcended:

Symbolic Meaning / Archetypes:

Congruent Energy Characteristics:

Positive Characteristics:

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number: Karma: Gift: Path: Destiny: Year:

Strengths: _____

Negative Characteristics: _____

Challenges: _____

Related Patterns and Meanings: _____

Relevant Intent / Motivation: _____

Horoscope Partner: _____

Additional Insights: _____

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number:

Karma:

Gift:

Path:

Destiny:

Year:

Karma Number Meaning:

Universal Characteristics:

What is most important for the client to work on this lifetime:

Masculine / Feminine / Transcended:

Symbolic Meaning / Archetype:

Congruent Energy Characteristics:

Positive Characteristics:

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number:

Karma:

Gift:

Path:

Destiny:

Year:

Karmic Strengths: _____

Negative Characteristics: _____

Challenges: _____

Related Patterns and Meanings: _____

Relevant Intent / Motivation: _____

Horoscope Partner: _____

Additional Insights: _____

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number: Karma: Gift: Path: Destiny: Year:

Gift Number Meaning: _____

Universal Characteristics: _____

What has the client done really well repeatedly: _____

Masculine / Feminine / Transcended: _____

Symbolic Meaning / Archetype: _____

Congruent Energy Characteristics: _____

Positive Characteristics: _____

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number:

Karma:

Gift:

Path:

Destiny:

Year:

Strengths in this Gift Number: _____

Negative Characteristics: _____

Challenges: _____

Related Patterns and Meanings: _____

Relevant Intent / Motivation: _____

Horoscope Partner: _____

Additional Insights: _____

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number: Karma: Gift: Path: Destiny: Year:

Path Number Meaning: _____

Universal Characteristics: _____

How does the karma show up in this lifetime: _____

Masculine / Feminine / Transcended: _____

Symbolic Meaning / Archetype: _____

Congruent Energy Characteristics: _____

Positive Characteristics: _____

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number:

Karma:

Gift:

Path:

Destiny:

Year:

Path Strengths: _____

Negative Characteristics: _____

Challenges: _____

Related Patterns and Meanings: _____

Relevant Intent / Motivation: _____

Horoscope Partner: _____

Additional Insights: _____

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number:

Karma:

Gift:

Path:

Destiny:

Year:

Destiny Number Meaning:

Universal Characteristics:

Where does the client want to be by age 40 to 50:

Masculine / Feminine / Transcended:

Symbolic Meaning / Archetype:

Congruent Energy Characteristics:

Positive Characteristics:

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number:

Karma:

Gift:

Path:

Destiny:

Year:

Destiny Strengths: _____

Negative Characteristics: _____

Challenges: _____

Related Patterns and Meanings: _____

Relevant Intent / Motivation: _____

Horoscope Partner: _____

Additional Insights: _____

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Client Name

Birth Month

Birth Day

Birth Year

Current Year

Soul Number:

Karma:

Gift:

Path:

Destiny:

Year:

Current Year Meaning:

Universal Characteristics:

Masculine / Feminine / Transcended:

Symbolic Meaning / Archetype:

Congruent Energy Characteristics:

Positive Characteristics and Strengths:

Negative Characteristics and Challenges:

Related Patterns:

Relevant Intent / Motivation:

Horoscope Partner:

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EXAMPLE READING FOR THE DATE 1-10-1956

Soul Number

This particular number is challenging as it can be interpreted as a 10 or as a 1. You can usually tell whether the person is more of the 1 vibration or the 10 by looking at them. The 1 vibration will be humble and somewhat shy. The 10 will be dynamic and forceful in the way they speak and move. Most of the time, interpret the person from the exact number. Meaning in this case, the 10. (In numerology the highest number is eleven. So you always keep numbers as they are, if they are naturally below eleven. There are exceptions when you will look at a person as a natural ten, 1-10-56, or a natural eleven, 1-11-56, and break them down to a pure one, $1+0=1$ or a pure two, $1+1=2$).

With this particular person, first look at them as a 10. The ten is about radiance and power. This lets you know that this person was radiant and dynamic in their very last lifetime. They could have been a king, general, boss or anyone who was in charge. It means, that they made decisions that affected other people. They somehow challenged themselves to overcome fear and step into positions of responsibility. This will make them very dynamic and forceful and willing to take risks. The 10 is a number of responsibility. It shows a desire for power and control. This number tells that they accomplished a lot in their last life so in this life they are still driven. Their nature is to be action-oriented and their mind will move quickly. This is a powerhouse person who will intimidate others by their mere presence. They are always on the go and are involved in many projects. They love to be challenged and to win. They are powerful so they will also draw powerful people to them. When these people set their mind to something they are unstoppable. They usually accomplish twice the work of others during a normal day. Yet, they need to be in charge and do not like to be micromanaged in work environments.

Until the last century, most 10s in past lives would have been in male types of jobs. This can mean that they were male or that they held positions of authority and power.

Karma Number

The Karmic lesson for people in our example (1-10-56) is a 1 and is related to humility. This indicates that this person wants to find out how to be the vulnerable expression of their heart. The lesson is for them to find a way to express their heart, without judging themselves as being weak or stupid. It means that if the person is not sincere, the universe will teach them humility by pulling the rug right out from underneath their feet.

The Karmic lesson of 1 for a female is easier than it is for a male. That is because it is socially acceptable for women to be gentler and more vulnerable than it is for men. For a woman, the 1 will show up as a desire or a need to find and express a gentle core self. Yet, in translating the Karma Number you must remember that this is "The Challenge." This is not always easy for the person to understand or relate to. The fear in a western culture is that humility leaves a person wide open for ridicule and pain. This is not necessarily so. You can be humble in the form of being gentle, kind, sincere, honest, trustworthy, and authentic. You can express humility with power and gentleness. However, for some that can be difficult. For a women with a Karmic Number 1, they often know that in business they must be authentic or their whole world seems to fall apart. They are often highly motivated and successful in business. On the inside they often strive for a simple life. Yet, they seem to rarely get it until later in life.

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For men, the 1 often disguises as a 10. Some of the most powerful men in business have a Karma Number of 1. They have learned that they must be honest in their dealings with others. They often cultivate business partners who they have learned through trial and error to trust. When they are younger they learned the hard way by having others rip them off financially. Underneath the crusty exterior of the 10, the male 10 is gentle and kind. Men will create financial success first in order to give permission to themselves to become more gentle and to find their core self.

The combinations between different numbers, such as the Soul Number and Karmic Number, tell you even more. Let's take people who were born 1-10-56. If their soul vibration was that of a king or leader in their very last past life, it is often common for people in positions of leadership and power to be arrogant, difficult and unfeeling. It only seems logical that the natural course of consciousness would be, in their next lifetime, to still have the power, but to find a way to express their heart in a more sincere fashion without all the pride. This combination tells the reader that these people need to learn how to use their power yet keep their heart open and available to connect to others. This usually means that they were unable to do this in a past life. Any time these people use their power without vulnerability, then the universe will teach them by making their plans not work. When they learn to use their power in a humble, sincere way, then everything in their life will work.

Gift Number

The Gift of 11 is a mastery number. This number is about expanded consciousness and awareness. This indicates a person who has been an extremely flexible thinker in many past lives. It means that they have been curious about many things and had a great willingness to try them all. That kind of expansive thinking shows a person who was unwilling to be held back by societies social repressive conditioning and patterns. The 11 is an idea person. They love to live in their ideas and dreams. They value freedom above all things. This is a genius pattern, yet we know there is a fine line between genius and eccentricity. These people spend part of their lives feeling fragmented and also creating incredible magic. These people are often visionaries and can see patterns far into the future. They want to see unity in the world where other people see separation. These people do not judge other people based on their job, money, belief systems, or ego. They can get along with, anybody. They are gregarious, outgoing, witty, and interesting story tellers. The challenges of these people with the Karma of 1 become even more interesting, when you look at the Gift of 11 added into this sequence. Here is this powerful old leader from a past life who was arrogant, difficult, and refused to show their sensitivity and their heart. They were probably given that position of power and leadership because of their incredible forward thinking ability or as a person who could inspire people and move them. In past lives they were geniuses, whose minds wanted to look for all the answers and all the alternatives. Deep down was an incredible mind searching for the highest truth in consciousness and clarity. Yet somehow, along the way, they lost themselves, they became arrogant and they lost their heart.

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Path Number

Now again, from our example, we must think of this as a logical sequence in consciousness. If they have a Gift of 11 then the next thing they wanted to learn on their Path was the 3. The three is about the positive mind, but it is up and down like a roller-coaster. When people have a Path of 3, they want an up and down, wild lifetime. They want moments to be divine and they also want moments to be devilish. Often someone's Soul Number is one thing but the Path in this life can be quite different. They naturally try to be the Soul vibration (as it was the most familiar last lifetime), but if the Path is quite different this creates a struggle within.

When people have a Gift of Rebellion/Freedom and a Path of Positive Mind, it creates those who have rebelled in many past lifetimes and are now trying to reframe those experiences into a positive model that they can deal with in this lifetime. Often these people have been challenging authority and rebelling against systems that were deeply entrenched in old models and behaviors. They saw the resistance and attempted to create change. However in the last two thousand years those who went against the established norm often were killed, tortured, or imprisoned. This causes them to be carrying forward great struggle, pain and sacrifice. Because of the past upsets and difficult deaths they can sometime feel as if they have a chip on their shoulder. They can be rebelling just for the sake of rebelling. They are attempting to let go of the past decisions that may or may not have been correct and forgive themselves for making choices that caused them past life trauma and injury. They may not remember what has happened before but they tend to make choices that seem out of the established normal behavior pattern.

They are highly intelligent and often have a genius IQ. They tend to push against social acceptance and are often doing things that are risky and on the edge. They are attempting to heal the pain they have caused themselves from past lives and will have a tendency to repeat past trauma in order to remember. They are philosophically interesting to talk to and have faced many of their own fears and beliefs. They love to awaken others to places that are unfamiliar. They are the guides into the lands of shadow and darkness. They are often challenged to deal with their obsessive tendencies. They have often done drugs, wild sex, and physically edgy things such as; black diamond skiing, mountaineering, and motorcycle riding. They feel alive when they are testing the boundaries of fear and mind.

Their challenge is to take both sides of their behavior the positive and the negative, and find a way for them to co-exist in a peaceful manner. They are learning self-acceptance and how to let go of past life pain from the choices of their lives. There are always two sides to them. They may or may not show you both. If you get close to them you will see the duality in which they live. They contain so much brilliance and so much chaos all at the same time. They are often working on many projects at the same time and feel scattered and overwhelmed. They can feel like they know a lot about a lot of things but they can feel as if they are the master of none. They can feel as if they are procrastinators because they are easily distracted. They can be good salesmen and are often the people who get a brilliant idea that others find a way to make into something. They generates ideas. However, their follow through is more difficult. It is often helpful for these people to surround themselves with others who are good at handling the details and follow through.

If they are off balance, they can be highly deceptive and outright lie. They can also believe their own perspective over any reasoning you may give. They are fascinating and eccentric.

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Destiny Number

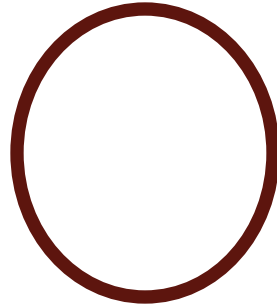
In the case of the Destiny Number of 5, this shows a pattern of needing to find earth energy as these people age. The 5 represents physical body. It is a grounding, stabilizing number that promotes healing and teaching. In the positive sense, this number indicates that as these people age, they are going to be required to become more aware of their physical body and know how to take care of themselves. Sometimes, this indicates that they will have health problems as they age. This forces them to take accountability for their diet and health. This number will have a tendency to go one of two ways. A Destiny of 5 will either be very health conscious or have challenging health problems as they age. They can be health conscious and still have physical problems that they are very aware of and need to manage properly. They can totally get rid of all the health risk by learning about the inner, shadow self and to recognize what they have done to others, and to see the pain they have caused. These people seem wonderful on the outside, but inside something has been eating at them. Usually the physical body will take them out in the end, but the learning experience as they age can be transformative for their soul. People with this number must cultivate adaptability and learn responsibility and the proper use of energy.

The negative aspect of the Destiny of 5 causes weight problems and health risks. The Destiny of 5s are prone to major health problems as they age if they are not careful. Destiny of 5s can die of drug overdoses and addiction problems. They can live a long time but they experience a slow decline in health the older they get. The genetic weakness that runs in the family will tend to show up eventually as the person ages. The lesson is to learn to take responsibility for their health and to do what is necessary to maintain good health. This usually requires alternative modalities as well as traditional medical models.

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MEANING OF NUMBERS

Zero



Circle Oneness

Zero is the perfect geometric shape and indicates wholeness, perfection, eternity, and the center. It is the symbol of heaven itself and relates to all things heavenly. A circle expands equally in all directions from a center point, symbolizing the center and God.

Most ancient temples, cathedrals, mosques, and other important buildings normally symbolize heaven with a dome. It is how they believe they bring the energy of heaven to earth. It is common to see circular patterns on tiled floors and walls of religious buildings reflecting man's desire to become whole and godlike.

The ancient Greeks saw the zero as the void or the place of creation. In their mythology, the Weavers were beings that lived in the void and pulled matter, light, and energy together to create life. It was the place of unlimited possibilities. It was the nothingness, the dream, from which everything arose.

The Aborigines from Australia believe that the zero represents dream time. The dream time is the actual reality; and the experience that we have in this plane of existence is actually the dream.

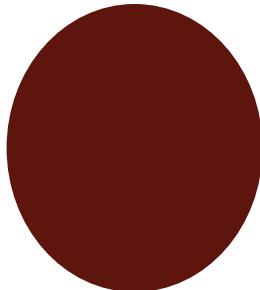
Native Americans see life as a great circle. Through this concept all things return to themselves. The circle is the symbol of the cycles of life and nature. The sun, moon, and stars move in circles, giving life and change to all things. It is the concept of endlessness and the awareness that all things are in constant motion.

In modern mathematics we see the zero as a place holder. In computer science, the zero is an empowering number that increases energy to whatever it touches.

Zero is the number of creation and possibilities, the unknown, endlessness, and eternity.

MEANING OF NUMBERS

One



Single point of perspective Unity

The number one is the symbol of the unified self. It is the number of the independent seeker from whom all possibilities emerge. It defines your reality and who you see yourself to be. When you call in the energy of the number 1, you want to define and create your reality in the form you choose. It is about discovering the individual self, the “I” within.

The number one is associated with focused concentration, goal striving, taking of action, originality, courage, invention, self reliance, and the beginning of conscious mind.

To connect to the number 1, know that you are seeking the understanding of the perspective of self. The number one is the first symbol of creation signifying the separation from the whole. The point is the beginning place of all creative energy and potential. It is God within you beginning to define itself as separate yet whole.

This energy is the love and power that motivates and allows you to radiate outwards. It is the understanding of the “I Am” presence. It is the beginning of the defining of self as separate and unique.

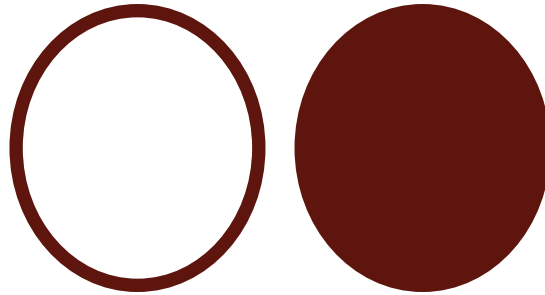
Positive characteristics are; vulnerability, simplicity, and humility.

Negative characteristics are; selfishness, opinionated, simplistic, and isolating.

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MEANING OF NUMBERS

Two



Polarity Negative Mind

The energy of the number two is the experience of duality and polarity. When you connect and understand the self (number one) you are then ready to connect two points of awareness from opposite perspectives. You step out of your limited awareness and move towards understanding others and the life around you.

The number two is identified with the attempt of a soul to merge with another and to grow beyond its own experiences and limited reference points.

The desire of the mind to explore is the number two in action. It wants to learn, grow, acquire, and know the skills that are important for the evolution of the soul. It loves to seek knowledge and enough information to be able to understand the world in which we find ourselves.

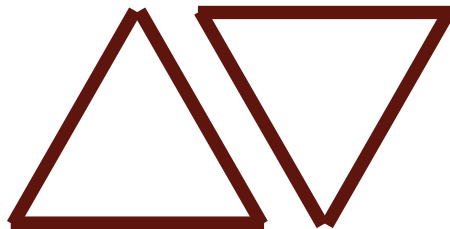
The number two wants to be able to define the reality in which we exist. It is challenged to find the answers and point out the inconsistencies as a way to uncover the truth. To find truth we cannot be blind to the information that is present in any situation. The number two wants to analyze and find the consistent patterns that are within life.

Positive characteristics of the number two are; curiosity, problem solving, excitement, energetic, searching, and expanding mind.

Negative characteristics of the number two are; critical, judgmental, overly analytical, and negating of others.

MEANING OF NUMBERS

Three



Triangle Trinity Positive Mind

The number three is the connection of three points or perspectives that allows the formation of new energy and vitality. The number three brings a new dimension to the perspective of the soul, beyond duality of mind and has emerged into a three dimensional perspective. This allows a new found experience of expression, imagination, and enthusiasm.

In psychology, triads can be complicating and confusing because human nature tends to take sides and does not know how to move well into balance within three true perspectives. This is more difficult for the mind to comprehend. This forces us to look beyond our experience (number one), beyond the understanding of someone else (number two), to finally stepping into the third position of objectivity (number 3). When you are able to stay aware and observe without judgment, there is no longer a need to be right or correct. Life becomes an exploration into the amazing possibilities within life. As this happens the mind opens, becomes more flexible, and the body relaxes. The experience expands us to feel friendly, fun, and humorous.

The upright triangle indicates the masculine force at work within the physical plane of existence. The upward force of the masculine shows its desire to connect with the spiritual realm.

The downward pointing triangle shows the feminine force as it attempts to connect the spiritual to the physical realm. This triangle looks like a vessel that holds and creates life.

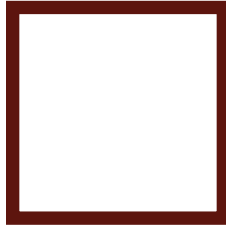
Positive characteristics are; uplifting, humorous, inspiring, and able to reframe negative experiences to positive.

Negative characteristics are; out of touch with reality, idealistic, and constantly moving in an up and down motion.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

MEANING OF NUMBERS

Four



Square Stability Neutral Mind

The number four represents the connection of four points creating a base upon which to build. This square represents solidness, permanence, and being firmly grounded on earth. In order to do that there must be some form of balance and harmony. It embraces the ability to communicate and negotiate with others in order to find solutions.

The number four is associated with the four elements in shamanism, earth, air, fire, and water. It is through these four elements that the universe was created. It also represents the four directions, north, east, south, and west. So the number four is the means by which we direct and find our way through life.

The Rosicrucian's believe that the four elements are associated with beings that have influence on the destiny of man. Earth was inhabited by Gnomes; the Air was inhabited by Sylphs; the Fire was inhabited by Salamanders; and the Water was inhabited by Elementals.

The Christians believe that there were four Archangels; Michael, Gabriel, Uiel, and Raphael.

The number four is an indicator of justice, fairness, and diplomacy. The "4" energy wants to create win-win solutions and find balance in its existence.

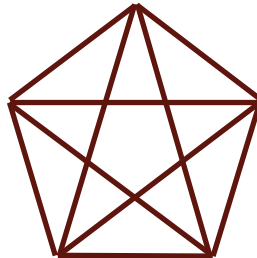
The square's right angles imply exactness and honor. Even to this day when you take an oath, your arm is held at a right angle.

The positive characteristics of the number four are learning to become neutral and to understand others' perspectives in a non-reactive way.

In the negative, the number four can bend over backwards for others and not take a firm stand for oneself.

MEANING OF NUMBERS

Five



Pentagram Earth Energy Physical Body

The number five shows the connection of five points creating a star-symbol of the feminine. The feminine energy is physical, vital, passionate, and earthy. This energy forces you to look at the reality that you are a sexual, passionate being who has needs and desires. This is often out of touch with your higher self's desire to stay in the lofty goals of consciousness. The "5" energy looks dense, dangerous, and chaotic to the higher values of your consciousness. This causes confusion within and forces you to accept your humanness and your denser drives that motivate and challenge.

The number five forces you to become grounded and present in your physical body. You must learn to take care of the physical plane of existence and not deny it as a reality. The number five indicates that through learning how to struggle with physical reality, you become stronger and more able to adapt.

The number five is associated with Pallas, the goddess who presides over Ether, or the 5th element of life.

The number five is the union of odd and even ($3 + 2 = 5$).

To Christians, five is the number of sacrifice and the number of the five wounds of Christ.

The Brahmins speak of five attributes of men; form, perception, consciousness, action, and knowledge.

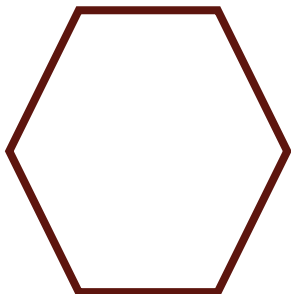
Positive characteristics of the number five are; stability and passion.

Negative characteristics of the number five are; stubbornness and an inability to move away from beliefs and ideologies.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

MEANING OF NUMBERS

Six



Hexagon Star of David Arc of Purity

The number six shows the connection of two triangles overlapping each other. The upward pointing masculine triangle merges with the downward pointing feminine triangle and a new energy of purity and spirituality emerges. This is why it is called the Arc Line or Arc of Purity.

The Star of David represents the unification of heaven and earth; the union of the spiritual and physical worlds. As those two forces come together they create the space where God can come within you.

The number six is considered one of the four perfect numbers ($1+2+3=6$). It illustrates the merging and surrender of our independent positions to a new and expanded connection to the divine.

According to Genesis, God created man on the 6th day. On the 6th day of the week Christ died on the cross.

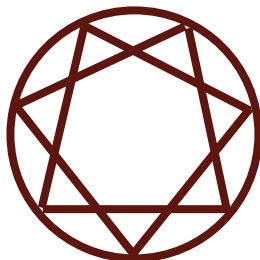
The circumference of the globe is fixed at 360 degree, or six sixties. Our hour is divided into 60 minutes, each of 60 seconds.

In the positive sense, the number six represents religions and unconditional love. It is the spiritually reclusive celibate who wants to do things in the correct way and connect to God.

In the negative sense, the number six can be dogmatic, right/wrong oriented, rigid in its belief systems, and reclusive.

MEANING OF NUMBERS

Seven



Hectogram Strategist/Boundaries

The number seven is about mysticism and understanding the boundaries and parameters of life. The number seven is a highly spiritual number as it is associated with the seven days of the week, the seven thrones, the seven seals, the seven churches, the seven Devas of the Hindus Bible, the seven angels of the Chaldeans, the seven Amshaspands of the Persian faith, the seven Sephiroth of the Hebrew Kabbala, and the seven Archangels of Revelation.

The number seven is designed to be empowering to others and make them accountable for their choices.

Philosophers saw that the body had seven obvious parts, the head, chest, abdomen, two legs, and two arms. In the ancient times they saw seven planets in the sky; Sun, Moon, Mars, Jupiter, Venus, Saturn, and Mercury.

There were believed to be Seven Wonders in the Ancient World: Pyramids of Egypt, the Hanging Gardens of Babylon, the Tomb of Mausolus, the Temple of Diana, the Colossus of Rhodes, the Statue of Zeus, and the Pharos of Egypt.

The Upanishads indicate that we have seven senses; smell, taste, sight, touch, hearing, mental perception, and spiritual understanding.

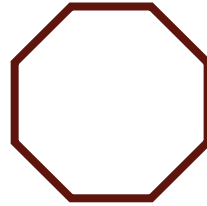
The positive aspect to the number seven is that it is about understanding and implementing the structures and patterns that create life. It teaches you to learn strategies and grow within boundaries.

In the negative, the number seven can be demanding, controlling, and overly structured.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

MEANING OF NUMBERS

Eight



Octagon Pranic Body

The number eight is the shape of two intersecting squares. It is considered the breath of the compassionate. It is the symbol for the influence of God in all living things.

The number of eight is a pattern that points to resurrection, rebirth, and renewal. It is the pulse, the breath, and the integration of the energy of God held within particles of light. The eight indicates that there is energy that connects all things in this world. Some of those things we can see and others we cannot. That is the mystery.

The number eight is the sign of the infinite, the connection between heaven and earth. The lower circle of the eight is considered to be the physical plane, the upper circle is considered to represent the spiritual world and heaven.

In Christianity, 888 is the number for Christ indicating that he was the resurrection and the life. Because seven was considered to be the number of creation (seven days), so the eighth was considered the day of Re-generation.

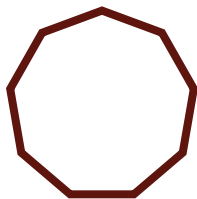
In the positive, the number eight is emotionally healing by releasing pent up emotions and feelings that block the natural flow of life force. It shows the infinite potential that all humans have if they are willing to allow the breath of life to flow through them. When all emotions are accepted and allowed to move through the body without judgment the spirit within can transcend the physical plane and move into infinity.

In the negative, it represents sorrow, grief, pain, loneliness, disappointment, and abandonment.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

MEANING OF NUMBERS

Nine



Nonagon Empathetic Body

The number nine is considered the number of completion, psychic ability, creative arts, empathy, and intuition.

To Pythagoras, the number nine is the limit to which the generative principles of numbers reach. Ancient mathematical philosophers called nine the “finishing post” and “that which brings completion.” We say: “a cat has nine lives”; “go the whole nine yards”; “we’re on cloud nine”; and “dressed to the nines”.

Christians refer to the three trinities as , “the holiest of holies” The Number 9 represents the principles of the sacred triad taken to their utmost expression. Nine was considered thrice sacred and the most holy. At the 9th hour Jesus the Savior died.

There was said to be nine orders of Angels, Seraphim, Cherubim, Thrones, Dominions, Virtues, Powers, Principalities, Archangels and Angels.

The Nine Muses of ancient Greece, they were; Calliope (poetry), Clio (history), Melpomene (tragedy), Euterpe (music), Erato (love, inspiration and pantomime), Terpsichore (dancing), Urania (astronomy), Thalia (comedy), and Polyhymnia (eloquence).

In Chinese the word for “gift” and “nine” are identical. So in ancient Asia gifts were given in groups of nine to be respectful and honoring.

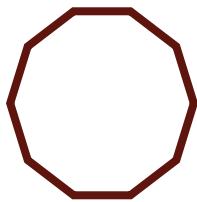
In the positive, the number nine is; psychic, intuitive, emotional, sensitive, creative, and artistic.

In the negative the number nine can be depressed, reactive, and distraught.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

MEANING OF NUMBERS

Ten



Decagon Radiant Body

The number ten is about the endless energy and the bounty of God. It is the number of power, influence, determination, and drive.

The number ten is about the radiant body; energy that wants to lead, motivate, and create movement.

The ten spiritual graces of Christianity are love, joy, peace, long-suffering, gentleness, goodness, faith, prudence, meekness, and temperance. In the Bible, Abraham was tested 10 times; ten Miracles were performed in Egypt to help the Children of Israel, and ten at the Red Sea. Ten plagues were made to afflict the Egyptians. Ten times the Jews offended God in the Wilderness.

The Mahometans say that ten animals were admitted to paradise; Kratim (the dog of the Seven Sleepers), Ass of Balaam, Ant of Solomon, Whale of Johna, the Calf offered to Jehovah by Abraham instead of Isaac, his son, the Ox of Moses, the Camel of the prophet Salech, the Cookoo of Belkis, the Ram of Ishmael, and Al Borek, the animal which conveyed Mahomet.

We have ten digits on our hands and feet.

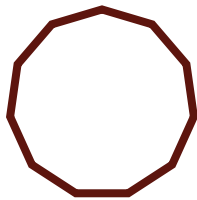
The number ten is spoken of as Eternity," which is infinite life, because it contains every number in itself, and the number is infinite.

The positive aspects of the number ten are; a natural leader with twice the energy of others, progressive thinking, and manifestation.

Negative aspects of the number ten are; intimidating, arrogant, controlling, demanding, and unable to follow others.

MEANING OF NUMBERS

Eleven



Hendecagon Mastery

The number eleven is a mastery number. It is the number of transcendence. It is about visionaries who want to dream the dream awake. It is the energy of the empowered global visionary, freedom, and the bridge between realities connecting heaven to earth.

The “eleven” is the number of risk taking and choosing to become more than you believe possible.

It is the energy of the writer, humanitarian, and the power to break free of social constraints and beliefs. It is the number of the philosopher, wanderer, and spiritual seeker.

In the oldest Tarot decks the 11th card in the Trumps was the Tower (the energy that breaks down the illusions of the mind and forces you to grow and change).

Leonardo da Vinci is the archetype of the eleven because he was so expanded in his visions. He was inventive and creative, yet he was a procrastinator and tested the edges of social conduct.

Eleven was the number of the Disciples of Jesus, after the fall of Judas Iscariot.

In the positive, the number eleven is inventive, philosophical, meditative, self actualized, and understands the dance of life that moves naturally between light and shadow. It is willing to take risks and to challenge preconceived notions and beliefs to uncover the truth.

In the negative, the number eleven is a rebel and can be addictive, escapist-oriented, aligned with shadow and the darker elements in life. The eleven can be inconsistent and irresponsible wanting the world to revolve around it.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

CORRESPONDING NUMBER ASSOCIATED WITH PLANETARY POSITIONS

The thirteen moon cycles, the twelve signs of the zodiac, and the eleven numbers in numerology all work together. Each number is associated with a planet based upon the astrological position of our present day calendar system. The trick is that number systems were created before our modern calendar and the invention of astrology. Because of this, we need to sort out the different systems in order to understand and connect them. Let us start with some history.

In ancient times, the seasons were based on the cycles of the moon, thus giving the ancient calendars thirteen cycles in relationship to the phases of the moon. (There are thirteen moon cycles per year.)

Astrology has twelve different signs in the Zodiac. Because the astrologers could not see beyond our solar system, they overlapped the planet Mercury as being aligned with Gemini and Virgo, and they overlapped the planet Venus with Taurus and Libra.

In Numerology there are only eleven numbers because we count the modern astrological planet of Chiron as a planet. This turns the month of May into the archetype of Chiron. Turns the planet of Venus from Taurus to Chiron. This still causes the 12th month, December, to revert to the 3 position ($12, 1+2=3$) and is translated back to the position of Neptune. Therefore the month of March and the month of December will be translated through two levels of the planet of Neptune. The distinction is the flavor of the corresponding astrological sign, for each will subtly shade the interpretation.

As an example; the Neptunian experience for a Pisces would be that they are looking for perfection (the Karma of 3 vibration), from the standpoint of needing to complete karmic lessons by reframing them to a positive. Pisces are attempting to finish up all karma within the time period of being Pisces. Pisces are like a salmon constantly swimming upstream and they must get past all the obstacles along the way in order to be complete. This translates into needing to see all challenges as positive and overcome all negative and negating beliefs about themselves and the situations in which they find themselves.

On the other hand, Sagittarius is looking to find perfectionism (the Karma of 3 vibration) by wanting to be in the right place at the right time. Sagittarius is naturally positive and exuberant, yet the grass always seems greener on the other side. Sagittarians are searching for total inner wisdom and knowing. The conflict with perfectionism comes in because they lack staying power on projects. They begin new ones before they are completed with the old ones. This causes them to feel as if they are not reaching their perfect potential. If they are not willing to learn the lesson of emotional depth and follow through which is Neptune then they will have a life of missed deadlines, unfinished projects and shallow emotional commitments.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

This same situation shows up again in Numerology because the number ten is translated as the planet of Jupiter and the astrological sign of Libra rather than its traditional astrological position of Sagittarius. Jupiter traditionally belongs to Sagittarius but in numerology we translate it to become associated with Libra. Therefore the karma of a Libra or early Scorpio (meaning those born on the month of October), will be working on the karma of power and influence.

In dealing with the numbers as they relate to astrology, remember that the astrological information is most easily translated through the karmic position. Meaning that this planetary and astrological position is what you are working on in this lifetime. This will be where the struggles are played out, and how you learn to deal with these challenges determines the successes and failures in your life.

These karmic associations help to see the subtle balances and trends of each person. However, where the number shows up is an indication of the astrological planet and sign and aids in understanding and interpreting the number and position. If you have a dominance of a particular number over and over again in your numerological patterns, then this energy or type influences and colors your perceptions and behaviors. It will often indicate how you appear to others and explain why people might respond in a particular way.

As an example; someone who has a lot of 3's in their numbers is going to come across as a Neptunian/Piscean person in how they approach life. The same is true with the other numbers.

This becomes more interesting because in astrology the last few days of the year are often associated with the upcoming astrological sign. Example: 1-15-1954 is Capricorn and 1-25-1954 is Aquarius. This causes this Aquarius to have the karmic pattern that is associated with Capricorn rather than Aquarius. (This person may have learned the lessons of Aquarius and the karma number of two).

The 1-25-1954 pattern indicates that the person in this position has probably been in this particular sign in another lifetime. He wants to do this astrological pattern again but now has a different karmic lesson than the typical sign that he was born into.

The person born 1-25-1954 therefore is an Aquarius with the karma of a Capricorn. The number one and the planet Saturn rule the karma of a Capricorn. Saturn is the planet of hard work and struggle and this shows that this Aquarius must be willing to work hard for what he believes in order to succeed. Yet he does not have the typical karma of a two for the month of February, as he was not born in February. Most Aquarians are born in the month of February and only a few are born in the month of January. The karma of 2 (February) is about learning critical mind and exploring consciousness through understanding duality. But in our example, this Aquarian is going to be driven karmically like a Capricorn and be less critical and mental than a typical Aquarian. He will have the fortitude and staying power of Saturn, the planet of hard work and struggle. He will tend to be more financially successful than the Aquarian energy of two.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

The same will be true of all the astrological patterns. In another example: If someone is a Virgo born in the end of August rather than born typically in September, she will have the karma of a Leo. The karma of Leo is the karma of sadness and grief. This means that she is holding inner sadness from other lifetimes and is attempting to let go of it. The typical karma of a Virgo is the number nine. This karma is about exploring the emotional body, mysticism, and art. So a person born 8-27-45 is a Virgo that has already done the karma of nine and she wants to do Virgo again, but she comes across as a Leo outwardly. This can show a more dynamic Virgo that is sunny and outgoing in her personality, yet afraid to show her inner pain and sadness. Typical Virgos who are born in September can be more emotional, deep, withdrawn, and detail-oriented.

PEOPLE BORN ON THE CUSP OF SIGNS

People born on the cusp of signs are those born within three days of the change in signs and will have some characteristics of both or other patterns entirely. You will often hear them say that they may be a Libra but they have always read the astrology of a Scorpio and that seems to fit better. In Numerology this is easy to see why because of how the numbers work out. Let us look at an example:

This person has four numbers that are 4, showing that even though this person is technically a Taurus, he comes across very Aries. He has probably been an Aries in many past lifetimes and is still searching for balance and harmony. He is totally ruled by Mars, the planet of war, which causes tremendous stress to find balance because

04 - 22 - 1940	
Soul	4
Karma	4
Gift	4
Path	5
Destiny	4

so much energy is moving within. This type of person is either the perfect communicator, mediator, negotiator, or he is not in control of the Mars energy within him and is in conflict with himself and his life. When he is not moving with this energy, he can be in constant chaos and turmoil throughout his life, struggling to stay grounded (5) and in balance (4).

03 - 21 - 1930	
Soul	3
Karma	3
Gift	3
Path	4
Destiny	10

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

This person appears, in more ways than one, to be a Pisces yet Aries begins on March 21st. This is because the soul, karma and gift numbers are that of a Pisces. This person will have more traits of a Pisces than an Aries because the number three is associated with Pisces. She is to learn some Aries patterns along her path of four (the 4 is an Aries number aligned with the planet Mars). But she shows more characteristics of a Pisces. Along her path, she must find ways to create harmony and balance through communication and mediation rather than fighting and dominance (all 4 vibrations and the planet of Mars). She has been very Piscean in other lifetimes and is gifted in the 3 vibration from many past lives. She enjoys being more positive and upbeat and attempts to let go of the karma of perfectionism. The way she does that is to create balance in her life (4) and communicate her needs to others. When she lets go of perfectionism (3) and finds her own inner balance (4), then she finally manifests her power (destiny of 10).

For your reference, here are the exact dates for each of the signs and the cusp information:

Dates of the Astrological Signs	
Aries	March 21 - April 19
Taurus	April 20 - May 20
Gemini	May 21 - June 20
Cancer	June 21 - July 22
Leo	July 23 - August 22
Virgo	August 23 - September 22
Libra	September 23 - October 22
Scorpio	October 23 - November 21
Sagittarius	November 22 - December 21
Capricorn	December 22 - January 19
Aquarius	January 20 - February 18
Pisces	February 19 - March 20

Cusps in Numerology are three days before or after the above given dates.

Cusp Dates of the Astrological Signs	
Aries	March 18 - March 24
Taurus	April 17 - April 23
Gemini	May 18 - May 24
Cancer	June 18 - June 24
Leo	July 20 - July 26
Virgo	August 20 - August 26
Libra	September 20 - September 26
Scorpio	October 20 - October 26
Sagittarius	November 19 - November 25
Capricorn	December 19 - December 25
Aquarius	January 17 - January 23
Pisces	February 16 - February 22

THE INTEGRATION OF PLANETS AND NUMBERS

Number 1 – Planet Saturn – Astrological Sign Capricorn

The planet Saturn warns about learning the lesson of hard work, and the willingness to struggle and keep going by being awake and responsible. Capricorns tend to be the hard workers and the highly successful people in the zodiac because they are willing to go through all the steps even in the face of opposition and adversity. They succeed because they never stop until they get to their goal. They are insecure and believe they must work hard to succeed.

Saturn teaches diligence, self-control, and limitation. The Number 1 in relationship to Saturn teaches self-reliance and autonomy. Saturn shows where they feel least secure. What they learn through Saturn/Number 1 they will never forget. How they handle delays and opposition indicates where they can be reliable and trusted by others. Saturn delays rewards until they are earned but when the reward comes it is fulfilling and gives lasting satisfaction.

Lesson of Saturn, Capricorn, and the Number 1
If you work hard and take responsibility you will be rewarded.

This Aesop's Fable demonstrates the qualities of Saturn and its ideas of responsibility and the ethics of hard work. Just because there is ability does not mean that there is follow through. It is determination that creates success not talent.

The Hare and the Tortoise

The hare was once boasting of his speed before the other animals. "I have never yet been beaten," said he. "When I put forth my full speed. I challenge any one here to race with me." The tortoise said quietly, "I accept your challenge." "That is a good joke," said the hare. "I could dance round you all the way." "Keep your boasting till you've beaten," answered the tortoise. "Shall we race?" So a course was fixed and a start was made. The hare darted almost out of sight at once, but soon stopped and, to show his contempt for the tortoise, lay down to have a nap. The tortoise plodded on and plodded on. When the hare awoke from his nap, he saw the tortoise just near the winning post and could not run up in time to save the race. Then said the tortoise: Perseverance wins the race.

Questions to ask when the Number 1 is in your Numerology pattern.

Where do I regulate?
Where do I create my own structure? Where do I restrict?
Where am I independent?
Where do I find discipline?
Where am I humble?
Where do I tend to conserve?
Where am I being my authentic heart?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 2 - Planet Uranus - Astrological Sign Aquarius

The planet Uranus is called the Great Disrupter. This planet forces change by uprooting old beliefs and showing that there are other ways of doing things. Aquarius is the sign of unorthodox and original thinking. Aquarians are known for their intellectual independence and sudden obstinacy. They are the seekers of knowledge. Because they can feel trapped within their own mind, they will cause disruptive change rather than allow themselves to lose their independence. This necessitates lives full of change in order to create more ideas. They are not as good at translating ideas into action through work. They tend not to like the drudgery of detail and would rather continue to live in their grandiose schemes for improving humanity.

Uranus shows where they see things differently than others; where they are inventive and analytical where they are unusual, original, odd, and colorful. This number forces them to be independent and resourceful. It can make them eccentric, undisciplined, reckless, and abrupt. Through this number they learn how to find their own original self-expression and creative genius.

Lesson of Uranus, Aquarius, and the Number 2

Keep your eyes open to the future and learn as you experience change.

Change needs to be prepared for.

Through learning how to solve problems, duality and conflict seem less frightening.

This Aesop's Fable demonstrates the qualities of Uranus from the standpoint of learning how to deal with circumstances that cannot be seen. It is about learning how to think ahead and know what will be needed. The lesson of Uranus is to know and understand that change is a constant of the universe and all must grow and expand beyond what is seen. Things of life need to be planned and thought through in order to survive the times of disruption. It is good to dream, but more critical to know how to put things away for times when more than the dream is needed.

The Ant and the Grasshopper

In a field one summer's day a grasshopper was hopping about, chirping and singing to its heart's content. An ant passed by bearing along with great toil an ear of corn he was taking to the nest. "Why not come and chat with me," said the grasshopper, "instead of toiling and moping in that way?" "I am helping to lay up food for the winter," said the ant, "and recommend you to do the same." "Why bother about winter?" said the grasshopper; we have plenty of food at present." But the ant went on its way and continued its toil. When the winter came, the grasshopper had no food and found itself dying of hunger, while it saw the ants distributing every day corn and grain from the stores they had collected in the summer. Then the grasshopper knew:

Questions to ask when the Number 2 is in your Numerology pattern.

Where do I constantly question?

Where do I only see the negative?

Where do I want to be innovative?

Where do I criticize?

Where am I being disruptive?

Where do I point out inconsistencies?

Where do I like surprises?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 3 - Planet Neptune - Astrological Sign of Pisces

The planet Neptune is the planet of illusion and mystery. This watery planet makes people elusive and constantly shifting like the currents in the ocean. They have a bottomless understanding of others and yet their own depth sometimes eludes them. Neptune reflects where they can deceive themselves and others. The Number 3 shows where they want to escape into the glamour of their inner reality rather than deal with the density of the human condition. Neptune is idealistic and imaginative. But this energy can create deception, confusion, and loss with reality. Neptune/3 energy can be drawn into psychic phenomena or dream interpretation when it is positive. When it is not, it can cause drug addiction, alcoholism, and obsessive-compulsive tendencies. Pisces is known as the sign of self-undoing. By wanting to live in the illusion they can become the creators of their own downfall. Pisceans need to be aware of where they overindulge because they are constantly trying to escape from the trouble and heartache of their life. Pisceans are often trying to complete the leftover karma from other lifetimes and so they feel conflicting emotions and desires that pull them back and forth.

Lesson of Neptune, Pisces, and the Number 3

Don't get caught daydreaming about what might be.

See the possibilities of others and inspire them to go for their dreams.

This Aesop's Fable demonstrates the qualities of Neptune from the standpoint that the energy of 3 is about fantasizing and having an active imagination. The energy of Neptune is always about the desire to see the positive outcome so much that the present moment situation and requirements are often missed, thus losing a dream from coming true.

The Maid and Her Milk Pail

Patty, the milkmaid, was going to market carrying her milk in a pail on her head. As she went along she began calculating what she would do with the money she would get for the milk. "I'll buy some fowls from Farmer Brown," said she, "and they will lay eggs each morning, which I will sell to the parson's wife." With the money that I get from the sale of these eggs, I'll buy myself a new dimity frock and a chip hat; and when I go to market, won't all the young men come up and speak to me! Polly Shaw will be that jealous; but I don't care. I shall just look at her and toss my head like this." As she spoke she tossed her head back, the pail fell off it, and all the milk was spilt. So she had to go home and tell her mother what had occurred. "Ah, my child," said the mother, "Don't count your chickens before they are hatched."

Questions to ask when the Number 3 is in your Numerology pattern.

Where do I escape?

Where do I procrastinate?

Where do I prefer to fantasize?

Where am I adventurous?

Where do I inspire others?

Where am I being deceptive?

Where am I imaginative?

Where am I sensitive?

Why do I need to be viewed as optimistic?

In what areas am I positive?

Where am I impractical?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 4 – Planet Mars – Astrological Sign Aries

The planet Mars reflects a dynamic restlessness within the Number 4 and the sign of Aries. Mars emphasizes where great energy is expended. Mars pushes them to be bold and to find greatness. But with great power comes great responsibility and great need to find ways to maintain balance. With the ambition, desire, courage, and strength of Mars they can ultimately create anything they want. But once they have it, do they know how to enjoy it? When Mars/4 energy is out of balance it causes tension, anger, conflict, accidents, and strife. These people are not at peace, and fear is running them to find and define who they are. Because this Number is about finding balance this is often the greatest challenge for the energy of Mars/Aries and this causes other signs to succeed faster than some Mars/Aries because when they are out of balance, they are childish, resistant, and have a tendency not to finish what they start. No one can get someone with the Mars/Aries energy to move if they don't want to. That is why they must search inward (Number 4-balance and harmony) rather than outward (Mars-planet of war, Aries-god of war) to find their own way through. If they avoid making decisions this will ultimately cost them. The Aries energy can cause them to get too many ideas started in their heads and be unwilling to make healthy choices that allow others to know their true intentions. Aries lack tact and will lie if it seems advantageous. The typical prayer of an Aries is, "Grant me patience NOW!" Aries people learn how to allow the energy and enthusiasm that they naturally have to move them toward balance and finding peace. They learn that if decisions are made and followed through, those choices will assist in the building of true power and influence. This is what an Aries wants above all things, respect and power. If an Aries goes for his dream and accomplishes it then he will have no choice but to feel good about himself and come to a peaceful inner balance.

Lesson of Mars, Aries, and the Number 4

Someone unwilling to choose & take a position in the challenging moments, is often left out of the joys as well.

The energy of Mars brings conflict in order for choices to be made that promote balance in your life.

How can you find inner peace and harmony if you are unwilling to stand up for what is true for you?

This Aesop's Fable demonstrates the qualities of intention and choice in dealing with the energy of Mars. Mars wants them to make decisions and act upon them. For those with a Number of 4 or Mars energy, there is peace and balance by making decisions and going forward. Because of the energy of Mars the lesson is to learn how to make choices and find the balance in the process. When they make a clear decision and act upon it, then balance is achieved. Mars energy is not always what it seems. Underneath all that force and power hides a shadow aspect of insecurity. Those who will not move or make choices alienate themselves from life and connection to others.

The Bat, the Birds, and the Beasts

A great conflict was about to come off between the birds and the beasts. When the two armies were collected together the bat hesitated which to join. The birds that passed his perch said, "Come with us." But he said, "I am a beast." Later on, some beasts who were passing underneath him looked up and said, "Come with us." But he said, "I am a bird." Luckily at the last moment peace was made, and no battle took place, so the bat came to the birds and wished to join in their rejoicings, but they all turned against him and he had to fly away. He then went to the beasts, but soon had to beat a retreat or else they would have torn him to pieces. "Ah," said the bat, "I see now." He that is neither one thing nor the other has no friends.

Questions to ask when the Number 4 is in your Numerology pattern.

Where can I not decide?

Where do I create harmony?

Why do I like to motivate others?

Where am I overly dynamic and reactive?

Where do I love to create challenge?

Where do I want to create immediate action?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 5 - Planet Chiron - Astrological Sign Taurus

In astrology the planet Chiron is called the Wounded-Healer-Teacher. This archetype teaches that learning through the mistakes and pains of life, they ultimately become grounded in their reality and can help others. Chiron points to where they can heal themselves and others; how to ground and stabilize themselves focus on the present reality; reflect the passion they hold, and where they cannot lie or deceive others. This is because the Number 5 is there to teach and to serve in a practical, earthy and grounded manner. When they take the steps necessary to take care of themselves then they have the knowledge to share with others. When this energy is working against its normal flow, they will feel trapped by the circumstances in their life that keep repeating and trying to get their attention to do something different.

through force if necessary. Chiron can teach patience and promote healing and stability or Chiron can instigate possessiveness and the desire to have physical, sexual, and emotional needs met.

Lesson of Chiron, Taurus, and the Number 5

If you do not stay grounded and accepting of the gifts being offered to you, then you lose your sense of self.

This causes a deep inner need for fulfillment which can drive one to do destructive things for a moment of pleasure.

This Aesop's Fable demonstrates the qualities of Chiron and the Number 5 from the standpoint that when we only look to our needs in the moment rather than think outside our perspective, then we lose everything of true value.

The Goose That Laid the Golden Eggs

One day a countryman going to the nest of his goose found there an egg all yellow and glittering. When he took it up, it was as heavy as lead. He was going to throw it away because he thought a trick had been played upon him. But he took it home on second thoughts and soon found to his delight that it was an egg of pure gold. Every morning the same thing occurred, and he soon became rich by selling his eggs. As he grew rich he grew greedy; and thinking to get at once all the gold the goose could give, he killed it and opened it only to find nothing. The greedy who always want more, often lose all.

Questions to ask when the Number 5 is in your Numerology pattern.

Where do I create stability?

Do others see me as the wounded healer/teacher?

Where am I productive?

Where do I want to create good health for all?

Where am I learning patience?

Where do I have a strong physical life force?

Where am I stubborn?

Where do I feel enjoyment?

Where am I possessive?

Where do I desire material things?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 6 - Planet Mercury - Astrological Sign of Gemini

The planet Mercury is about intelligence, adaptability, and communication. Mercury reflects where they communicate best. The Number 6/Mercury teaches them to learn the dynamics of communication as a tool to awareness and the complexity of the human experience. The people who have the energy of the 6/Mercury are often high level communicators such as; writers, facilitators, educators, and travelers. 6/Mercury people are drawn to mathematics, music, storytelling, astronomy, etc. Under the negative influence this number can become critical, sarcastic, argumentative, and sly. With the Number 6 they are drawn to multitask.

Because of this, Geminis do not like to sit and watch life pass them by. They are curious about everything and are easily bored. To Geminis, the whole world is their stage and they are the consummate actor in their own play. Duality is the most notable trait of a Gemini as it is the sign of the Twins. The restlessness and the quest for fresh experiences cause them to have an urgent need to communicate with others. Routine or monotony is to be dreaded and so they will go to great lengths not to experience this.

Lesson of Mercury, Gemini, and the Number 6

Use honesty in communication, as you are only as good as your word to others.

This Aesop's Fable demonstrates the value of honest communication and the importance of being aware of how actions affect those around us. In the story, the shepherd boy misuses his desire for communication and the gifts of Mercury to manipulate rather than help and support others. When he finally tries to do a pure-hearted communication he is not responded to because of how he abused the purity of others. Mercury can communicate pure heart and intent or Mercury can use communication to manipulate others to get its own needs met.

The Shepherd Boy Who Cried Wolf

A shepherd boy who watched a flock of sheep near a village brought out the villagers three or four times by crying out, "Wolf! Wolf!" When his neighbors came to help him, he laughed at them for their pains. The wolf, however, did truly come at last. The shepherd boy, now really alarmed, shouted in an agony of terror, "Pray, do come and help me; the wolf is killing the sheep". But no one paid any heed to his cries, nor rendered any assistance. The wolf, having no cause for fear, at his leisure lacerated and destroyed the whole herd. Those who lie are not believed when they tell the truth.

Questions to ask when the Number 6 is in your Numerology pattern.

- Where do I prefer to be reasoning?
- Where am I inquisitive?
- Where do I adapt to changing circumstances well?
- Where do I understand consciousness?
- Where do I prefer to be alert and aware?
- Where am I understanding of others?
- Do I understand what is beyond physicality?
- Where do I want to create purity?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 7 - Planet Moon - Astrological Sign of Cancer

The planet of the Moon reflects the deep penetrating emotions of the Number 7 where things are often moving below the surface, hidden from view. It is always their emotional Moon energy that ignites them to be drawn to understanding the patterns within themselves. When they do this they understand others better and they are more able to be objective in communicating that awareness. The 7 Moon energy reminds them to allow the ups and downs in life and to enjoy the drama here on earth. The sign of Cancer combined with the effect of the Moon can make them complex, unpredictable, temperamental, and fragile. Though they may not let it be known right away, Cancers are offended easily and have a tendency to sulk and withdraw into a protective shell when they do not feel safe or understood. Beneath that gruff exterior is a sentimental softie who will sacrifice anything to protect what he believes or loves. Cancers are extremely protective and possessive. No matter how much financial security a Cancer has he never really feels secure.

Lesson of the Moon, Cancer, and the Number 7

Let go of old structures and places where you control others in order to feel safe.

In protecting yourself so much you do not see the needs of others.

This Aesop's Fable demonstrates the qualities of the protective and defensive posture of a Number 7 or the Moon. These people are tenacious and yet defensive. They create structures within to control and feel as if they have some power over the external world in which they live. They want to have things their way no matter what. Moon people can get caught in their own perspective and refuse to budge from fear of losing control and their identity.

The Dog in the Manger

A dog lay in a manger and by his growling and snapping, prevented the oxen from eating the hay which had been placed for them. "What a selfish dog!" said one of them to his companions. "He cannot eat the hay himself, and yet refuses to allow those to eat who can."

Do not begrudge to others what you cannot enjoy yourself.

Questions to ask when the Number 7 is in your Numerology pattern.

- Where am I overly protective?
- Where do I devise strategies that serve others?
- Where am I totally devoted?
- Where am I creative?
- Where am I defensive?
- Where am I spiritually motivated?
- Where am I tenacious?
- Where am I quickly responsive?
- Where am I temperamental?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 8 – Planet Sun – Astrological Sign of Leo

The planet of the Sun gives the Number 8 exuberance and eternal light. The number 8 is the symbol of infinity and there are endless creative projects for the Sun/8 energy to do. Those ruled by the Sun and the number 8 naturally are guided to where they want to shine and where their desire burns bright within. The number eight indicates the warmth of spirit and the breathe of fresh air that comes in with this exuberant energy and light of a Leo. Where the Sun, Leo, and the Number 8 are positioned indicates the places where they have stood their ground and been willing to stay centered, creative, and confident. The Number 8 indicates where they have been willing to step beyond their fear and allow the gloriousness within to be seen by others. It shows where they are willing to sit with their own discomfort long enough to define their clear intention. The sign of Leo is the king of the jungle, the lion. The Leo energy wants to expand, be generous, and open-hearted. Looking weak would be horrifying to a Leo, much less to need someone. Leos see themselves as the givers. They shine their light upon those less fortunate and do not ask anyone to give back to them. Because of this, pride is their weakness. They are often too proud to ask for help and will suffer silently with a wounded ego.

Lesson of the Sun, Leo, and the Number 8,
It is often wise to be forgiving and generous.
Allow others you deem weaker than you to help.
They too have gifts to share that you may not see.

When those who are Number 8/Sun/Leo have the courage to recognize the pain and suffering of others they learn how to free themselves from their own inner burden. Truly powerful people have compassion and understanding for others. The following Aesop's Fable demonstrates this trait.

The Lion and the Mouse

Once when a lion was asleep, a little mouse began running up and down upon him. Soon awakened, the lion placed his huge paw upon him and opened his big jaws to swallow him. "Pardon, O King," cried the little mouse. "Forgive me this time, I shall never forget it: who knows but what I may be able to do you a turn some of these days?" The lion was so tickled at the idea of the mouse being able to help him, that he lifted up his paw and let him go.

Some time after the lion was caught in a trap, and the hunters who desired to carry him alive to the King tied him to a tree while they went in search of a wagon to carry him on. Just then the little mouse happened to pass by and seeing the sad plight in which the lion was, went up to him and soon gnawed away the ropes that bound the King of the Beasts. "Was I not right?" said the little mouse.

Sometimes the strong need the weak.

Questions to ask when the Number 8 is in your Numerology pattern.

Where am I generous?
Where am I demanding?
Where am I confident and creative?
Where am I centered ?
Where do I need others?
Where have I been able to transcend sadness?
Where am I expressive?
Where do I have clear intention?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 9 – Planet Venus – Astrological Sign of Virgo

Numerology the number 9 is aligned with the planet Venus. (In earlier days of astrology, Mercury overlapped with Gemini and Virgo, and Venus overlapped with Taurus and Libra. This was because they could not see beyond our solar system. Now in Numerology we count Earth or Chiron as a planet, so that eliminates one Venus.) Venus moves those with the number 9 to be highly aware of where they are nervous, restless, and anxious. Because the energy of Venus feels everything, they are highly conscious of others' feelings and needs. Venus shows them where they enjoy themselves. It gives the person with the Number 9 a sex appeal and beauty that motivates others to emulate. This number can indicate an element of narcissism and lack of will power if it is in its negative form. Venus can teach them to be self-indulgent, temperamental, treacherous, and spiteful if they are not careful. Yet, Venus shows them the beauty of love and the intensity of the emotions that they hold inside. She forces them to go deeper into the parts of themselves that they haven't experienced yet. In this way she opens up creativity and intuition. After all, they cannot express emotional patterns that they have not experienced. They cannot sense others' emotional pain if they are unwilling to feel deeply within. Virgos are the problem solvers of the universe. The Virgo energy wants to create order out of chaos. Because the emotions of a Virgo run high there is a tendency to complicate everything. They look backward more often than they look forward to the possibilities and outcomes of their solutions. Sometimes they don't see the forest for the trees. Their internal preoccupation with what they want can limit the breadth of their vision.

Lesson of Venus, Virgo, and the Number 9

Let yourself be creative and artistic, but don't live in the dream exclusively.

Living in your dreams can make you forget the important things that need to get done.

This Aesop's Fable demonstrates the qualities of Venus from the standpoint of learning how to balance the confusion of deep emotions and dreams with the clarity of concrete action and responsibility.

Belling the Cat

Long ago, the mice had a general council to consider what measures they could take to outwit their common enemy, the cat. Some said this and some said that, but at last a young mouse got up and said he had a proposal to make which he thought would meet the case. "You will all agree," said he, "that our chief danger consists in the sly and treacherous manner in which the enemy approaches us. Now, if we could receive some signal of her approach, we could easily escape from her. I venture, therefore, to propose that a small bell be procured, and attached by a ribbon round the neck of the cat. By this means, we should always know when she was about, and could easily retire while she was in the neighborhood." This proposal met with general applause until an old mouse got up and said, "That is all very well, but who is to bell the cat?" The mice looked at one another and nobody spoke. Then the old mouse said, "Many things are easier said than done."

Questions to ask when the Number 9 is in your Numerology pattern.

- Where am I creative and artistic?
- Where am I perceptive and psychic?
- Where am I anxious or overly emotional?
- Where am I too exacting and temperamental?
- Where am I temperamental?
- Where am I moody or too sensitive?
- Where am I overly skeptical and cautious?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 10 - Planet Jupiter - Astrological Sign of Libra

The planet Jupiter is normally associated with the sign of Sagittarius, but in Numerology it is associated with Libra. Jupiter is called the Great Benefic and as such, creates expansion and joy wherever it touches. Such is the same for the Number 10. Jupiter shows where they have luck and fortune and where they want to expand and have power and authority over others. The Number 10 represents good luck, optimism, and success. Where it is located indicates where they have had tremendous joys and profitable situations. In these areas they expand and are acknowledged by others. There is less effort needed to accomplish the goal as their energy runs and expands easily. Jupiter helps them feel popular, friendly and cheerful. If you are not careful this can also make them lazy, extravagant, luxury-loving, and blindly optimistic. Jupiter is aligned with the Number 10 because it wants to rule, grow, expand, and aspire to greatness. Libras want the same thing. Libras naturally love elegance, charm and the finer things in life. Jupiter wants to help create those things and be the noble ruler who everyone sees as fair and just. Libra is the sign of the scales and Libras hate when things are unfair or imbalanced. Libras want to be outwardly directed, yet can sometimes seem narcissistic. This causes the Number 10 energy to often assume that what is wonderful to them is also wonderful to others.

Lesson of Jupiter, Libra, and the Number 10

Remember just because this is something you want does not mean that everyone around you also wants the same.

Use your power not only for getting your own needs met but for allowing the expansiveness to support larger cooperative environments.

This Aesop's Fable demonstrates the qualities of the power of Jupiter, Libra, and the Number 10 from the standpoint that they may believe that to have power is to get what they want. When in reality, it is about being already filled up and having so much space inside that they can pay attention to the needs and wants of others. In this way they focus the power within to serve the greater good.

Fox and the Stork

At one time the fox and the stork were on visiting terms and seemed very good friends. So the fox invited the stork to dinner, and for a joke put nothing before her but some soup in a very shallow dish. This the fox could easily lap up, but the stork could only wet the end of her long bill in it, and left the meal as hungry as when she began. "I am sorry," said the fox, "the soup is not to your liking." "Pray do not apologize," said the stork. "I hope you will return this visit, and come and dine with me soon." So a day was appointed when the fox should visit the stork; but when they were seated at table all that was for their dinner was contained in a very long-necked jar with a narrow mouth, in which the fox could not insert his snout, so all he could manage to do was to lick the outside of the jar. "I will not apologize for the dinner," said the stork. Treat others as you would have them treat you.

Questions to ask when the Number 10 is in your Numerology pattern.

Where do I want to explore?
Where am I just, fair, and impartial?
Where do I want to expand and empower?
Where do I create cooperative environments?

Where am I most powerful?
Where am I a warrior?
Where am I controlling?
Where do I want to lead?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 11 - Planet Pluto - Astrological Sign of Scorpio

The Planet Pluto is the indicator of death, rebirth, transformation, and karma. Pluto reflects where life is complicated and brings hidden things from the subconscious to awareness. Sometimes this happens quite suddenly and dramatically. They may want to destroy or create new things. Pluto is a turbulent and uncontrollable energy. If they are not careful this energy can turn cruel, sadistic, treacherous, or secretive. Pluto can draw them into the darker aspects of the world such as: drugs, alcohol, dangerous situations, etc. With the energy of the Number 11 and Pluto, they want to let go of the old and find new and exciting perspective. Often they are willing to risk a lot to have this experience. This causes the Number 11 to be intense, complicated, and deeply philosophical. Scorpio is the sign of the high idealists. They are the thinkers of the future, very intuitive, and often see things before they happen. Others may see this characteristic as dark and dangerous. To an 11, change is critical to growth. The Number 11 energy is always penetrating and seeking more awareness from its environment. But to others this energy can be frightening. It is important for a Number 11 to find a positive expression of this intensity or that energy turns inward and can become judgmental and destructive. The lesson of Pluto is to let go of past perceptions that have limited their experience of reality and to move beyond judgment into knowing that everything is possible. Pluto shows where they are dying inside and in a moment of surprise opens them to possibilities they have only dreamed.

Lesson of Pluto, Scorpio, and the Number 11

Be careful of the labels and personal perceptions you put on another's process.

Know that you are not having their experience and sometimes the thing that seems most horrible to you is the change and transformation that they have been waiting for.

This Aesop's Fable demonstrates the qualities of knowing how to allow the magic of transformation and change to happen in your life. Do not judge others' processes as you may miss the piece of knowledge that will allow you to expand by letting go of the old identity. The opportunity for freedom comes with the number 11, Pluto, and Scorpio. You must be willing to take the risk and go through the process in order to find the answers you are seeking.

The Ant and the Chrysalis

An ant nimbly running about in the sunshine in search of food came across a chrysalis that was very near its time of change. The chrysalis moved its tail, and thus attracted the attention of the ant, who then saw for the first time that it was alive. "Poor, pitiable animal!" cried the ant disdainfully. "What a sad fate is yours! While I can run hither and thither, at my pleasure, and, if I wish, ascend the tallest tree, you lie imprisoned here in your shell, with power only to move a joint or two of your scaly tail." The chrysalis heard all this, but did not try to make any reply. A few days after, when the ant passed that way again, nothing but the shell remained. Wondering what had become of its contents, he felt himself suddenly shaded and fanned by the gorgeous wings of a beautiful butterfly. "Behold in me", said the butterfly, "your much-pitied friend! Boast not of your powers to run and climb as long as you can get me to listen." So saying, the butterfly rose in the air, and, born along and aloft on the summer breeze, was soon lost to the sight of the ant forever. Appearances are deceptive.

Questions to ask when the Number 11 is in your Numerology pattern.

Where am I intense?

Where am I a unifier?

Where am I a seeker?

Where am I masterful?

Where am I penetrating?

Where am I regenerative?

Where am I transformative?

Where do I seek out the mysterious?

Where do I see myself as a connector?

In what situations will I leave no stone unturned?

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

SETTING UP A NUMEROLOGY READING

Soul Number

The Soul Number is the day of the month and tells you what the person was doing in his/her last lifetime. Where he/she leaves off in the last past life will be a familiar energy to carry forward into the next life. This helps to understand the personality that motivates some behaviors. The Soul Number is also the state of being that allows you to connect with your core.

Example: Date of Birth, 1-10-1956

Adding the numbers of the day of the month together creates the Soul Number. So for this person, 1-10-56 you would add the $1+0=1$ or 10. (This example is more complicated than most because it can be translated as a ten or as a one. You will have to determine the true number by looking at the person's behavior.)

This particular number is challenging as it can be interpreted as a ten or as a one. As a reader you can usually tell whether the person is more of the 1 vibration or the 10 by looking at him. The 1 vibration will be humble and somewhat shy. The 10 vibration will be dynamic and forceful in the way he speaks and moves. Most of the time, interpret the person from the exact number, in this case, the 10.

Note: In numerology the highest number is eleven. So you always keep numbers as they are, if they are naturally below eleven. There are exceptions when you will look at a person as a natural ten, 1-10-1956, or a natural eleven, 1-11-1956, and break them down to a pure one, $1+0=1$; or a pure two, $1+1=2$.

With this particular person, first look at him as a 10. The ten is about radiance and power. This lets you know that he was radiant and dynamic in his very last lifetime. He could have been a king, general, employer, or anyone who was in charge. He somehow challenged himself to overcome fear and step into positions of responsibility. This will make him very dynamic, forceful, and willing to take risks. The 10 is a number of responsibility. It infers a desire for power and control. The nature of a 10 is to be action-oriented and his mind moves quickly. He is a powerhouse person who will intimidate others by his mere presence. He is always on the go and involved in many projects. This type of person loves to be challenged and to win. He draws powerful people. When he sets his mind to something he is unstoppable. He can accomplish twice the work of others during a normal day. He needs to be in charge and does not like to be micromanaged in work environments.

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If this person is a female, she can intimidate her male associates as she has a strong driving instinct to work hard and climb the ladder of success. She is outspoken and expresses her views powerfully. She can run companies and also have her own business. When she walks in a room she is a commanding presence. She needs a male that is not intimidated by her strength. Some men may not want to date a 10 female, as she may feel stronger than the man and more successful. She needs a man who will let her shine and give her a lot of autonomy so she can radiate her light into the world.

If this person is a male, he is a natural leader and demands respect from others. He tends to want to be in charge and run things his way. He is commanding and forthright in his perceptions. His word is often the final word in any disagreement and assumes that everyone will think that he is correct and agree with his plans.

However, in all readings you must also consider the 1, and where the 1 will show up. If you look at all powerful people, power can be protecting a certain amount of insecurity. Sometimes insecurity creates a drive to manifest money and power so they will never feel insecure again. But in dealing with true 10s, you must be gentle when talking about their insecurity or they will create walls to protect themselves.

If the person being read is obviously shy and insecure then he has turned the ten into a one. This person may seem withdrawn. He may avoid eye contact with others and may not want to be the center of attention. To assist this person in understanding his behavior, you may need to look at the other numbers, specifically the Karma Number to translate why he is not allowing the 10 to stand in its true position and influence.

The challenge in a Soul Number is that these people can be still living in the most recent past life and want what they had before rather than dealing with their present karma and life path.

Soul Number 1 Humility

This means that these people in their last lifetime were in a third world country, in the countryside on a farm, or in a poverty-oriented life where everyone had to work together. They learned the lessons of humility and vulnerability. In this lifetime, they come across as authentic people who are sincere and honest. They are often gentle, kind, and sometimes shy.

In females, a Soul position of 1 can make them appear as the girl next door or make them shy and reserved.

In males, they will appear as someone who has basic family values and wants to work for the whole. Family or tribe is very important, because in a poverty situation everyone is dependent on each other for support. A Soul of 1 wants to help others whenever possible.

The challenge for this position can be that sometimes people with a Soul of 1 have eating disorders. This is can come from the past life poverty situation where they could have starved to death because of not enough food. They could have died in a famine or were severely

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humbled in a situation such as slavery. The challenge for the Soul position of 1 is that they may trust people who are not trustworthy. They may still be operating from the old belief, “All for one and one for all”. If their vulnerability has been taken advantage of, this can cause them to become depressed and down about the fickleness of humanity. They need to learn to protect themselves emotionally and not turn to addictions (like alcohol and drugs) to cope. If they turn to these crutches, they can become sneaky, paranoid, obsessive, and compulsive.

Soul Number 2 Negative Mind

This indicates that these people in their last lifetime were well educated and learned the lessons of intellect and discernment. Often in the last one hundred years the only people who had opportunity for a good education were from well-to-do or upper middle class families. The intellect in these people comes from the desire to expand their minds. In this lifetime they are still quite intelligent and pride themselves on seeing the whole truth. They notice any shifts or inconsistencies. They get frustrated when others don't see the obvious. Their expressions often give them away because others see what they clearly think. They are the lie detectors and the truth tellers but sometimes that is not the most popular thing to be in business. This type of person is important to have in the fields of law and big business. They keep businesses on target and fiscally responsible.

The challenge for this position is that they are not appreciated as much as others because they are always pointing out what is wrong. They are strong-willed and detail-oriented. They are good in fields where their perfectionism can be utilized and appreciated. They sometimes have a dark sense of humor and have two distinctive parts to their personalities. Our society does not allow the 2's critiques to be seen as helpful. Often our culture sees them as critical and judgmental. If they are not allowed to express what they see, they can turn their negativity on themselves and become sullen and unhappy. Souls of 2 never forget any of their mistakes and can use these as weapons against themselves or others, causing depression and sluggishness. It is advisable for a Soul of 2 to learn to see the silver linings in the dark clouds of life. It is important for them to see that the mind is just a tool of the soul, not the end goal in itself.

Soul Number 3 Positive Mind

This number indicates people who in their last lifetime were positive, upbeat, funny, light-hearted, and gregarious. They learned how to turn a negative situation to a positive. In this lifetime they still have this ability and usually have a smile on their faces. These are great people to have in an office as they will bring cookies to the office to cheer up everyone. They always seem to have a kind word to say to someone who is down. They are good listeners and believe that the best is always possible. They are idealistic dreamers and love happy endings. No matter how bad it seems, to them everything will ultimately get better. People love to deal with them as they are caring. They believe that everything is possible. They try to keep a positive mental attitude at all times and are good at dealing with people.

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The challenge for these people can be that the universe will keep putting them in situations where they must help negative people move into more positive thought processes. They can feel as if life is like a giant wild ride always going up and down. They can prefer to live in their self-created illusion and be unwilling to see the problems and challenges of others.

Soul Number 4 Neutral Mind

This indicates people who in their last lifetime were working on creating harmony and balance. They could have had a job such as a mediator, a counselor, a negotiator, or a diplomat. In any case, they were working on communication and listening skills. In this life, they carry forward this skill and will attract people who need assistance in finding inner harmony. They are always good at seeing all sides of a problem. They wonder why they seem to be surrounded by people who are in fear and chaos. This is because they are good at being balanced. If a person is afraid, they will not be drawn to someone who is also afraid. They will be drawn to someone who is calm and able to assist them. Fours end up being the counselor even if they don't have a degree in counseling. People will always ask their opinion and advice.

The challenge for 4s is to learn how to let things go and not have to rescue everyone all the time. They need to work on knowing where to take breaks and relax.

Soul Number 5 Healer/Teacher

This indicates people who in their last lifetime worked as a Healer or Teacher. They are good at understanding the laws of physical reality and have learned how to break things down into small chunks for others to understand and integrate. They are good at being on the earth and often find being alive fun and exhilarating. They know how to stay grounded and practical in dealing with reality. They bring these skills with them into this lifetime and are patient and deal well with children. They make wonderful parents. They love to eat and indulge themselves. They can be good at gardening and handling the day-to-day chores of life with ease and grace. They stay grounded in a crisis and can get much accomplished. Souls of 5 must be congruent with themselves and the world around them. When they are, they become great healers and teachers.

The challenge for this position is they sometimes have to watch their own health. They can carry body weaknesses such as drug use and alcoholism from past lifetimes into this one. They can be very self-absorbed and seem to think the world revolves around them. When they are under stress they breakdown physically. Often they take too much responsibility upon themselves.

Soul Number 6 Arc Line (Purity)

The term Arc Line means that in the area of the chest there is a rainbow arc of pure heart

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energy and unconditional love. This indicates people who worked on understanding the laws of spiritual purity and intent. Occupations that indicate this in a past life would be: priest, nun, monk, or a devoted spiritual follower. They are very service-oriented and helpful to others. They have a lot of light in their aura from a lifetime of selfless service to humanity. People will see them as the mother/father confessor. They are good listeners and try to be a calming influence. Their intention is usually good though they can be somewhat dogmatic in their approach. The 6 in this position almost always indicates those who wanted to do life correctly and sought out knowledge, books, and spiritual teachings that gave guidelines to create high spiritual awareness. They preferred to follow traditional spiritual teachings and work within the teachings of a culture. They wanted to follow the rules correctly and used books and knowledge to back up their beliefs and give them validity. Knowing and being right were very important in the past as well as the present.

Order is important to them. Once they have found the order for their life they will stick to it like a formula or religion. Sometimes they will do a radical swing of the pendulum from the last lifetime to this one; meaning they could go from non-sexual to sexual in this lifetime. This is because they understand that from a lifetime of abstinence they must learn to let go of judgment of the sexual self and the human experience. In this lifetime they will be drawn to religions and religious teachings though they might be trying to break out of the rigid mind set and find more flexibility in seeking their inner truth. From the last past life they were good at being supportive of those on a similar path. In this lifetime, they are looking to let go of judgment of those different from themselves. They are often attempting to understand the differences between sexuality and spirituality as in the last lifetime they were not in alignment. From the past they believed that they could be sexual but not spiritual or spiritual but not sexual. In truth they can be both and they are seeking to understand the balance between the human self and the higher self.

The challenge of this position is that relationships can be difficult because of rigid sexual belief systems from the last past life. They want to create intimacy but they don't completely understand it. They are in a learning process and need to admit that they don't know how to share deeply with others. They are sometimes more intimate with their co-workers than they are with their mates.

Soul Number 7 Boundaries/Strategies

This Soul Number indicates people who in their last life worked on understanding the strategies and boundaries of the earth plane. This type of person in past lives acted as a; strategist, architect, city planner, senator, or anyone who wanted to implement systems with which to create power. They are very bright and able to handle many responsibilities at the same time. Their minds are complex and good at handling details that would make others crazy. They love structure and organization. Through discipline, they learned to become fluid. They understand that you do not first put the roof on the building, you must first build the foundation. These people explored the complexity of the mind and learned how to maneuver others to attain their goals. Sevens prefer to know what the plan of attack is so they can feel safe. If you want to make a Soul of 7 crazy all you have to do is promise them that you will do

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something and then not do it. To them this is very rude and makes them feel as if they are being left in the lurch. They would not intentionally do that to anyone else, even if they did not know the person. The value of having a 7 in this position is that they have great integrity and follow through. Commitment is everything to them. They prefer to keep their word no matter what, yet they do not understand why others do not operate that way. They can be somewhat disillusioned about humanity and get frustrated when others do not do what they say. They see that as a sign of inner weakness. To them everything is about building slowly towards a goal. They do not understand when others do not know what they want to do in life. 7s love to create challenges and manifest their dreams. The Soul of 7 is a high mental number that shows great awareness and ability to sort out problems and create answers. They love to find things to strategize about because the internal mental game is familiar and effective for them.

The challenge for this number is that they can be somewhat detached emotionally from others unless they have other numbers to balance that out. They do not act spontaneously as it causes them fear and uncertainty when things operate outside their strategies. Their attention to details can make others crazy. They can be considered controlling by others.

Soul Number 8 Pranic/Sadness

These are people who in their last past lives were working on dealing with inner sadness by learning stillness and centering. Past life occupations that create this are: being a Yogi on a mountain top; having a job that required stillness and inner work; someone who was disabled and needed to sit and accept the circumstances no matter what; and someone who worked through great loss, sadness, and despair. These experiences create people who are centered and sure within themselves. It takes a lot to throw a Soul of 8. They have learned to be still and listen. Because they have looked inward and dealt with their own inner pain in the last life, they have compassion and understanding for others in emotional pain and sadness.

Because they have backed information with personal experience, when they speak they can command great authority. These people can take a loss in this life and they will always eventually come back to center. It may take them a while but they know deep within who they really are. They are good at understanding others' pain and are a stabilizing influence in a family dynamic. These people are very deep internal philosophers. Their challenge is to take the wisdom they have learned and translate it into helping others. Their life reflects an inner darkness and sadness. Their depth is somewhat intimidating to others.

The challenge of this position is that they can carry the past life sadness into this lifetime and still be processing it. That sadness can still show on their face and body language. They can have challenges with depression on and off throughout life. They can also be attracted to people who are caught in sadness in this lifetime, which can pull them into despair. They can be drawn to helping others find their way through the emotional plane. They can create situations where their center is being tested constantly. They may also want to retreat and not relate to others. Solitude can be a crutch to them.

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Soul Number 9 Empathic Body

In past lives, these people were often artistic, mystical, creative and deeply feeling individuals who wanted to explore emotions and the deepest places of human consciousness. They were intuitive and magical and were attracted to beauty and subtly. This causes them to be emotionally based and they tend to feel everything to its fullest. They can be so sensitive to the planet that they are environmentally conscious and want to bring awareness to issues that are important to them. Nines tend to be the activists and will have had experiences that expand consciousness and awareness. As they feel and become more aware they cannot tolerate certain aspects of human indifference. Nines need to have stable home environments as they can battle depression. In this lifetime, often they are found in highly creative jobs. They are drawn to the arts, acting, writing, poetry, interior design, cosmetology, production, music, as well as being naturally aware of colors, shapes and textures. They often have homes that are unique. Little things mean a lot to 9s as they are sentimental and like things just so. They are ruled by the heart and are deeply caring of others. If we are using water as the metaphor for the emotional content of people, the 9 person is the ocean. Some people are ponds, streams or creeks, but the Soul of 9s are the deepest places in the ocean. Sometimes they are so sensitive that they do not realize that they are feeling everyone and everything around them. They pick up a little from everyone all day long. They often need alone time in order to let go and come back to themselves. These people are chameleons and change depending upon the environment in which they find themselves.

The challenge of this number is that they can be easily hurt and wounded by the insensitivity of others. They take things personally and have trouble letting go of old hurts. Others can see them as reactive and temperamental. They can fall into deep depressions that are difficult to get out of if they are not doing what their heart wants. They also have a tendency to overspend as their heart tends to make choices rather than their head. This number in a female reflects a woman who is high maintenance, as she often wants expensive things. This number in a male reflects behavior of over-reacting in situations that seem inappropriate. If 9s are put under stress they can be volatile, temperamental, reactive, hormonal, opinionated, and depressed. They can often see into others' personalities and what they are hiding. So some people are scared of them, because they can see right through to the core.

Soul Number 10 Radiance and Power

This indicates people who in the last past life were in positions of authority and leadership. Life was a lesson in showing up no matter what the circumstances. The lessons of power were about being willing to stand up for what you believe, not necessarily getting the outcome you wished. (The Karmic Number determines whether the outcome was attained to some degree in this instance.) Whatever the outcome, the person wanted to have the power and authority to make a difference and create change. This number is also a warrior's number because conflict, battle, and war are great lessons in learning about power and leadership. This number is called a Samurai Number. The mythology of a Samurai was such that if a Samurai warrior was attacking, the only way to stop him from coming at you was to discon-

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nect his head from his body. The Japanese believed that the mind of a Samurai was so strong that he would keep up the battle even if he were dying. This is the drive and determination of a Soul of 10. They understand that to achieve anything they must be willing to work at it. These people have a tremendous amount of energy and are unstoppable when they set their mind to anything. If the Soul of 10 is a woman then she can be stronger willed than many men. Other men may feel intimidated by her. She will be direct and powerful in anything she attempts. In a man the 10 naturally resonates; they are highly physical and driven to succeed. Tens make good athletes, warriors, independent business men/woman, CEOs, and politicians. They are driven to climb the ladder of success and money is part of that success. They often surround themselves with powerful and influential people. Status is important and they are often married to their jobs. Tens are the movers and the shakers of the world. They frequently feel as if they are the only ones doing very much and they are often correct in that assumption. A Soul of 10 doesn't know how to be boring. They often lead exciting lives that others wish they had.

The challenge of a 10 in this position is that they can be unbending and may assume that they are correct, even if they are not. They may be selfish and self-absorbed. They may not pay attention to the people along the way who they went through rather than around. Anyone who gets in their way may not have a pleasant association with a 10. They want to win at all cost and sometimes that cost is higher than expected. They can be a type "A" personality and not know how to stop. They need to learn to take small breaks along the journey and enjoy the process of life rather than constantly push against everyone and the world.

Soul Number 11 Rebellion

Eleven in this position indicates people who in their last lifetime wanted freedom above all else. They were willing to risk something in order to find that freedom. This can cause the person in that lifetime to: storm the Bastille; sail the Seven Seas; be a merchant across the Silk Road with a camel; or get on a boat to find the free world. Regardless, they gathered up their courage and decided that something was going to change and they backed up that belief with action. So in this lifetime they are willing to take risks and they often love to travel. The pattern learned in the last lifetime has allowed them to think outside the box and expand their experience. These people are often quite brilliant because they love to find new adventures in which to grow. They were willing to take a leap of faith and found out that there were options that they had not seen. Now there is no going back. They love to try everything. They choose over and over not to let fear stop them from moving. They are the dreamers and the visionaries. They are inventive and believe that every problem has a solution. They wanted to make a difference in their last lifetime and so they continue to expand that game in this lifetime. They are gregarious, wild, and the life of the party. They always have a story of something outlandish and bizarre. They tend to notice everything, such as: the drug dealers across the street; the prostitutes in the bar; etc. They dance partially on the dark side of reality, as it is so much more interesting. If you tell an 11 not to do something they will probably do it just to find out what all the fuss is about. They love shock value and love to tell stories that make people think. They often have danced with their own shadow

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and faced some dark moments in this life so they tend to not judge others for any behaviors. They know their weaknesses because they have gone all the way to the edge and then some. They have often dabbled in areas that others would never decide to go. They are very attractive to the opposite sex because they are so interesting and complex. Men as 11s are the “bad boys” that all women fall for. Women as 11s tend to be somewhat wild at times. Both need to express that wildness in some way before marriage or they can end up divorced.

The challenge of an 11 in this position is that they can be so free-spirited that they will not listen to others’ views and opinions. They can be in the mode of resisting at all cost. They may want freedom so badly that they go in the opposite direction of what anyone suggests. They can be obsessive-compulsive, addictive, or scatter-brained. They may feel as if they don’t know what to choose and constantly move from job to job without a true career. They are easily bored and change just for the sake of doing something new. They can do this even if they have a job that is making a lot of money. They can have too much wanderlust. They can have a hard time being faithful in relationships unless other numbers are supportive. They can be ungrounded and unrealistic if they prefer to live in their dreams and don’t know how to manifest them into reality. They can be unrealistic and chaotic.



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KARMA NUMBER

The Karmic Number is the month in which you were born. The Karmic lesson is what you work on in this lifetime. It is where you will encounter obstacles and struggles. The Karmic number is the critical lesson through which the person is obligated to grow. This lesson can be a repeating theme in the person's life if he has been unwilling to integrate the lesson, or it can be the lesson an aware person has already encountered and is integrating into his life.

The Karmic Number is related to the Gift Number and Soul Number because what you do well (Gift Number) and what you did in the last lifetime (Soul Number) directly relate to what you need to learn in this lifetime.

The challenge of the Karmic Number shows up dramatically when people are unwilling to acknowledge and grow through the natural lessons of the number. "What you resist, persists." The lessons will have a tendency to get stronger and louder until it is finally heard and learned.

The combinations between different numbers such as the Soul Number and Karmic Number is interesting and reveals even more. Let's take this person who was born 1-10-56. If their soul vibration was that of a king or leader in their very last past life, it is often common for them to be arrogant, difficult, and unfeeling. Any time they use their power without humility, then the universe will teach them a lesson by making their plans fail. When they learn to use their power in a humble, sincere way, then everything in their life will work.

KARMIK NUMBERS AND ASSOCIATED SPIRITUAL ARCHETYPES

Note: Confusion can come with the number 3 because the month of March is a 3; yet December is also a "three" because $1+2=3$. So March and December will both be a 3. How you interpret and distinguish between the two was explained in the Astrological section earlier. It is also covered in the following section of Karmic Number 3-Princess Diana-Seeker of Positive Influence.

Example: 1-10-56

This number is the month that the person was born. In this example, 1-10-56, it is January or the 1.

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The Karmic lesson is 1 for this person in the example 1-10-56 and is related to humility. This person wants to find out how to be the vulnerable expression of her heart without judging herself as being weak or stupid. If she is not sincere, the universe will teach her humility by pulling the rug right out from underneath her feet.

The Karmic lesson of 1 for a female is easier than it is for a male because it is more socially acceptable for women to be gentle than it is for men.

For a woman the 1 will show up as a desire or a need to find and express a gentle core. Yet, in translating the Karmic number you must remember that there is a challenge which is not always easy for the person to relate to or understand. Humility might leave them wide open for ridicule and pain. Women with a 1 Karmic number are highly motivated and successful in business. On the inside they often strive for a simple life. Yet, they seem to rarely get it until later in life.

For men, the 1 often disguises as a 10. Some of the most powerful men in business have a Karmic Number of 1. They have learned that they must be honest in their dealings with others. They often cultivate business partners who they have learned to trust through trial and error. Underneath the crusty exterior of the 10, the male 1 is gentle and kind. Men will create financial success first in order to give permission to themselves to become more gentle and to find their core inner self.

Karmic Number 1 Dalai Lama (Seeker of Humility)

The life of the Dali Lama is well-known. He was the spiritual leader of Tibet before the Chinese occupation forced him to flee to India. For thousands of years, the Tibetans cultivated the lessons of non-attachment, humility, and self-actualization. Many monks were tortured and killed over the following years and yet, the Dali Lama refused to cultivate or promote war in retaliation. He has been the ambassador for peaceful reconciliation and the return of Tibet to independent rule. He has been the leader in this century for non-violent response to conflict. Even though he is a powerful spiritual leader worldwide, he has also been a leader without pretense and ego. He approaches his life and his spiritual practice by being humble and authentic. Such is the lesson of the Karmic Number 1.

When the Karma of 1 comes into play, these people are working on reclaiming their authentic self and finding ways to come back to the simplicity and vulnerability of their heart. This is often a challenge. Examples of how someone could come to desire this Karmic pattern are; they could have been arrogant in a past life; they could have lost touch with the deeper aspects of themselves; they could have been power-hungry; they could have given up in a time of crisis; or they could have felt that they let others down. This lesson of humility is often difficult for the Karma of 1 as it is opposite of what they think they need. They will often be drawn to powerful, money-oriented jobs in order to create security and external power to protect themselves. What happens is that they discover once they find the money, that it is humility that they are actually looking for. Things will keep failing until the old ego structure breaks down and they realize how foolish they have been. The lesson of humility is fearful

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to western cultures because it is perceived as looking weak. This does not necessarily need to be the case. The integration of vulnerability and openness creates power and flexibility which is ultimately stronger. When Karmic Number of 1 people understand that there is great power within them and it does not have to be flashy, arrogant, opinionated, or dominant they create wonderful environments for others to express their ideas and huge progress is made. Often they will try to disguise themselves as a Karma of 10, and many will believe the bluff of power. But underneath that gruff exterior is a gentle, vulnerable soul if they are willing to let anyone in to see. The Karma of 1 is about understanding and standing true to one's own nature.

Positive Aspects

A positive aspect to a Karma of 1 is that they often have a simple foolishness that is quite endearing to those who know them. They are more delicate than they want to admit and often have had a life of great struggle and hardship. When they are vulnerable they are innocent and child-like in their approach to life. They are fun to be around and they love to talk about possibilities. They are often intellectually brilliant. In the highest sense, they are the philosophers and the humble instruments of consciousness to others. The lessons have been tough but the rewards are wonderful if they are willing to do the inner work to admit what has not worked and allow change to come into their lives.

Negative Aspects

A negative aspect to a Karma of 1 is that they can be closed, distant, and non-communicative. They can also be unable to admit when they are wrong and be highly self-deceptive in order to keep control. They can manipulate others if they get too close to telling them the truth. They can struggle and resist attempts by others to help them as they need to feel as if they have the control. They can have had a difficult childhood and that damage can still play out in their lives. They can be afraid of losing themselves to others and have to work at knowing how to let others in.

Body Aspect Excretory System

The body aspect of a Karma of 1 is the excretory system. This is because they have a hard time letting things go. They can hold on to past bad experiences and not know how to step out of suffering. They can hold on to toxic experiences and emotions even if those emotions are pulling them down. Surrender is the key to allowing the natural processes of life to move through them. When these Karma of 1 resist, they will have problems with the excretory system. This could result in polyps, hemorrhoids, prostate problems, or constipation.

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Karmic Number 2 Einstein

(Seeker of Knowledge)

Einstein is the model to use in understanding the Karma of 2. Einstein was a brilliant scientist who propelled us into the twenty-first century. His mind was able to understand aspects of physics and space beyond what anyone had previously conceived. He was curious and continued to seek knowledge in many forms. He was a dreamer. He often got answers in his sleep. He played out visual scenarios in his mind pretending to be on a beam of light. Then he would imagine what it would look like if he was in the mirror watching himself on the beam of light. Then he would imagine himself on an asteroid watching himself move past on a beam of light. What this reveals is his ability to think from many angles. He was detailed and thorough but also creative and open to possibilities. The lesson of a Karma of 2 is to search out knowledge in an open and unbiased way. Einstein is the archetype because his exploration of the mind was expansive rather than narrowing. He allowed his mind the freedom to explore all the options and did not get stuck in perceptual positions, opinions, or ego.

The Karma of 2 is about understanding the complexity and depth of the mind. This can create some challenges as the mind is an endless maze. This can cause a pattern called negative mind and that means that the mind has gotten caught in looking at the duality of the problems rather than seeking out the solutions. Karma of 2 people can be very hard on themselves and others as they always seem to be pointing out the problems. They do not mean to do this. They think that if they can find the problems then those problems can be fixed and they save the day. Unfortunately, others can see this as criticism and condescending behavior. Karma of 2 people learn as children that it is not always the best thing to tell the truth and point out the problems. This causes them inner conflict. They feel gifted and cursed with a mind like a steel trap and no way out. For women this can be more challenging because women who point out errors can end up with negative labels from work associates, such as; know-it-all, bitch, or dragon-lady. Men can have an easier time of it because men handle each other in a more direct and confrontational manner.

Positive Aspects

A positive aspect of those who are Karma of 2 is that they are very smart and able to discern problems quickly and efficiently. They are wonderful in jobs that require exactness such as; accounting, law, financial planning, stock market, etc. They are the thinkers of the Universe, they uncover potential problems, and can save companies a lot of money.

Negative Aspects

Negative aspects to a Karma of 2 are that they can be hyper critical, negating, complaining, feel superior to others, and negative to deal with. They can pull themselves down with their own mind and talk themselves out of ideas that are valid while giving them an excuse to

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not open up to others. They can be their own worst enemy. They may be hard on others but they are harder on themselves.

Body Aspect Mind

The body aspect for the Karma of 2 is the mind. When they overdo, the stress point is often in the mind. They can have trouble getting to sleep because their mind will not stop thinking. They can be addicted to work; be highly competitive with others; and be compelled to override themselves and those who work for them because they are driven to find some form of perfection in their own mind. They can snap when put under too much stress.

Karmic Number 3 Princess Diana (Seeker of Positive Influence)

Princess Diana is a wonderful archetype for the Karma Number of 3 because her life reflects the ups and downs natural to a Karma of 3. She was a member of the royal family; she had good breeding and manners; and knew how to be appropriate in public. Yet, underneath there was a distinct insecurity and natural shyness. Her life was a journey to deal with the inner perfectionist. She was challenged to let go of the illusion of what she thought life as a princess was supposed to be and learn to find a standard to which she could adhere. Her own personal beliefs and the levels of the royal family set the standard very high. The public eye was constantly on her and she struggled to find her true self in the midst of being the wife to the next King of England. Through it all she somehow managed to show the beauty of her soul and the struggle she had with her own demons. Even with the ups and downs she continued to find a way to be a voice for the people and chose to use her position to make a difference in the world regardless of her own inner pain. In fact, her inner pain was probably the fuel that propelled her into the activities that had meaning for her own evolutionary path. She showed great grace in the face of tremendous personal pain and she also showed the deep desire of her heart to be loved and accepted by others. Because of her position and publicity we know her best and worst sides. We know her moments of great compassion and her moments of deepest despair. She was not a god, she was a vitally alive, feeling woman who hurt as we hurt. She taught us how to roll with the punches and to keep going. She will be remembered because people can relate to her life and inner torment. Through her suffering she gave hope and the possibility for change.

The Karma of 3 is about perfectionism and learning how to take a negative situation and transform it into a positive. Those with a Karma of 3 have been striving for lifetimes to be perfect in some way. You can look to the Soul and Gift Numbers to discover where they were trying to be perfect. Those with a Karma of 3 are actually quite blessed as this is one of the easiest Karmic Numbers to have. This one is an acknowledgment that you have been working hard and now the universe is trying to get you to learn to laugh at your own seriousness, let go, and learn how to have fun and play. Deep inside, Karma of 3 people are very serious and intent. They have worked very hard to get to where they are and it is difficult

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for them not to expect a lot from themselves. This desire for perfectionism can cause problems emotionally, causing depression. Life seems like a salmon swimming upstream. To the salmon the water (emotional body) is constantly pushing them back out to the ocean. If they stop swimming they will lose ground and so they constantly struggle against the elements. And life continues to put obstacles in front of the salmon in the form of waterfalls, fisherman, nets, bears, and dams. No matter what, the Karma of 3 is faced with obstacle after obstacle. The lesson is to learn how to live life from their core and realize that when they do, they are being their perfect self. It is crucial for Karma of 3 people to see both sides of every coin and to understand themselves, shadow and all. Sometimes these people are seen as eccentric and innovative in the way they approach life. They must learn to control their negative emotions so they do not go crazy or act inappropriately.

There are two different versions of Karma of 3. One is the Karma of 3 that comes from the month of March and the other comes from December ($1+2=3$). People born in the month of March are trying to complete karma from many lifetimes in this lifetime. This is a Piscean model and Pisces is an old soul position. Pisceans are more emotional and wishy-washy when they are stuck in their own emotional karma. They are learning to let go of the internal drama and emotional attachment they have to their life and inner pain. They are attempting to move that deep internal awareness into something that helps and uplifts the planet. This is why Pisceans are often very aware of planetary issues and spiritual pathways. When they move that energy of perfectionism into external situations they are more successful and fulfilled. If they turn that energy inward they can become trapped by circumstances and wallow in their own emotional stagnation.

If the Karma of 3 is coming from a December birth date then the energy of the 3 becomes more of a roller-coaster lifetime. The ups and downs are more severe and the mind begins to jump in to try to understand and control the reality. Depending on how stressed they are, this causes them to split. When they are on track they are fun, wonderful, funny, and outwardly joyous. When they are off they are devilish, manipulative, covert, hidden, and non-communicative. Their job is to learn to roll with the punches and not manipulate others. They are learning how to fill themselves up from the inside.

The challenge for them is to go inward rather than outward. It is only by looking honestly inside that they can realize that they have been creating many of the problems that keep cropping up. When they learn to take responsibility for their choices, then the pattern finally can change and joy rebounds. The joy they seek is the joy of understanding and acceptance of themselves. When they can look at their choices and laugh at the ridiculousness of them, then they free the soul to find its true perfection.

Positive Aspects

The positive aspects to a Karma of 3 are that they work on being outwardly happy and funny. But remember that underneath this façade is an inner struggle and they believe that they are flawed in some way. They can have a sarcastic sense of humor and are quick mentally. They are drawn to powerful people and situations as they believe this will give them some

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form of acknowledgement. Because of their ability to go deep they are interesting to talk to and seem open to all possibilities.

Negative Aspects

The negative aspects to Karma of 3 people are that they are very hard on themselves and those around them because things are never really good enough. They can get caught in a world of inner fantasy and illusion of what they think they deserve and not look at what they are doing to sabotage the very dream they want. They can have a hard time being flexible without being wishy-washy, lost, or confused. They can be emotionally all over the place. They can have unrealistic goals and put a lot of pressure and expectation on those around them. They can try to create a lot of external security and validation to balance the deep inner sense of unworthiness and fear. They love discussing options but they actually do not want to hear the truth. They want to lead, not follow.

Body Aspect Nervous System

The nervous system is the body area that is most vulnerable to a Karma of 3. This is because they are always striving for inner perfection and that puts a lot of stress on the nervous system. This causes them to overreact when they are under pressure. Problems arise when they override themselves and do not taking care of their health. They become either so inwardly focused or outwardly focused that they forget to take care of obvious problems. It is important for them to learn good strategies for handling stress; meditation, sleep, releasing emotions, or anything that allows the nervous system to rest.

Karmic Number 4 Buddha (Seeker of Harmony and Balance)

Buddha was the being that brought in the concept that we are all capable of accessing the place within that is balanced and harmonious. Buddha was a prince who had been destined to take over a kingdom. He decided to let go of everything and become a Saddhu (a spiritual wanderer). In doing this he left behind his money, his wife, his child, and his kingdom. He spent years meditating and fasting. One day as he was meditating along a river, a musical student and his teacher were out in the water on a boat talking. Buddha heard the teacher tell the student that a string strung too tight breaks and a string strung too loose can play no song. In that moment he realized that he was a instrument strung too tight and he was not in balance. He understood that he needed to find the inner balance first. Only through the exploration into balance would he achieve his goal of inner harmony. Because of this shift he became enlightened and taught the techniques of self-actualization to others.

The lesson of a Karma of 4 is to find the balance inside, slow down and not come from desperation. This is often a challenge for these people as they are often driven and outgoing.

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Positive Aspects

The positive aspects of Karma of 4 people are that they are working on communication and balance. They are often seen as the mediator and counselor. They want to create win/win situations for those around them. They can be wonderful at finding the compromise that will help others calm down. They are problem solvers and want to be able to assist and uplift others. They can bend over backwards in a desire to be the one who can solve the problem. They make wonderful psychologists, social workers, therapists, principals, mediators, and negotiators.

Negative Aspects

The negative aspects of Karma of 4 people are that they can neglect their own needs and give too much of their time and energy away to others. They even neglect their own family in order to help and rescue others. A Karma of 4 means they struggle to find inner peace and harmony in this life. Peace is an internal experience not an external circumstance. (The only way to see if you are truly neutral is to put yourself into a non-neutral situation.) These people have a great knack for finding problems and people in trouble. This Karma is ruled by Mars, the god of war. They must learn how to be assertive without being aggressive.

Body Aspect Auditory System

The body aspect of Karma of 4 is the auditory system because they are learning the lessons of good listening and communication with others. This is their challenge. Communication is not just verbal words. There are levels of communication that are more subtle and powerful. When Karma of 4 people are off target, they do not listen and refuse to hear others' perceptions and perspectives. When they are in this position, they are unable to compromise, which is normally the thing they need to do the most.

Karmic Number 5 Chiron Wounded-Healer-Teacher (Seeker of Wisdom Through Experience)

The Karma Number of 5 is associated with Chiron. Chiron is the Wounded-Healer-Teacher in ancient Greek mythology. Chiron was a centaur and an immortal who lived on Olympus. The story says that he left Mount Olympus in order to help humanity. When the other gods on Olympus heard, they had to find a way to stop him. If Chiron went down to earth and began helping humans evolve, they might figure out how to become gods themselves. They had to stop him but they knew they could not kill a god. They decided to trick Hercules into shooting Chiron with a poisoned arrow that would kill a normal human, but it would just put a god into permanent pain. However, their plan backfired. Chiron, now had a gaping wound in his hip that would never heal and realized the degree of human suffering that was happening on earth. This gave him even more compassion for the people on earth. He had to figure out how to heal himself. After all, he was a god with the skills and attributes of a

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god and if he could not find a way out of pain in the physical plane then the humans would never find a way. He found that he had to balance five things and when those five things were in balance then the wound in his hip would heal. But if he was off at all in any of those five aspects then the wound would break open and begin bleeding and causing pain. He had instant feedback from his body telling him that something in his energy or perspective was not correct. Because of this, over time he became a great healer and teacher because people would come to him and ask him for help. Chiron would take one look at them and he could read them like a book because he had been through all the possible configurations of pain and suffering along his journey. He could tell them instantly what was wrong and what they could do to create change and healing for themselves. The five things that he had to have balanced were:

1. His head had to be in alignment with all other body parts and he had to be in agreement within his mind.
2. His heart had to be in agreement with all decisions that he was making as well as being worthwhile and helpful to the greater good.
3. His intention had to be clear and positive. (Example would be if his intention was to get his own way. That would cause the situation to backfire on him, as balance on earth is not about always getting what you want.)
4. His motivation had to be clear and positive. (Example would be if his motivation was to get even or to seek revenge. This would cause the energy to backfire on him and he would be in pain once again.)
5. Earth energy had to be in alignment with Mother Nature. (Example would be that he could not disrupt the natural order to life and death. What happened to Chiron was that he saw many people dying in a terrible winter one year. Chiron wanted to help and so since he was the manifesting god, he decided to make spring early. He thought that would save lives. But what happened instead was that it confused the plants and animals and it ended in a great famine. Through this he learned that it was better to not fool with Mother Nature and allow the cycles of life and death to happen naturally.)

When he had all of these points balanced, his life worked smoothly and his wounds healed and he was in no pain.

The lessons of the Karma of 5 are the same as the story of Chiron. People with the Karma Number of 5 must learn to stay grounded and take responsibility for their actions. They must learn through their struggles how to be on earth and to take care of themselves and others. They are learning how to heal themselves and deal with the day-to-day activities of being alive. They are often passionate, nurturing, love to cook, and take care of others. They often can have some sort of dense earth challenge in this lifetime. This can show up as a terribly difficult childhood, physical problems, health concerns and struggles, financial worries, greediness, hoarding, emotionally challenging stresses that appear in their life, or all the above. They are learning that through suffering there is a doorway to redemption and conscious-

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ness. Their life lesson is to work hard and deal with mundane reality. When they are willing to take responsibility for their actions and learn as they move through life, then they become fully conscious and learn that through work there is joy and expansion.

Positive Aspects

The positive aspects of Karma of 5 people are that they are wonderful cooks, good at taking care of the physical realities such as; cleaning the house, organizing family activities, sewing, gardening, taking care of children, mothering. They are helpful and take pride in small things that make life sensuous and wonderful. The 5 is the person who knows how to throw a party and have wonderful food that everyone enjoys. 5s are passionate about life when they are feeling safe and secure in their reality. 5s are sexual and sensual when they let themselves out of the rulebook for a moment. When they are positive, they are willing to go through the hard times and face their deepest issues.

Negative Aspects

The negative aspects of a Karma of 5 are that they can be too earth bound and end up struggling over every small thing. They can be stubborn and resistant to change. They can get caught in the thinking that everything has to go their way for them to feel good about themselves. They can deal with constant small health problems throughout their lives as they are not strong in the physical. They can have weight problems or issues with their weight, either too much weight or too little. They can have a hard time adjusting to new experiences, places, or situations. They can go to extremes at times. They can become totally focused on some things and neglect other things. They can get caught in fear-based thinking and reaction. They can blame others for their upset. They can judge others harshly.

Body Aspect Digestive System

For Karma of 5 people, the lessons are about learning how to digest life in healthy ways. Often 5s hold on to past traumas. They can have colon problems, diverticulitis, colitis, hemorrhoids, food allergies, gallbladder problems, or weight problems. The challenge is to keep learning the lesson of surrender; find herbs and healing solutions for digestion; and learn how to release toxins from the body. Colonics, fasts, and cleanses are helpful in releasing blocks in the body and in turn allow the mind and emotions to free up.

Karmic Number 6 St. Hildegarde (Seeker of Purity and Relational Intimacy)

St. Hildegarde is the archetype for the Karma Number of 6 because she was a sincere, honest, celebrate, and pure spiritual seeker as well as a wonderful musician and composer. She produced major works of theology and visionary writings. She used the curative powers of natural objects for healing. It was the purity of her heart and soul that gave color, energy,

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and depth to her life. The Karma of 6 reflects her because she worked on retrieving her inner purity and at the same time she attempted to understand the deeper emotional and relational intimacy that she had with God, others, and herself.

Karmas of 6 are working on relationships and understanding the dynamics of relating to others. This means all forms of relationship not just intimate relationships. They do not always understand people and or how they respond. They want to understand but often they feel left out and unable to totally relate without some form of assistance. One of the weaknesses of this Karmic number is to drink alcohol in order to relax and be able to connect on a deeper level with others. Karmas of 6 can be overly analytical. They can have trouble letting go of their mind and allow their true feelings and longings out. Relationship is not their best thing. They have difficulty figuring it out on their own. Understanding deep intimacy and sexuality is challenging for them. They strive to understand the nature of humanity, yet they get disappointed by the losses in their personal life. They are trying to learn to reach out and understand human emotion. They are actually very sensitive inside and don't let go easily of anyone in their life. There always seems to be something hidden about these people. They must learn to adapt to changes and to control their restless nature.

Positive Aspects

The positive aspects of Karma of 6 people is that they genuinely want to understand and connect with others, even if they do not know how. Karma of 6 people are often very bright and highly creative. They love change and movement. They are artistic in many ways and can be confused by their choices. They are sweet inside and are careful about who they let in. They are loyal to those they love (unless there are other aspects that negatively influence the Karmic Number). They can be wonderful parents as they want family and connection.

Negative Aspects

The negative aspects of Karma of 6 people are that they are often withdrawn when they get their feelings hurt. They could have had great trauma in past lives related to relationship and sex. They could have withdrawn and refused to connect with others. They could have lost their inner sense of God, spirit, and self. Regardless, this Karmic number is a challenge because it forces the soul to go into an area where there is no expertise. Because they battle inwardly with the feelings of unworthiness, everyday stresses can be a challenge.

Body Aspect Circulatory System (Heart)

The circulatory system is about creating movement. They are also working on love and love affects our heart and emotions. When love is working for them, it feels as if there is movement and change. When love is not working, their hearts shut down and they retreat into an inner world. This can affect their circulatory system in many ways. They can have blood problems, sticky lymphatic, diabetes, pancreatitis, liver problems, atherosclerosis, blood clots, etc. It is important for them to keep their blood pressure down and detoxify their liver and gallbladder regularly.

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Karmic Number 7 Ben Franklin (Seeker of Strategies and Planning)

Ben Franklin is the archetype that best describes the Karma of 7. He was a brilliant planner and strategist; excellent at seeing patterns and then designing structures around those patterns; highly intelligent; and loved to challenge people's minds and spirit to see beyond what was comfortable. He was a fabulous writer, scientist, statesman, diplomat, and co-creator of a country based on new ideas and freedoms. He had tremendous awareness and methodically worked through patterns. He was fascinated by how people perceived reality and he could manipulate through language to get what he wanted. Some loved him and some hated him during his lifetime but today we see the genius of this man.

Karma of 7 people need to learn self-discipline and create healthy boundaries; when to say "No!" and find their own structure and patterns that serve them. Their life will succeed when they do the work necessary to put their plans into action. They are learning how to use the mind to balance their emotions. Through proper planning they can create structures that allow them to feel solid and secure. Self discipline and commitment to growth are required to break through. This includes a good attitude to maintain a sense of balance and strong self worth and taking responsibility for where they have created problems in their own life.

Positive Aspects

The positive aspects of Karma of 7 people are that they are working on creating patterns that succeed for themselves and others; they feel safe when they understand exactly what is expected of them; they strive to follow-through and want to be part of a team; and they are strong, determined, smart, and committed. They are endearing when they let down their guard. They are happy and content when they learn how to say "No" in a nice way to others and do not allow their boundaries to be overridden.

Negative Aspects

The negative aspects of Karma of 7 people are that they want to have things their way all the time in order for them to feel good about themselves, causing them to be controlling and dominating in family situations. When they are hurt they retreat and can refuse to come out for a while. They then create strategies to protect themselves. These walls can be quite strong and hard for them to break down. When they are angry they can be cutting and sarcastic. They always seem to know how to say something that is upsetting.

Body Aspect Immune System

The Body aspect of a Karma of 7 is the immune system because it needs to be flexible and adaptable in order for the body to stay healthy. A rigid system breaks down and causes illness. When Karma of 7 people are under stress they get colds, flu, viruses, fungus, and warts.

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They can be prone to things like Chronic Fatigue Syndrome and Lupus. When a Karma of 7 becomes unhappy at work or home then the body begins to reflect that conflict by breaking down.

Karmic Number 8 Ananda (Seeker of Inner Sadness and Grief)

The Karma Number of 8 is associated with Ananda, the first disciple of Buddha after Buddha became enlightened. Ananda was a Leo-like person who had great depth and sensitivity. The Number 8 is associated with Karma of Sadness. This is often surprising to those who know astrology, since Leos are known for their sunny disposition and big-heartedness. Ananda and Buddha were best friends and did everything together for forty-five years. When Buddha died at the age of eighty, Ananda went into inconsolable grief. The other disciples could not understand why. After all, Ananda had been blessed to be Buddha's best friend for forty-five years. They told Ananda that they wished they could trade places with him. Ananda replied that he was crying because he had spent forty-five years teaching, meditating, and trying to be an honest and respectful person, but he had not manage to become enlightened. He did not know if Buddha had presented a doorway he had missed or if he had so much karma to work through that a lifetime of meditation had not broken him through. Either way, he was grieving for his own lost chance. He then gave himself permission to go through the feelings. So he cried for three full days. And at the end of the third day he found enlightenment. It is only through a deep loss that the ego is allowed to break down and the pain of the past moves through the physical body and becomes transformed. People with a Karma of 8 will not willingly go through the sadness. Circumstances will be created in their life that force the issue to the surface.

The Karma Number of 8 reflects the undercurrent of struggle that often follows the desire to be seen and loved by others. The Karma of 8 people have looked at others' problems in past lives and decided that others were in much more pain. So they decided to take care of others, thus making themselves feel better. They became good at hiding their sadness and inner pain. Over lifetimes the sadness and grief built up to the point that now they have to learn how to deal with it. They are resistant to addressing their inner pain and can become obsessive in helping others. They feel others' pain because they are in so much themselves. They are at the limit of their threshold and so if anyone or any situation comes into their space holding any pain they notice it immediately and they feel compelled to take charge in some way so they can feel better. So even when an 8 is happy looking outwardly, inwardly they are in avoidance of inner suffering. Learning to deal with the inner pain is the challenge and what they came in to learn. Others love them and rely on them for support so they get constant positive feedback that they are good and loving individuals. They think, "Why should I change at all?" But if they do not address the inner suffering, the stress and tension build to the point of breaking. When it breaks they are deeply in pain and it can feel overwhelming to them. When an 8 is hurting, their first line of defense is a powerful move or stance

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rather than a weaker position. If you do something that causes the grief and sadness to come to the surface the 8 will usually get angry rather than show weakness and pain.

Positive Aspects

The positive aspects of Karma of 8 people are that they are loving and supportive to others in pain and are good at being in jobs where they feel as if they can rescue others or be helpful and supportive. They work at being upbeat in external environments even if they are having a hard time personally. They are good at stepping out of their own trauma in order to help others. They sense others' pain, sadness, and grief quickly and respond in ways that make a difference.

Negative Aspects

The negative aspects of Karma of 8 people are that they are often in denial about their own suffering. They have had past life trauma related to unresolved sadness and inner grief that they are attempting to work through. Often they can create external work in order to avoid slowing down. This is because if they slow down they are faced with panic and fear at dealing with the inner pain. This makes them feel worthless. They cover up the feelings of worthlessness with either a strong external presence (ego) or they collapse into their personal pain and become the victim.

Body Aspect Respiratory System

When Karma of 8 people are in denial of their inner pain, they will get sick in their lungs and respiratory system. The "8" is associated with Prana or breath. This includes the area of the lungs, chest, sinus, nose, and throat. What this means is that when they stress and suppress inner sadness, grief, and pain; they tend to stop breathing. When a Karma Number of 8 is in despair it is important for them to remember to breathe deeply and allow the energy of sadness and grief to move through their body. It is common for 8s to get colds, flu, sinus infections, bronchitis, pneumonia, laryngitis, or any disorder related to the respiratory system.

Karmic Number 9 Isis (Seeker of Magic and the Spiritual Journey)

Isis is the archetype for the Karma Number of 9 because she is the clear representation of the magic and mystery of the spiritual journey. In Egyptian mythology, Isis is the goddess of fertility and abundance. Wherever she went, she created beauty and joy for the journey of life. She is the feminine principal at work in life. The feminine has always been somewhat of a mystery as the female body holds the hidden principal of life within it. Females are the creative life-force potential of the universe. It is through the Earth Mother that we all given

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life and opportunity. Yet, the Egyptians saw both sides of the feminine. The White Isis and the Black Isis (Nepthis), because there is the life-giving potential of the feminine, birth, but there is also the destructive ability of the feminine, death.

Isis went on a spiritual journey to recover the parts of her husband, Osiris' body. His brother, Seth, had killed him. Seth had taken Osiris' body apart and scattered it across the world so Isis could not put it back together and breathe life back into it. Isis felt so strongly for her husband that she took on the journey and traveled until she found all but one part, his heart. Even though she was missing one part, she breathed life back into him and made love to him one last time and conceived a child, Horus. The journey of Isis was to follow her feelings and explore the depth of her emotions and magic in order to find peace. Such is the journey of the Karma of 9.

To have the Karma of 9 is to be forced by circumstances to journey deep within the emotional body and know the inner self to the point of acceptance and understanding. To journey within is challenging and sometimes frightening. Karma of 9 people resist this journey as it looks emotionally overwhelming and depressing. If they are unwilling to take on the journey, then depression will surface. They are very sensitive and feel suffering all around them. They are required to go into their depth and realize that in emotions are the magical doorways to awareness. They are often deeply affected by their environment. They care deeply and do not always know how to express that to others. They are easily hurt and take things personally. They must be willing to understand how their feelings create their external reality. They are being required this lifetime to look inward and explore themselves. Nines can be drawn to art but often feel as if they are not as creative as they would like. More often, they are the business people who help the artists create and prosper. The depth of feeling is a challenge and they can move quickly in order to avoid emotions that come to the surface. Hormonal imbalances can cause of much of the emotional distress and usually stem from childhood trauma and emotional blocks from past lives. Karma of 9 people are working on understanding the magic and mystery that surrounds life. But first, in order to do that they must explore the greatest mystery of all, themselves.

Positive Aspects

The positive aspects of Karma of 9 people are that they are deeply sensitive, caring, compassionate, and artistic. They spend their life following emotional currents, exploring psychic impressions, meditating, and doing things that seem to make a difference for the planet. They can be idealistic. Their psychic ability can be very strong. They often feel more than they want to feel. They need to learn to follow their intuition and then life will flow more smoothly.

Negative Aspects

The negative aspects of Karma of 9 people are that they can be depressed, moody, temperamental, emotionally unstable, and overly dramatic. If they do not find a way to express their deep emotions, they become depressed about themselves and life. They can also be gullible

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because they assume people are honest and trustworthy. Sometimes they feel overly sensitive and reactive. In the worst sense they can be petty, jealous, and selfish, when they are not getting their needs met. They can become deeply hurt by people who do not understand.

Body Aspect Nervous System

When people with a Karma of 9 are struggling, they have a tendency to fall apart emotionally. They can fall into depression and can have nervous breakdowns. They may have a tendency to withdraw or become overly busy to stay ahead of their emotions. They can cry at the drop of a hat or not let anyone in. They need to make sure they get enough sleep and rest. Proper nutrition is essential to maintain balance. Regular ways of releasing and opening up emotions such as psychotherapy and personal growth workshops are helpful for eliminating stress and encouraging sleep.

Karmic Number 10 Alexander the Great (Seeker of Power and Influence)

The Karmic Number of 10 is associated with Alexander the Great because of his willingness to go after a dream. He did not accept the status quo. He wanted to make his own mark on the world. He was willing to take huge risks and conquer his fears. He wanted to see the world and go places that no one dreamed possible. Often others did not understand his judgment and political position. He appreciated and supported the integration of all cultures and perspectives. When he conquered a king, he allowed that king to remain in power, as long as he was willing to be a subject of Greece and to pay taxes. He gave his men permission to marry women of other cultures and often his army included the wives and children of his men as they moved across Asia. He was a master politician in integrating other cultures into Greek perspective. He was a driven, powerful, bold, and fearless leader who thought anything was possible.

Karmic Number of 10 people are being challenged to be bold and take risks. They must be willing to jump into areas where angels fear to tread. Being a 10, they must define what power is to them. They may have their own business or be a manager. It is about being the leader, the general, the one who makes the decisions for others. It is also about being fair; making decisions for the greater good by thinking them through carefully; and earning the respect of others. Tens attempt to create money and influence which naturally go along with power and risk. Status is important and knowing that you have somehow arrived and accomplished your goal is critical to feeling the transformation of the Karma of 10.

Because of this, the Karmic Number of 10 is called a Warrior position or a Samurai number. This is the 10 in its highest form-- pure power and focused consciousness. But if the person with the Karma of 10 does not step into their power, then the Karma of 10 collapses into the Karma of 1. They will appear weak and helpless. They will lose their ability to know how to motivate themselves and get out of stuck positions. They will feel that there is no way out of the present situation and blame others for their inability to step into their power.

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Positive Aspects

The positive aspects of Karma of 10 people are that they tend to take charge of their life and are bold in whatever endeavor they choose. Tens can be radiant, bold, strong, dynamic, courageous, gutsy, and willing to take risks. They are the powerhouses of the universe. The complaint often heard from a positive Karma of 10 is, “Am I the only one doing anything around here?” The answer usually is “Yes”. Tens have twice the energy of most others. They are challenged to take charge and do something bold with life.

Negative Aspects

The negative aspects of Karma of 10 people are that they have a hard time slowing down and coming to a calm position. When tens are in the negative they can be cruel, harsh, opinionated, rude, difficult, dominating, and argumentative. They want power so desperately that they are willing to go through people rather than around them. Winning is the only goal and they don't care what they have to do to get it. They are blunt, direct, and to the point. They will fight to win. They drive themselves until they drop. They are so focused on the goal, they do not take care of others' needs or focus on emotional issues. A Karma of 10 will fall apart at moments and then regroup to do the whole thing over again.

Body Aspect Muscular Body

The body aspect of a Karma of 10 is the muscular system. The heart is included as it is the organ that allows us to keep going and move towards our goals and dreams. The heart constantly adjusts to the circumstances around us. People who are not going towards their dreams can often have anxiety problems that affect the heart. The body and muscles stop moving and lethargy sets in. It is only by the inspiration of their desires (heart) that they take the risk and decide to create movement and change. You can tell how a Karma of 10 is doing based on the condition of the body. When Karma of 10 people are properly in balance they may sit at a desk all day but then go to the gym. They know they have to learn how to stay calm in stressful situations. If they do not find an outlet for the stress then they eventually pay the price.

Karmic Number 11 Leonardo da Vinci (Seeker of Transcendence and Vision)

Leonardo was considered brilliant because he was fascinated by so many things. He was a painter, anatomist, engineer, and creative thinker. To him all of these things were connected. He studied anatomy in order to paint the human body. He watched the flight of birds and then studied their anatomy to design flying machines. To him all of these different things were interconnected. He was known as a procrastinator, but only because there were so many things to do and so little time to get all of them done. His visions drove him to

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greatness and power. His creative genius transformed the world as we know it. He created ways for mankind to find freedom and to do things better.

Such is the situation of people with a Karma of 11. They dream big and are challenged to find a way for their dreams to be heard and understood. They feel chaos in their lives as there are so many things to do. They know a lot about a lot of things but feel the master of none. They are easily distracted. They are inventive but don't always put what they have learned into action. They procrastinate and frustrate those around them because they have a hard time making decisions. This is when the Karma of 11 begins to change into the Karma of 2. They begin to over-analyze. They become internalized and emotionally distant from others. Their Karma is to work through the internal chaos and find a way through the maze of life and manifest their dreams and visions. This is a struggle and often they get stuck in the emotional density of the physical plane. It is often much easier to live in their dreams and avoid the struggle of making them real.

Positive Aspects

The positive aspects of Karma of 11 people are that they are visionaries and dreamers. They think way outside the narrow consciousness of humanity. They are the generators of new ideas, though they may need others to make those dreams into reality. They want to be humanitarians and help the planet and are often very environmentally conscious. They will try a little bit of everything in order to get to their goal. They can be excellent mediators and dynamic facilitators and speakers.

Negative Aspects

The negative aspects of Karma of 11 people are that they can have their heads in the clouds and procrastinate to the point of never getting anything accomplished. They can be intolerant when someone tries to get them to deal with reality. They can make poor financial decisions and put themselves at risk. They can be highly self-deceptive when they are in pain and they are excellent at making up stories to avoid being told the truth. They are prone to drug abuse, alcoholism, eating disorders, and stress related problems. If the Karma of 11 turns into the Karma of 2 they can become deeply withdrawn and emotionally unstable. They will try to bolster their position with information that backs up what they want to believe.

Body Aspect Spiritual Body

The Body aspect to a Karma of 11 is the spiritual body, because with all the dreaming, they are trying to open their crown chakra and find the direct connection to the universal flow. They want to find out how to create freedom and expansion while in the physical body. All forms of meditation are helpful to a Karma of 11. They must learn that no other person can totally fulfill them. They are the only ones who can find the door and open it to the light they hold inside.

SUMMARY OF KARMIC NUMBERS

Karma Number 1	Dalai Lama	Seeker of Humility
Karma Number 2	Einstein	Seeker of Knowledge
Karma Number 3	Princess Diana	Seeker of Positive Influence
Karma Number 4	Buddha	Seeker of Harmony and Balance
Karma Number 5	Chiron	Seeker of Wisdom Through Experience
Karma Number 6	St. Hildegarde	Seeker of Purity and Relational Intimacy
Karma Number 7	Ben Franklin	Seeker of Strategies and Planning
Karma Number 8	Ananda	Seeker of Inner Sadness and Grief
Karma Number 9	Isis	Seeker of Magic and the Spiritual Journey
Karma Number 10	Alexander the Great	Seeker of Power and Influence
Karma Number 11	Leonardo da Vinci	Seeker of Transcendence and Vision

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GIFT NUMBER

The Gift Number tells what the person has been doing naturally well in many past lives. It is what you do automatically without thinking. Even if your consciousness never fully awakens you will have a tendency to fall into this category. It is what you came to share with the planet.

This number is found by adding together the last two numbers of the year the person was born. In this example 1-10-56, the numbers are 5 and 6. $5+6=11$. So this person's gift from past lives has been an 11. In case when the two numbers exceed 11, add the numbers. For example, 88 becomes $8+8=16$ which becomes $1+6=7$. The Gift Number is 7.

The challenge of the Gift Number is that it can drive one's life: either by holding onto past lives and not being open to new opportunities or being so out of touch with one's true gift or essence that they feel lost or unsure of what they came to accomplish. This number can be a good reminder to the person of hidden skills that they may not know they have.

Gift Number 0 Gift of Oneness

It is rare to have someone with a Gift of 0; it only happens on the years ending in double zeros, such as 1700, 1800, 1900, 2000. These people come in to create anything that their souls can conceive. They are here to bring new life, perspective, and energy to old patterns. They are here to make changes. They are connected to the energy of the cosmos and are here to bring completion and change. Often they are a young soul time-wise (meaning that they have not been in physical form long), but they bring specific new concepts and perspectives to the planet. It is as if they have been waiting for this moment in time to bring through information. They are here to increase energy into the things that they touch.

The negative aspect to the Gift of 0 is that they often see the world quite differently from others. They don't always understand why reality is as dense as it seems. The harshness of humanity may seem difficult to deal with in their life.

Gift Number 1 Gift of Humility

A Gift Number 1 means that these people were humble and authentic in many of their past lives. They probably worked the land and enjoyed nature and the connection to family. They appreciated the simple things. In past lives, there were engaged in farming, ranching, homemaking, and sewing, to name a few.

They are idealistic and believe in the highest values of humanity. They prefer to see things

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through rose-colored glasses and believe in happy endings. They will carry a childlikeness throughout their life and prefer for everyone to work happily together. They cannot be anything other than their true selves. They don't feel as if they really need that much and are satisfied with what life offers them.

In the negative, they take offense when others accuse them of being naïve or simplistic. They reject being pushed to do more or make more money because happiness is more important than money.

They can seem lazy and uneducated. They appear to have no goals or desire to make changes. They like to keep the status quo. But once they make a decision they stick to it no matter what.

Jobs that indicate a Gift Number of 1 are: farming, ranching, hands on work (such as construction), sewing, and homemaking.

Gift Number 2 Gift of Critical Mind

A Gift Number 2 means that these people in the world were the great seekers of knowledge and information and were often well-educated in many lifetimes. These people are like walking encyclopedias. They know a variety of subjects and have the ability to speak many languages fluently. They prefer to be around important people and have powerful intellectual discussions about complex things. They can be hard to work for because they push employees as hard as they push themselves. They have the ability to thrive in a negative atmosphere. Their intelligence and mind dominate their life and those around them. Their logic is flawless and they can be deeply penetrating conversationally. They can be a challenge to keep entertained as they are naturally curious and love to ask questions in order to know and be correct.

In the negative, they can be arrogant and difficult to deal with as they are good at finding the problem in any situation. They can be condescending and demanding. They can mistreat those around them by pointing out what is wrong rather than pointing out what is right. They think they are being helpful but others see it as criticizing and negating.

Jobs that they may have done in past lives are: law, accounting, and banking.

Gift Number 3 Gift of Positive Mind

A Gift Number 3 means these people have been wonderfully kind and good-natured in many lifetimes. They have used humor to diffuse difficult situations to keep their cool in challenging moments which results in calming others down. They can make problems seem very simple and easy to solve because they do not take things personally. Others see them as lucky and gifted. They have a charm that is disarming. They can reframe a negative situation into

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a positive quickly and efficiently. There is one drawback to this gift position, the universe is going to put them around negative people and situations because that is where they are needed most. This position it is called, “Devil and Divine” meaning that when they are on they are divine. But when they are off, they can be a problem. They have gotten so good at turning things around that occasionally they don’t want to be so upbeat. When they decide to not be positive they can go in the opposite direction for a short time, surprising everyone around them.

The negative aspect to a Gift of 3 is that their tongue can be harsh and quick. They may speak the truth disguised as humor so sharply that it takes your breath away. In the negative, a Gift of 3 can be a person who is forcing the positive and not backing it up by really feeling it inside. In this case they may have put on a façade and is not being their authentic self in that moment.

Jobs for a Gift of 3 in past lives were as an office manager or supervisor who everyone loved and appreciated. They were helpful in any job situation because they were easy to deal with and they loved to feel supportive of others. They are the person at work who always had a smile and brought things for others. Also, this type of person was great in sales as they were naturally disarming and friendly.

Gift Number 4 Gift of Neutral Mind

A Gift Number 4 means these people have learned Buddha consciousness in past lifetimes. They are good at harmonizing others and circumstances. These people made excellent mediators, diplomats, counselors, social workers and psychologists.

They are good listeners and understand how the mind works. They want to help others to achieve a sense of inner peace by their presence and gifts. They are great at negotiation and business. They always see both sides of the problem. The challenge of this number in this position is that they often feel like they can never get away from others’ problems. They are very sensitive to negative energy coming toward them and prefer to keep a quiet personal life. They are quite brilliant in understanding the rhythms of human emotions. Because of this, they are able to show both sides of their personality. They are perceived as strong and indomitable. They are experts at negotiating and their cunning usually gets them exactly the outcome they want. They seem to have a quiet inner strength that others want to emulate. They want harmony at all costs. They stress if someone tries to invalidate their perspective or position. Great chaos throws them off to the point that they will feel as if they are having a nervous breakdown.

In the negative, they can manipulate the situation in order to get exactly what they want. This type of person can turn others’ words around and twist them to mean something that they were not intended to be. They try to negotiate relationships into winning and losing.

Jobs that indicate a Gift of 4 in past lives are; law, negotiation, diplomacy, healing, or jobs that require good listening skills, great communication, or an objective and balanced mind.

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Gift Number 5 Gift of Physical Body

People with a Gift of 5 have been healers and teachers for generations and have the ability to draw us into the physical world. They have been the people who love the physical aspects of life and see life as a great game and challenge. They can be passionate and tempestuous, wild and loud. Others know when they enter the space.

These people love to be part of the earth and they are good at knowing how to make things manifest in the physical realm. They are often seduced by physical and sexual energy. They are very grounded and stable people who love the sensuousness of life. They are great with handling life's circumstances. They love food and the arts of pleasure. They love secrets and can be very private. They are the survivors. They are firm in their beliefs and unwavering in their perceptions. They are extremely sensitive but appear to be strong and capable.

In the negative, they can believe they have all the answers. They can be stubborn, rigid, and unbending. If they feel threatened they can react by needing to be right at all costs. They can argue and be unwilling to relent to anyone's opinion.

Jobs from past lives were; healer, teacher, doctor, nurse, and midwife. These people chose to do jobs that were instructional and helpful to others. By needing to teach, they learned and understood more. They approached their jobs in practical, stable, and realistic fashions. They prided themselves on being consistent and reliable. They believed they made a difference.

Gift Number 6 Gift of Purity

People with a Gift of 6 have many lifetimes of spiritual and/or religious work. Their goal was inner perfection and spiritual enlightenment. When they are afraid or feeling threatened, they can be quite rigid and dogmatic. When they shut down it can take time and great effort for them to feel safe again.

Their challenge is to be more forgiving of others and themselves. They are cultivating tolerance. So often these people are living a life without structure for the first time. As a result they often need alone time and can retreat when stressed or they can be like a bird that just got let out of a cage and go wild for moments.

Deep inside they want to know how to let go and get out of control. They have been so conservative in other lives that they are trying to open and take risks and feel safe. They want to be accepted and other people's opinions matter to them on a deep level. Often, they show us the high reflection of what we want to become.

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In the negative, these people want to transcend emotions rather than feel them. They want to open up, yet feel trapped by their belief systems and internal moral values. They learned to get to higher planes of consciousness by abstaining but they may have lost their own boundaries along the way. They can be the rescuers of humanity, but forget to take care of themselves or make themselves a priority. They can be too self-sacrificing and wear themselves out.

Jobs in past lives were; monk, nun, priest, or a very religious person. They wanted to be worthy of God's love and acceptance. They were very service-oriented and supportive of those in need.

Gift Number 7 Gift of Strategy

People with a Gift of 7 have been the captains their own ships. They were the leaders in their field. They have been good strategists and commanders who made decisions and expected others to respond immediately. Their personal presence was quite strong. They were masters of rhythm and flow. They structured things well and held themselves to a high standard. They were often general types, having to make many decisions and create success. They were good at knowing how to put people together for work or play. Yet they were very devoted to their friends and family.

They have no tolerance for people who do not keep their word or follow through. They would never do that to another person. They have learned that integrity, impeccability, and honesty are the keys to getting things done. Not keeping your word is the height of rudeness to a Gift of 7.

In the negative, they want structure so much that they panic when it falls apart. Structure makes them feel safe and secure, so situations without rules are very stressful for them. They can be impatient of opposition and control too much around them. If you break the trust of a Gift of 7, it can take a lot to gain that trust back. They are often afraid of the deeper emotions that they feel so they need to know and understand before they move. Their mind is strong and will protect themselves at all costs. When they feel insecure or threatened, they will fall back into old patterns, whether those patterns work or not. When stressed they can make others feel that things have to be done their way.

Past life jobs were as a commander, strategist, architect, or designer.



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Gift Number 8 Gift of Pranic Body (Breath)

People with a Gift of 8 have done a lot of work looking for God within themselves. They stayed centered in a crisis. In fact, the bigger the challenge the better they seemed to like it. They pushed themselves way beyond the norm.

They all have strong dark sides to their personality because they have spent so much time self-reflecting that they know their weaknesses and inner shadow. This can be sensed by the seriousness in which they move through the world. They have their own definition of God and it does not always match the social structure. They do not allow themselves to be pushed by others. They have their own way of staying centered. They do not like the crush of the crowd. They feel they will lose their center in such a situation. In parties you will often find them in a quiet place or room with a few people rather than the large group. They often need to go for walks or exercise to reclaim their balance. They were used to being alone and so the challenge for them is to learn how to deal with large groups. This type of person rarely wants to live in the big cities. They are drawn to mountains, space, and solitude.

The negative side to a Gift of 8 is that inside there is a dark, tragic side to their life and they may struggle with some inner demon of their own creation. They may not know how to let others in.

Jobs in past lives were; yogi on a mountaintop, loner, seeker, wanderer, independent artist, and non-religious spiritual person. These people have been sitting still attempting to go inward and talk to God. By learning stillness they have released a great deal of inner stress and sadness. They are accepting and understanding of other's pain.

Gift Number 9 Gift of Empathy

A Gift Number 9 means that they have been mystical, spiritual, artistic, and/or creative in many lifetimes. This is called the High Priestess position.

These people are extremely complex to know and understand. They use their intuition to understand life and its mysteries. They need to be around other deep and honest people. They get frustrated by shallowness. They don't relate to the normal people very well. They are often eccentric.

They are extremely good at their work and have struggled to attain a level of expertise. They are kind to people and are good listeners, but they still prefer a few very close friends rather than a large group. They are protective of those closest and are good at keeping secrets. They shouldn't watch the news or the nature programs as they are depressing to them. They are often environmentally conscious, and vegetarians, or health conscious.

The negative aspect to a Gift of 9 is when their emotions are out of control and they are depressed, miserable, or unhappy. They can become gloomy very quickly and then it is hard

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to pull them out of it. They can pull everyone into their personal problem and monopolize the situation with their drama. They can become attached to their inner pain and refuse to get help or make a change. They cannot understand those who will not speak out for injustice. They dislike complacency.

Jobs that indicate a Gift of 9 in past lives were; mystic, poet, artist, musician, writer, actor, and anyone who believed in creating beauty. These types of people are super sensitive and temperamental. They prefer to be around others like themselves to feel more normal and accepted.

Gift Number 10 Gift of Power and Authority

People with a Gift of 10 were leaders in past lives.

They could have been a little self-absorbed, as they are used to having their own way. They can be abrasive and challenging. They fight strongly for what they believe. They can go right through any opposition. They have been willing to make the tough decisions in past lives and it still shows. Physically and energetically they can be quite imposing. With a Gift of 10, “Resistance is Futile.”

They are driven to succeed. These people need their own business or to be the leader in some way. It is the only way for them to be happy. They are used to winning and challenges are normal for them. They are like a train. They may be tough to get going but once they are going they are impossible to stop.

In the negative, they can be reactive, loud, obnoxious, opinionated and challenging to deal with. They want to have the upper hand at all cost and use intimidation effectively on those around them. They don’t always have a sense of humor when it comes to business unless there are other numbers that positively aspect this situation. They refuse to change their circumstances even when there is a good argument showing to the contrary because they prefer to stick with what has been tried and true for them.

Jobs were; warrior, leader, king, general, employer, or anyone who wanted power, money, or prestige in past lives.

Gift Number 11 Gift of Freedom, Rebellion, and Transcendence

The Gift of 11 is a mastery number. This number is about expanded consciousness and awareness. This indicates a people who have been extremely flexible thinkers in many past lives. It means that they have been curious about many things and had a great willingness to try them all. That kind of expansive thinking shows a person who was unwilling to be held back by society’s repressive conditioning and patterns.

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The “eleven” is an idea person. They love to live in their ideas and dreams. This person values freedom above all things. This is a genius pattern, yet we know, with all genius is there is a fine line between genius and eccentricity. These people spend part of their lives feeling fragmented and also creating incredible magic. These people are often visionary’s and can see patterns far into the future. They want to see unity in the world where other people see separation. These people do not judge others based on their job, money, belief systems or ego. They can get along with anybody. They are gregarious, outgoing, witty, and interesting story tellers. They make us laugh and help us see the humor in our silly attachments. They have often tried many taboos like; drugs, sex, and wild parties. They dance on the edge between light and shadow.

They have danced with their own weaknesses and know themselves intimately. They are masters of illusion. They can be very good at deception if this energy is not allowed out properly. They can create such a good illusion that they believe their own lie. Sometimes you find chronic liars in this position. They are not afraid of the things most of us are afraid of. Often they have experienced many types of deaths.

They try to open up the possibilities for us to follow. They are the spiritual path makers. They are visionaries and want every one to work together for a common good.

They love big adventures and often speak more than one language. Life to them is about how many adventures you can have and still be standing. They have the gift of rebellion. They are going to do it their way no matter what. They don’t want to be contained and value freedom above all. They want freedom for everyone, not just themselves. If you tell them to not do something they will definitely do it. They refuse to have others define their existence. Around them we feel freer to do the things that seem risky.

They dislike rigid and moralistic people. They will walk away from anyone who claims to have all the answers. Inside they know that no one has all the answers.

In the negative, they can become drug addicted and wild for periods of time in their life. They can refuse to conform to society and go against the established norm. They need to be careful of all addictive behaviors. They can become attached to the alternate realities and forget to stay grounded and responsible. They can become so idealistic that they run away from society in search for their own group and reality. They can have learning disabilities such as ADD, ADHD, dyslexia, obsessive-compulsive disorder, or manic-depression.

The challenge of the “eleven” is that they often feel ungrounded unless they have a 5 or 10 in their numbers. They can feel flighty and unstable. They have a hard time making decisions as they have so many ideas in their mind. They can feel like they know a lot about many things but feel like the master of none.

These people have been great adventurers in past life times such as; pirates, bandits, freedom fighters, Vikings, raiders, drug dealers, robbers, and those who want to cheat people.

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PATH NUMBER

The Path Number is important because it is the pathway that drives you toward your Karma. If the Path Number is difficult then you must struggle on your Path to learn and complete your Karma. If the Path is easy, then you will have to struggle less to learn your Karma. In this case, the Path can actually assist you in dealing with the Karma. The Path Number indicates the way you see life, the way you impact life, and the way life occurs for you. The Path Number also shows the door to the Destiny Number.

This number is found by taking the two last numbers in the date (meaning the year), adding them together and then adding the first part of the year: such as the 19 in 1956. So, in our example, you have the date as 1956. You take the $5+6=11$, which is the Gift Number then you add the $1+9=10$ or 1 (from the 1956). Therefore you have $11+1=12$. Then you add the $1+2=3$. The Path Number is 3.

Note: Remember this is very different if someone is born after the year 2000. If someone is born in 2004 then the Gift Number is $0+4=4$. The Path Number is found by adding the Gift Number to the $2+0=2$ from the 2004. That makes this Path Number $2+4=6$. It works the same in reverse though you may rarely use this unless you are doing research on people who lived before 1900. So if someone was born in 1856, you take the Gift Number of 56. You take the $5+6=11$. The Gift Number is 11. Then take the 18 and add $1+8=9$, then $11+9=20$, and finally the $2+0=2$. The Path Number for someone born in 1856 is 2.

Natural Sequence of the Gift to Path Numbers

Note: Path Numbers are always joined to and reflect Gift Numbers. Path Numbers for those born in the 1900s follow the Gift Number by one digit. Path Numbers for those born in the 2000s follow the Gift Number by two digits.

Note: The Gift Number 0 and Path Number 9 will not be represented since it pertains to those born in the 1800s. The number patterns from the 1800's backward will not be placed in this section, as these sequences will not reappear for a long time. If you want to do a Numerology spread on people from before 1900, just remember to do the adding sequence correctly from the Gift Number to Path Number, reflected in the examples above.



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Gift of 1 and a Path of 2

Gift of Innocence/Path of Knowledge

When people have a Gift of Innocence and Humility being their authentic self is wonderful. Yet, now with the Path of Knowledge, it is time to learn about duality, discernment, conscious thought and the complexity of the mind. They may have a fear of losing their innocence in the process of searching for their own intellect. Learning to keep their hearts open and allow the innocence within their souls to be the guides and rudders along their journeys as they search for knowledge and information is important. Then the two will be in balance and harmony.

The lesson is to learn without judging others and to maintain their authentic selves.

Gift of 2 and a Path of 3

Gift of Knowledge/Path of Positive Mind

When people have a Gift of 2 their mind is sharp and astute from many lifetimes of questing for knowledge and wanting to know and understand. In the journey of acquiring knowledge, they have somehow lost the fun and playful spirit that is within. The Path of 3 asks them to retrieve this in this lifetime and learn how to role with the punches and learn how to laugh at their own seriousness and constant mental analysis.

In this lifetime, their Path is to integrate the information they have gathered into a positive mindset and do something with that knowledge that helps and supports others. They are learning how to have a sense of humor and to not take things so seriously.

Also the Path in this lifetime is to learn how to reframe the negative to the positive and to see that there is something positive to learn even in the mistakes. When they learn to allow the mistakes to be a natural part of life and do not judge themselves, then they open up to a whole new world of mental growth that has nothing to do with caring about their ego, being right, or worrying about what others think. This is the goal of this combination. Step out of needing to be right and allow the exploration of life to become magical and fun.

Gift of 3 and a Path of 4

Gift of Positive Mind/Path of Neutral Mind

The goal for the Path of 4 is to find balance even when life is crazy and out of control. When people have this pattern, they are often liked by others and yet they always seem to draw in those who are upset and in chaos.

Your Path is to find out how to create harmony and balance in this lifetime. Fortunately, the Gift of 3 gives them a positive attitude that they naturally carry. This optimistic outlook on life is of great assistance in this endeavor. In numerology, they say that if you are a baby soul and don't have a lot of life experience you are negative. As you evolve and get more life experience, you become positive. And when you step into the old soul position you eventually learn how to be neutral. This is the journey of this number pattern. To attempt to step into the old soul pattern of neutral mind.

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This path is to learn to find balance and harmonious communication with others. They will be required to work on their communication skills no matter what. They are being requested by the universe to let go of the old jester pattern and become the mediator to promote balance and understanding. Others will see them in a positive light yet they will have the effect of creating calm and support.

Gift of 4 and a Path of 5

Gift of Neutral Mind/Path of Physical Body

The Path of 5 is about being the Wounded-Healer-Teacher. Through their own pain and misery they have physically moved through the challenges and want to help others with what they have learned. This number combination often experiences that if they make a mistake they are harshly corrected by the universe. The Gift of Neutral Mind is an old soul position. These souls should know better and the universe will create a loud correction to make sure they don't go the wrong way, because they are affecting many others. Their Path is to stay balanced and make sure they are being responsible to those they influence. Accountability and practicality are important for this combination. They must learn how to take care of themselves by eating properly, exercising, and learning how to diffuse stress. This combination can have physical body challenges which include; weight problems, digestive problems, injuries, constant illnesses, and stress from taking on more than their fair share of work.

Gift of 5 and a Path of 6

Gift of Physical Body/Path of Purity

The people with a Path of 6 are attempting to reclaim some lost virtue or intimacy from another lifetime of struggle. The Gift of 5 indicates that these people had a passionate, physical, sensual side to them that may have been in control of them lifetime after lifetime. They are learning that the purity of the heart needs to be addressed before the body is allowed to jump into new circumstances. They are learning patience and how to trust others. It is probably best to tell a younger person with this number combination not to marry the first five to ten people they think they have fallen in love with. This combination usually is hinting that they made some poor choices in marriage in past lives that they will encounter again in this lifetime. The choices they make in this life are critical to how much joy and happiness they will find. If they allow themselves to override the purity of their spirit and permit others to manipulate them into a compromising situation they will create misery and the breakdown of relationships. They want commitment and honesty but they have a tendency to attract untrustworthy people. They need to learn that sometimes others do not operate with the same degree of integrity. Relationship is the path and the key to growth in this life and it is also where the challenges and hardships lie.

Gift of 6 and a Path of 7

Gift of Purity/Path of Boundaries and Strategies

The Gift of 6 indicates that these people have often been in monastic, religious situations from past lives. They prided themselves on service to others to the point of giving too much of themselves away. In this lifetime, the Path of 7 indicates that they are working on creating and maintaining their own personal values and boundaries without others imposing the

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rules upon them. The lesson is to know the appropriate boundary for each situation. There will be not one answer that works for everyone. They must learn that they need to think things through and plan a pathway for their life to follow. This life is not about rescuing others. It is about rescuing themselves. This combination means that they have allowed beliefs, dogma, and other opinions to weigh heavily upon their ability to choose and find clarity. This life is about breaking free of structure and being willing to make your own way, no matter what others think and no matter if it is wrong. It is about allowing the mind to explore and evolve beyond what they have been told to a new level of freedom and consciousness. Sometimes this pattern is highly resistant to any form of religion in this life. They are unwilling to allow others beliefs to control them. They are highly individualistic and often refuse to conform totally. They may try to look appropriate on the surface but if they explore very far they will know that they have quietly been testing the edges and breaking old rules in order to find what is true for them. Their lesson is to learn to say “No”. This is difficult for them because in past lives they wanted to do the right thing and be accepted by the larger group. When they learn to say “No” in a loving a positive manner they feel free to become truly themselves rather than what they think others want them to be.

Gift of 7 and a Path of 8

Gift of Strategies and Boundaries/Path of
Sadness and Loss

The mind of the Gift of 7 is so strong that sometimes the only way they learn is to learn through loss. The Path of 8 can indicate that these people have had a tremendous loss early in childhood that created the drive to know and be correct in their evaluation of situations. This creates challenges in relationships because they have often felt used by others because they are so highly capable of handling so much. This person is very bright but can be hiding deep suffering and pain. Sometimes this person will recreate a scenario over and over and not know why this situation keeps happening to them. The message is to let go and open to a knowing greater than themselves. When they learn how to trust and know that the universe is always taking care of them, then their life becomes an ever-changing kaleidoscope of magic and wonder. They then learn that nothing is set in stone and there are many different people they are supposed to meet in this lifetime. They are good in highly creative jobs that require structure, attention to detail, and managing high powered executives in creative and individualistic ways. They are good at creative design and graphic arts.

Gift of 8 and a Path of 9

Gift of Sadness and Loss/Path of
Empathy and Magic

The Path of 9 indicates that these people want to open up to the emotions and magic that has evaded them in other lifetimes. The Gift of 8 indicates that they learned great discipline and mental centering but they felt as if they wanted or missed something in the process. They have a wonderful center and now this is going to be tested by allowing in the chaotic emotional world. They are exploring the emotional realm and learning to trust their intuition and the feeling threads in life. They are sensitive and artistic by nature. They are more drawn to creative expression than money. They love to create beauty and are inspired by the subtleties in life all around them. They are drawn to magical things and the mystery of

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psychic phenomenon. They have natural psychic ability that they want to explore further. They often don't know why they know things, they just know. They get a gut instinct about things and are often accurate.

Gift of 9 and a Path of 10

Gift of Empathy and Magic/Path of Power
and Authority

A Gift of Empathy and Magic with a Path of Power and Authority causes an internal conflict between the creative drive of the Gift of 9 and the Path of 10s desire for power, money and influence. This means that in past lives, they were often in an artistic endeavor. In this lifetime, they want to make the money they feel they deserve. You will often see them in artistic fields where they are the boss and make the decisions. It is difficult for them to be the boss, but it is the easiest way to learn this particular pattern. Their Path is to show up and be seen, make the money and express their creative side. They are a wonderful boss as they are sensitive to those around them emotionally. They want everyone to win and care about their employees. Their job is to be bold and take a risk in this life and to find a way to express the power they hold within in a way that creates security and power. They are on a warrior's path. Yet, they are delicate inside so they need to take care of their health as life will be busy this time around.

Gift of 10 and a Path of 11

Gift of Power and Authority/Path of
Transcendence, Mastery, and Freedom

When people have a Gift of 10 and a Path of 11, they are challenged to let go of the old power construct within that makes them feel responsible for everyone and everything around them. In this lifetime they are trying to take off the yoke of responsibility and allow themselves to find core freedom and transformation. Yet, it is extremely difficult for them to let go of responsibility. They are afraid to let others down. This life's path is to learn how to have freedom and fun once again. They have become overly responsible for others and now is the time for them to realize that those other people have their own angels and guides helping them along the way. These people now need to find the wonder and magic of the child who sees everything but does not feel as if they have to fix everything. This is a great challenge. They are here to open to their inner visions and find a way to bring that awareness to earth. A Path of 11 is quite bright mentally and sees way beyond the normal perspective. They are here to assist the consciousness of mankind to reach a new level. Their job is to be the bridge between realities and open doors of awareness for others.

Gift of 10 and a Path of 2

Gift of Power and Authority/Path of Critical
Mind or Gift of Humility/Path of Critical Mind

When someone has a Gift of 10 and a Path of 2, this is different from the above pattern because when you totally add the year together the Path becomes a pure 20 or a 2. The example would be in the years 1973 and 1946. In each of these, when you add the Gift Number, they have a Gift of 10 or 1 and a Path of 20 or 2. What this causes is a shift in the dynamic of the numbers into their purest form and simplifies the numbers down to the lowest

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common denominator. The Gift of 10 becomes a Gift of 1, indicating that the person must have a humbling life and simplify to find their true power and skill. Instead of looking for past powerful perspectives and charging forward, they need to stop and get back to basics. They have to operate from a humble, open-hearted position and pattern. When they do, this helps the Path of 2 become less negative and more about seeking knowledge and information with which to understand the duality within them. They need to understand their own mental fragmentation and through looking at all aspects within themselves they cope and grow. Others will see them as powerful (the Gift of 10). But they often see themselves as a work in progress, seeking out perspectives and information to allow them to understand the internal chaos they feel. People with this pattern feel constantly challenged to explore the complexity within and find it difficult to move without the information needed to expand. The more information they have the safer they feel inside. Yet they never see themselves as powerful. Instead they follow a simple, tried and true sequence that allows them movement within their own mind.

Gift of 11 and a Path of 3

Gift of Rebellion and Freedom/Path of
Positive Mind

In this sequence it appears that there is a number jump from the Gift of 11 to the Path of 3. This is not the case as the numbers must be reduced below 11. In the example of the year 1956, the Gift Number is the $5 + 6 = 11$. Then to get the Path Number, you add the 19 from the year 1956 ($1 + 9 = 10$ or a 1.) Therefore the Gift Number is 11 and the Path Number is a 12. But the Path Number must be reduced below 11. When you add the $1 + 2 = 3$. The Path Number is 3.

When people have a Gift of 11 and a Path of 3, it indicates that they have rebelled in many past lifetimes and are now trying to reframe those experiences into a positive model that they can deal with in this lifetime. Because of past upsets and difficult deaths they can sometime feel as if they have a chip on their shoulder. They can rebel just for the sake of rebelling. They are attempting to let go of the wrong decisions and forgive themselves for making choices that caused them past life trauma and injury. They are highly intelligent and often have a genius IQ. They tend to push against the edge of social acceptance. They are attempting to heal the pain they have caused themselves from past lives and will have a tendency to repeat past trauma in order to remember. Their challenge is to take both their positive and negative behaviors and find a way for them to peacefully coexist. They contain brilliance and chaos all at the same time. They can be good salesmen and are often the person who gets a brilliant idea that others find a way to make into something. They generate ideas. However, their follow through is more difficult. It is often helpful for these people to surround themselves with others who are good at handling the details and follow through.

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Year 2000 Note: For those born in the 2000s, the pattern changes by two.

Gift of 0 and a Path of 2

Gift of All Possibilities/Path of Knowledge

It is rare to have someone with a Gift of 0; it only happens with the years ending in double 0s, such as 1700, 1800, 1900, 2000. These people come in to create anything that their souls can conceive. Often they are young souls time-wise (meaning that they have not been in physical form long), but bring specific new concepts and perspectives to the planet. It is as if they have been waiting for this moment in time to bring through information. They are brilliant (because of the Path of 2) but often see life from a different vantage point. These people come in to enlighten us.

Year 2001

Gift of 1 and a Path of 3

Gift of Humility and Innocence/Path of Positive Mind

These people have worked on humble service to humanity. They are working on learning how to reframe the negative to the positive and how to laugh and let go. This type of person is wonderful in jobs that help others find joy and wonder. They are eternally a child at heart.

Year 2002

Gift of 2 and a Path of 4

Gift of Knowledge/Path of Neutral Mind

These people want to bring their skill and knowledge to create balance and neutrality. They want to hear others' concerns and find how to come to a peaceful resolution. They explore all the avenues of communication and they love to learn and study. They are fascinated by how people communicate and what creates balance for others. This type of person is highly effective in work situations and others like and admire them.

Year 2003

Gift of 3 and a Path of 5

Gift of Positive Mind/Path of Physical Body

These people are jovial, fun, humorous, and highly physical. They love to wrestle with their children and be very involved parents. They usually see the positive in every situation. They are very good at handling emergencies and they can do that in a firm and authoritative way. They would make wonderful emergency service workers such as; firemen, police officers, nurses, doctors, or secret service person. They are grounded and able to get the job done and they have an easy disposition and personality.

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Year 2004

Gift of 4 and a Path of 6

Gift of Neutral Mind/Path of Purity

They are wonderful at creating balance and harmony in any environment. They are pure of heart and intent and they bless any space into which they come in contact. The challenge for them is in relationships. Often others see themselves as having to live up to impossible standards that these people naturally integrate.

2005

Gift of 5 and a Path of 7

Gift of Physical Body/Path of Boundaries
and Strategies

These people have been healers or teachers in past lives and now want to create structures that assist in the healing and transformation of the planet. They love being on earth and are good at making things happen in the physical plane. The universe uses them to ground dreams and manifest patterns.

Year 2006

Gift of 6 and a Path of 8

Gift of Purity/Path of Sadness and Loss

These people have been highly spiritual seekers in other lifetimes and now they want to let go of their sorrow and pain. They must deal with the pain they are holding inside, feel it, and then release it. Often they will learn through loss.

Year 2007

Gift of 7 and a Path of 9

Gift of Boundaries and Strategies/Path
of Empathy and Magic

They have been detailed thinkers in past lives who love to understand patterns and intellectually find their way through things. Their Path in this life is to open to the possibility of acquiring knowledge in a non-cognitive way. They are being asked to learn to go into the mystery of magic and intuition. Balance is critical. They must come to terms with both the analytical and emotional sides of their nature.

Year 2008

Gift of 8 and a Path of 10

Gift of Sadness and Loss/Path of
Power and Authority

When people have a Gift of Sadness and Loss and a Path of Power and Authority it creates great inner challenges in order to find movement. In past lives, they preferred to be alone on the mountaintop. Now they are being asked to step into positions of power and leadership. They have a tendency to hesitate and not take responsibility. They could create a business that was outdoors in nature so they could have the solitude and quiet as well as the power. They did not need to learn lessons related to money in other lifetimes and now it is imperative that they learn.

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Year 2009

Gift of 9 and a Path of 11

Gift of Empathy and Magic/Path of
Transcendence, Mastery, and Freedom

These people were magical, emotional, mystical, and artistic in many lifetimes. Now they are being asked to step onto the Path of Freedom. They attempt to use the emotional understanding of consciousness and find a way to propel them into a position of conscious clarity. They are a highly developed souls who attempt to move beyond the mundane levels of existence into a transformative position. They are here to use their creativity in order to motivate others. They have to be careful not to get caught in depression or addictive behaviors, as this will limit their effectiveness and delay the end goal.

Year 2010

Gift of 10 and a Path of 3

Gift of Power and Authority/Path of
Positive Mind

These people have been leaders and preferred to have positions of power and responsibility. They are direct and outspoken in their viewpoint and yet they have the ability to be funny and upbeat. Others will follow them because they enjoy their company. They have a tendency to get wild and out of control every once in a while, but they get the job done and people depend on them.

Year 2011

Gift of 11 and a Path of 4

Gift of Transcendence, Mastery, and
Freedom/Path of Neutral Mind

These people have a great ability to make a difference in the transformation of consciousness. In past lives, they wanted to break free from the rules and in this lifetime they want to express themselves in a neutral and balanced fashion. Others trust them. They are easy to deal with and yet their ideas are unusual and transformative. They are somewhat eccentric but they open others to the magic that is all around. They can stay calm in heated discussions and they work at understanding others and making situations work for everyone.

Year 2012

Gift of 3 and a Path of 5

Gift of Positive Mind/Path of Physical Body

These people have learned how to turn lemons into lemonade in past lives. They are happy and upbeat by nature and they possess a physical stamina that is amazing. Their weakness is that they are not as strong as they look. Their body is a delicate engine that needs rest and proper nutrition in order to maintain top efficiency. They are good at understanding deep healing principals as they have learned as they have grown. They make excellent healers with a wonderful bedside manner.

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Year 2013

Gift of 4 and a Path of 6

Gift of Neutral Mind/Path of Purity

These people are motivated to find balance and harmony through discussion and communication. They are pure of heart and intent and may miscalculate others' intentions as being pure as their own. They can get disillusioned by human coarseness and rigidity. They were expert negotiators in past lives and they are working on understanding intimacy and love in this life. They can be prone to divorces and breakups because they pick relationships that they need to rescue rather than relate to. They give their heart fully and are not willing to give up on promises. They are sincere and honest, loving and supportive.

Year 2014

Gift of 5 and a Path of 7

Gift of Physical Body/Path of Boundaries
and Strategies

They have been healers and teachers in many past lives and now they want to explore further the complexity of the mind. They seek to understand their own intelligence and personal desires. They are capable of creating new and wondrous things for the planet.

Year 2015

Gift of 6 and a Path of 8

Gift of Purity/Path of Sadness and Loss

These people were deeply spiritual and wanted to do things right in past lives. They preferred social and religious beliefs of the time and sought to have high spiritual goals. Now they must learn through loss and feel the pain in those moments. In this lifetime there will be upsets that force them to go deep into emotions and release the pent up sadness that has been locked up inside.

Note: This gives you an example as to how to proceed. You may calculate the numbers for yourself above 2015. Notice that the pattern keeps repeating as you continue. It is easy to refer back to a previous pattern. (Example the year 2085. This creates a Gift of 4 and a Path of 6 which is the same for 2004 and 2013.)

A large, light gray, stylized number '19' is centered on the page. The '1' is tall and narrow with a slight curve at the top. The '9' is large and rounded, with a thick stroke and a curved bottom.

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DESTINY NUMBER

The Destiny Number is associated with maturity. It shows where you want to be and the state of being that is total fulfillment for you. This shows how you will manifest your later years, retirement, and your death process. You can think of it as what you want your ultimate goal in life to be or how you want your retirement to look. You achieve your Destiny Number when you get past the age of 35. Some can achieve early destiny, but even then, it is still after the age of 30. Your Destiny Number teaches you how you handle the karma in your life. It is one of the most important numbers in the chart. It is the ruling force that describes what you must do in order to operate harmoniously with your environment and get the most out of your life.

This number is found by adding up all the numbers. In our example: 1-10-1956, you add the $1+1+0+1+9+5+6=23$, then $2+3=5$. The Destiny Number is 5.

The challenges of a Destiny Number can come in when there is an indication of potential health problems during the aging process or when couples who have different Destiny Numbers do not agree easily with each other. An example would be a Destiny of 11 who wants to travel and see the world and a Destiny of 6 who wants to stay rooted and have family around. These two may want different things in old age and that can create stress on the relationship.

Destiny Number 1

Positive Aspects

These people have an aging process that is humble and simple. They are kind and unpretentious. The Destiny of 1 can mean that they must admit that they don't understand the sequence of their life and they must surrender to a greater power. They must let go of control and allow spirit to help and lift them. If they don't break through, they can draw in great depression, drug addiction, alcoholism, and premature death. A Destiny of 1 can mean they are searching for the lesson of individuality. They are learning to stand alone, to think openly and freely. They must make their own decisions. They are graceful in the process of life and death. They can choose to move the Destiny of 1 to a position of a 10. This can make them more powerful as they age. If the 1 moves to a 10 then they are more outspoken and vibrant the older they get. They can also become strong-willed and dominating as the 10. As a 1/10 goes into the death process they can create dramatic health crises and refuse to go quietly and gently. They can stir unresolved family dynamics to the surface and those issues will need to be addressed in order for the family to heal.

Negative Aspects

These are people who feel humiliated by life and become more shy and withdrawn as they age. Destiny of 1s can fall into depression and, if not treated, can become suicidal. If they have not found power through simplicity, they can try to make a statement in death.

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Destiny Number 2

Positive Aspects

Depending on how this number adds up, it can be a two or an eleven. (I always try to empower the person to turn this into an eleven. It is much more uplifting and fun.) A true Destiny of 2 is created by the total birthday added together to become 20. Almost everything else is actually an eleven. But Destiny of 2s can become very negative and critical about the hand the universe has dealt them in this lifetime. Especially as they become older. They can have a very judgmental, opinionated, and narrow view of the world. The challenge for these people is to understand the world is not going to go their way and to open their minds instead of closing down and hiding from reality. Often these people can have great losses as they age, like losing a business or going bankrupt. If they don't learn to surrender and let go, they can become angry, demanding, elderly people. This is the Destiny Number of those who are learning to associate with others. They must cultivate patience, diligence, cooperation, observation, tact, loyalty, and the ability to follow the lead of others.

The positive aspects of a Destiny Number 2 actually are more like an 11. They have let go of the need to be right and allowed possibilities to create new dreams and visions for the future. They have turned past challenges into lessons that now assist them in overcoming present obstacles. They look at the future without gloom and doom and see it as a possibility for growth and change. To them life is about learning through their mistakes and then sharing those truths with others. They choose to lead the way with vision and truth. They are interesting to talk to philosophically as they have embodied their wisdom through hardship and experience. The most positive way to work with a Destiny of 2 is to be consistent with meditation and deep inner spiritual practices to overcome the potential negative and critical aspects of the Destiny of 2. Through personal growth experiences the negativity of the two transforms becoming a Destiny of 11.

Negative Aspects

If they are not careful they can have financial reversals and a critical attitude towards others. They can be difficult to stay with. They can be blaming and unforgiving if they are not willing to let go of past problems that have plagued their life. They can get caught in reliving the past because the present (in old age) is not pleasant. They must learn not to create conflict in their family and relationships. If they do then they will have difficult health problems as a way for the universe to teach them to see love and joy through hardship and difficulty.

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Destiny Number 3

Positive Aspects

The older these people grow, the happier and more joyous they become. They look back upon their life with humor and light. They are willing to do the entire life over again, problems and all. They feel financially solvent and are comfortable in what they have created. They often live in nice homes and love to share stories of their challenges and successes. They often live a long time. Three is the destiny of sociability. They are learning to cultivate self-expression, creativity, and social contacts.

They are warm-hearted, generous, fair, and trustworthy. They are secure financially as they age. They often die quietly in their sleep, as the work they needed to do was done throughout life. It does not need to be done in the death process. Their life is like a roller coaster they have had great wins and great losses. But they learned from their mistakes and ultimately succeeded.

Negative Aspects

If they have not learned the lesson of the Destiny of 3 then their life will be chaotic and out of control. They will force a smile and attempt to cover up the problems when they should be changing and trying new ways of being. They will feel caught up in a roller coaster life that runs them rather than a life they enjoy.

This is a very good Destiny Number to have in the category of money and personal power as they age. But because they have the money and power, they often end up with friends who betray them. They have great strains and pressure on them. They are outspoken and perfectionists. This can cause failures in love and relationships when they are younger, because their focus is on money and work. Some people judge them as being selfish and boastful. But actually this is not true.

Destiny Number 4

Positive Aspects

The Destiny of 4 is the destiny of discontentment. It means they are searching for perfect balance, neutrality, and inner peace. Needless to say the world is not neutral, so this can be a point of discontentment. They have to learn that peace is an internal state of well being, not external circumstances.

The four is the destiny of attainment through hard work. Their lesson is to find ways to create balance physically, emotionally, and spiritually in the aging process. Often they calm down when they get past the age of forty. These people want to create harmony and balance in the aging process.

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They will often act as a counselor/mediator for others. People will come to them asking for advice and they are fair and balanced in how they offer it. Their communication skills improve as they age and they avoid chaotic people and situations. They search for consciousness and inner clarity. They can live to be very old if they have come to terms with themselves and their life choices. Those with this Destiny Number must cultivate patience, dependability, and willing service.

Negative Aspects

They can be somewhat of a rescuer and feel as if they need to take care of others, and then forget to take care of themselves. They resist change and can get stuck in ruts that appear neutral only because they are familiar. They can not feel at peace and refuse to communicate their feelings with others.

Destiny Number 5

Positive Aspects

Five is the destiny of frequent change. This is a number with tremendous physical stamina and energy. People with this number must cultivate adaptability and learn responsibility and the proper use of energy. It is very important for them to eat right, exercise, and have regular checkups.

They can get rid of health risks by learning about their shadow self and to recognize what pain they have caused others. These people seem wonderful on the outside, but inside something has been eating at them. Usually the physical body will be their undoing, but the learning experience as they age can be transformative for their soul.

It often feels as if others can make mistakes but a Destiny of 5 cannot. This is because their energy has great consequence for others if they lead them wrong. They are required by the universe to keep true to the core truths of life. If they do, then things will be somewhat easier. But this destiny number never feels as if it is having an easy time. They work hard at staying healthy. They often exercise regularly and eat conscientiously. It is common to see them even in old age getting massage, acupuncture, and going to healers of all sorts. They can live to be old if they are conscious of their body and what it needs throughout their life. They are prone to genetic health problems. A Destiny of 5 can have tremendous physical health challenges to overcome as they age. Often they must radically change their diet and emotional behaviors in order to cope.

This destiny number indicates those whose destiny it is to be a Wounded/Healer/Teacher. This can be a challenge because the pathway to being a good healer with this number is by learning through their own problems and obstacles. They are going to go through many of their own symbolic and metaphorical “woundings” in order to transcend suffering and

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become a healer and teacher.

Negative Aspects

Destiny of 5s are prone to major health problems as they age. They can die of drug overdoses and addiction problems. Other negative aspects are weight problems and associated health risks. They can live a long time but they experience a slow decline in health the older they get. The genetic problems will tend to show up eventually as they age. The lesson is to learn to take responsibility for their health and to do what is necessary to maintain.

Destiny Number 6

Positive Aspects

Destiny of 6s must learn to adjust to inharmonious conditions; they must take on the burdens of others while maintaining their own values and ideals; they must learn to serve others cheerfully without withdrawing from society. Destiny of 6s have long lives and just keep going no matter what problems arise. Often these people will outlive their spouses. The older they get the more private they become. As they age they feel alone, even if they are not alone. They take a good long look at themselves and finally learn to accept and see the pure intent within. They are seen as purists in some way, whether it is as power purists or spiritual purists. They create a great impact and become more centered, pure of heart, and softer as they age. This does not mean that they don't have health problems but this means that they don't usually die from them. Destiny of 6s can have heart problems in their fifties, change their diet, then live to be ninety. They can get colon cancer, go through the treatments the doctors recommend and live to be ninety. It is important for them to know this and plan accordingly.

Negative Aspects

This position can cause a sense of abandonment and hopelessness. They feel more withdrawn from reality and move inward and back into the past glories of their life. They can become reclusive and disconnect from society. It is often hard to get them out of the house or take a vacation. They may feel abandoned and alone when they die.

Destiny Number 7

Positive Aspects

Destiny of 7s learn how to develop mental powers through study and meditation. They search for the deeper meaning of life and want to become an expert in the field they choose. Their destiny is to try to break the old molds. They assault our senses with their strong beliefs and can either open us or destroy our feelings of safety.

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Destiny of 7s need to watch out for rigidity in body, mind, and soul. They need to remember to stay flexible and open and not allow external restrictions to become internal restrictions. In the positive this position can create an aging process that is well thought out and planned. So even when they experience restriction they are content, safe, and happy because of the detail to which they have lined everything up.

Negative Aspects

Again discipline is critical to the well being of this person. They have to be careful not to zone out with drugs and ideas. If they do, they may lose control of their life in some way.

They may experience health problems that restrict movement as they age such as; Muscular Dystrophy, Multiple Sclerosis, and Parkinson's disease. Sometimes this translates as rigid beliefs in religion or moralistic perception. Destiny of 7s need to be careful not to create ultimatums for others as a way to keep control and power.

Destiny Number 8

Positive Aspects

These people want to return to the natural order of life. They want to own land and have space around them as they age. They seek quiet and solitude. They can become somewhat cloistered as they age. Ultimately they would rather be alone with their family.

Negative Aspects

In the negative, their aging process restricts breathing and joy. Often these people are prone to weakness in the lungs and respiratory system. The journey feels emotionally frightening and unresolved grief and loss finally emerge into their awareness. They are forced to deal with the pain that they have been avoiding. They can be frightened of being alone and want to stay young. As they age, they become harsher and more unhappy, which is visible on their face.

Destiny Number 9

Positive Aspects

Nine is the destiny of completion and emotional/mystical expression. The lesson is to serve others, spiritually and emotionally. They are learning to love mankind, abandon prejudices, and place others before themselves. They become more spiritual, mystical, and emotional the older they get. They strive for more inner solitude and compassion for others. They often start new creative projects as they get older. Writing is very helpful and they can become

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good at it with a little practice. That is because they understand the depth of emotion within human nature. These people become very interested in the occult and meditation. They want to know, why they know what they know and when they know it. Their spirit softens and they allow their emotions to be seen more. They are more sensitive to criticism and can be easily hurt and easily wounded. They do not like being embarrassed and so those in the family may notice that they do not want people to come to hospitals and see them in a weak position.

Negative Aspects

These people have a hard time changing their behavior as there are deep unresolved personal issues that are the basis for their emotional outbursts. They sometimes do not realize how difficult they are to deal with as the emotions they have stuffed inwardly now start to seep outward. They can become more depressed and out of balance as they age. They can be overly emotional and require a lot of extra energy and support. They can be prone to dementia or memory problems. They do not like external stresses as they have trouble thinking things through. They can blame others and be extremely negative and angry about the hand life dealt them.

Destiny Number 10

Positive Aspects

These people are larger than life. Others respect them and want to be around them. They have had great success and can sit back and enjoy the fruits of their labors as they age. They are always invited to social occasions and are the life of the party. They try to make a timeless impression in the world they are living. They take aging as a maturing process in their life. They are often better the older they get.

Note: If they are not successful as they age, they can become quite depressed, and that can cause the ten to revert back to a one. Meaning, that then, they can learn the lesson of humility. This can pull the person back down and cause great depression and premature death if they get stuck in the one.

Negative Aspects

These people often live a long time and can get demanding and opinionated as they age. They are often surprised by the power and influence they have, as inside they are deeply insecure and know their own problems and mistakes. If the person is not successful as they age, they can become quite depressed, and that can cause the ten to revert back to a one. Meaning, that then, they can be learning the lesson of humility. This can pull the person back down and cause great depression and premature death if they get stuck in the one. If Destiny of 10s are drug addicted, alcoholics, or depressed, they can be prone to suicide and violent deaths.

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Destiny Number 11

Positive Aspects

The Destiny of 11 is called a Mastery Destiny. This sounds wonderful to have and it is magnificent when it is utilized properly. The challenge is that it is a tremendous amount of energy with which to deal and this energy is constantly changing its mind and perspective. Learning how to ground this huge expanded life force is important for anyone who has it. They are somewhat like a Raku pot. Raku pottery is a form of Japanese pottery that has a fractured glaze. This glaze reflects the light in beautiful patterns but is delicate and breakable, much like Destiny of Eleven people. They are like something you put on the table as a centerpiece and marvel at its beauty. They are glorious and delicate all at the same time. They can have challenges in addictive behaviors such as: drinking, drugs, escapism, and avoidance. Yet, when they are 'on', they are unique and unforgettable. The light that shines from within them is noticeable to everyone. This person is a contradiction in terms. They are bright and amazing to speak with; they can give the most memorable performance; and they can inspire you to greatness. But they are often pulled under by their manic behavior and need for constant movement and change. They will have moments of extreme clarity but in the next moment they can get lost and have trouble finding their way back to reality. Grounding is essential for effective movement of this energy; even the highest form of Eleven will have had great challenges and somehow managed to pull all those experiences into wisdom and clarity. The high Eleven will be interesting to speak with philosophically and will be taking higher principals into their day-to-day life. The Destiny of 11 loves to travel and see the world as they age. They become more adventurous and playful if they find the way to balance all this powerful energy.

This eleven can turn into a Destiny of 2. Often you will see people with the eleven do aspects of the eleven and when they are having a bad day revert to the two. They can be cranky and difficult to deal with. The eleven is a mastery number and it is important to support them in going for their dream. If they don't get there they will have to do the whole life over again. They must find the vision and go for it. Eleven is the destiny of inspiration. This number has a great deal of tension and power. If the person does not cope well with the 11, it becomes a 2. Ideally they must explore mysticism, trust their intuition and inner vision, have faith, live humbly in the limelight, and inspire others.

Negative Aspects

The Destiny of 11 when it is pulled into a negative position can be like Edgar Allen Poe with his deep dark addiction and miserable death process. If the manic behavior of the 11 is not put in check then they fall deeper and deeper into illusion as they are unable to cope with the reality in which they find themselves. This type of 11 has actually moved into the 2 and has become the negative mind where life seems hopeless and miserable.

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How to determine when the Destiny Number is a “Two” or an “Eleven”

When someone is coming to you for a reading and they are younger in age, attempt to empower the person to move into the vibration of an 11 rather than a 2. Explain the difference and show them the pitfalls of falling into the negativity of the 2. This gives them the option to choose and grow through their life and work on uplifting the criticism of the mind to the elevated position of transcendence.

If they are older, it is often easy to distinguish whether they are in the pattern of the 11 or the 2. If their conversation is negative and complaining they have fallen into the 2. When this happens it is challenging to move older people who are stuck in their ways to the higher vibration of the 11. It is not impossible but they must choose to move into some form of meditation that gives them clarity and awareness of how they have created this reality. They must learn to be responsible and move consciously and consistently out of the negative mind and into no-mind. You may see some “Two/Elevens” who believe that they are positive, yet they are in a very negative inner state of denial. This is a challenge because often they are trying to move into positive mind but something inside them is blocking, sabotaging, and pulling them under. Sometimes you see “Two/Elevens” who have lost everything financially and make a huge adjustment and get back to a simpler way of being and finding happiness in not needing to strive after money and glory. Others will be living in a fantasy believing they are going to win the Publishers Clearing House Sweepstakes or the lottery. They keep putting good money after bad and cannot seem to get out of the hole.

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DOUBLES

Karma Number Same As Path Number

When the Karma Number is the same as the Path Number this means that these people have done something to trap themselves to learn their karmic lesson. Every where they turn on their path, they get the karmic lesson immediately in front of them. They cannot escape the Karma of this lifetime until it is complete. Usually, only old souls do this to themselves, as they like a challenge and they trust themselves enough to find their way out of the karma. If they learn these lessons well the Karma Number and Path Number can cancel each other out.

Karma Number Same As Destiny Number

When the Karma Number is the same as the Destiny Number it means that it is their destiny to complete the karma in this lifetime. Often, it means the karma will not be completed until the later part of the life, past the age of 45. If they complete this karmic lesson then they move beyond the struggle of this life and have an opportunity to create their own destiny.

Karma Number Same As Gift Number

When the Karma Number is the same as the Gift Number it means they have done this pattern well and are trying to improve on a good thing. Sometimes it means the universe is asking for their skill and expertise to assist others in breaking through this issue. They may have to take what they do well and learn to adapt it to this time period. It can also mean that they have done this lesson well for others but they have not learned how to do it for themselves.

Soul Number Same As Gift Number

When the Soul Number is the same as the Gift Number it means that what their gift has been in other lifetimes, they also did in their last lifetime. That means that they like to have consistency from one lifetime to another. This gives exceptional skill and expertise in the area that applies.

Soul Number Same As Destiny Number

When the Soul Number is the same as the Destiny Number it means what they did well in their last lifetime, they will do again in this lifetime as they age. They will reclaim the power and awareness from their last lifetime if they continue to move through the karmic lessons of this life.

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Soul Number Same As Karma Number

When the Soul Number is the same as the Karma Number it means that the person was working on this karma in the last lifetime, but for some reason they did not feel complete with this pattern. Often, they acquired this lesson by helping others and now need to do it for themselves. They know how to do the karma otherwise they would not have it in the Soul Number. Sometimes this means they are perfectionists.

Soul Number same as Path Number

When the Soul Number is the same as the Path Number it means the path of this lifetime will repeat some of the patterns learned in the last lifetime. They will find skills they forgot they had that will be helpful. As they explore the nuances of this path they will remember more than they are learning.

Gift Number Same As Destiny Number

When the Gift Number is the same as the Destiny Number it means that as they age, they will be able to retrieve their greatest gifts from past lives, if they complete the karma in this lifetime.



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MULTIPLES ABOVE 2 IN THE NUMEROLOGY SPREAD

Multiples of numbers exaggerate the energy of the number being duplicated. In certain numbers this can be quite dramatic.

Examples of more than two numbers out of the five in the pattern.

1	1-1-1901	2	2-2-2002	3	3-12-1921	4	5-22-1921
	Soul-1		Soul-2		Soul-3		Soul-4
	Karma-1		Karma-2		Karma-3		Karma-5
	Gift-1		Gift-2		Gift-3		Gift-3
	Path-2		Path-4		Path-4		Path-4
	Destiny-4		Destiny-8		Destiny-10		Destiny-4

Multiples of 1 This shows the Gift of Humility had been their experience in their last lifetime (Soul Number of 1). Now, in this life they are being asked again to be the voice of authentic heart, vulnerability, and humility. They will naturally do this well, as this has been the theme for many lives. It will be easy for them to do and they can have a calming effect on others because they are genuine and trustworthy.

Multiples of 1 want to find their authentic self and get back to the more simple way of being.

Multiples of 2 This shows the Gift of Knowledge had been their experience in their last lifetime (Soul Number of 2). Now, in this life they are being asked again to be the voice of intellect, knowledge, and mental discernment. They will naturally do this well, as this has been the theme for many lives. It will be easy for them to do and they love to explore the avenues of the mind and knowledge. This type of person would make an excellent scientist or advanced researcher.

Multiples of 2 want to understand their own mind and conscious awareness. They choose to seek and find knowledge in all forms. They can be overanalytical and criticizing of others.

Multiples of 3 This shows the Gift of Positive Mind has served them well in many lifetimes, including the last one. They are now seeking to be as positive to themselves as they are to others. They have worked very hard at doing the right thing and being the person everyone can count on. Now they need to let go of perfectionism and see themselves as perfect and whole. They need to learn how to let go and have fun.

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Multiples of 3 want to be perceived by others as upbeat and positive. They want to express the beauty and uplifting aspects of life. Others see them as wanting to do what is right.

In the example of the 4s, they are attempting to remind themselves of the abilities from the last lifetime of neutral mind and bring those skills onto this life's path. It is this person's destiny to reclaim the skills from the last life and bring new awareness and insights into them. They must stay grounded along that path because the Karma of 5 requires that they stay responsible and find a way to become a healer or teacher of neutral mind. They have a Gift of Positive Mind and so they are well able to adapt to changing circumstances and keep a positive attitude.

Multiples of 4 want to create and experience harmony and balance. They want to communicate in a neutral way that promotes conversation and healing.

Multiples of 5 often are challenged by physical problems of varying sorts. Multiple 5s can also be prone to ADD and ADHD as they have so much physical life force within them that they can be challenged to know what to do with it. In the best-case scenario, a multiple 5 can become a great athlete, healer, and doctor when knowing how to control the brain and have it work in a focused way with the body.

Multiples of 6 move their energy from a position of spiritual purity and heart. Multiple 6s can have challenges in relationships as they are more the spiritual seeker than the physical, sexual being. They can be drawn into relationships in which they feel the need to help and rescue. This creates imbalance and can lead to divorces and separation. They are wonderfully sensitive people who love and accept others yet they can have a hard time finding true love when they are younger. They tend to give more than they receive.

Multiples of 7 are drawn to find patterns and strategies that work for themselves and the world in which they live. Sevens have problems breaking out of old patterns that have served them in the past but might need to change. Sevens can be seen as needing to have everything their way. They appear to others to be controlling but in reality they see themselves as people who keep everything going forward in a steady motion. Others think they are rigid but they see themselves as doing the jobs that others are unwilling to do.

Multiples of 8 are drawn to inner contemplation at times to the point that others see them as withdrawn, depressed, or sad. They need alone time to cope with reality and will often go into nature to find balance and solace. The multiple of 8 can be a wonderful at meditation and want to help others seek inwardly. Their challenges seem more inwardly based than outwardly focused.

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Multiples of 9 are the extremely sensitive artists, psychics, and mystics. They often have trouble dealing with the density of humanity and the chaos of normal life. They are found in groups that understand them and in which they can feel safe. They are drawn to other sensitive beings who want to live in the world of magic, emotion, and mysticism. If not in balance they can battle depression throughout their lives.

Multiples of 10 are the powerhouses of the planet. These are the warriors that love a challenge and want to create fame, money, and power. They are very dynamic and have so much energy that others have trouble keeping up with them. They are the people who build their own company from the ground floor up. They do not believe anything is impossible.

Multiples of 11 are the wandering seekers of the planet. They have a vision for their life and will follow that vision no matter where it leads them. They love travel and change. They can join the Peace Corps and want to do things that serve humanity. They are idealistic and can live in a world of their own creation. Yet, they can bring new ideas into being that are new and different.



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MIXES AND PATTERNS OF NUMBERS

Double 11 and single or double 3

3-11-1911	
Soul	11
Karma	3
Gift	11
Path	3
Destiny	8

This indicates those people who have the potential to be highly deceptive with themselves and others. They can be obsessive-compulsive, manic-depressive, ADD, or ADHD. Their brain can get caught up in chaotic thinking and dreaming. They do not possess good grounding mechanisms. These people can be highly secretive and they can make others believe their lies. The reason is that they believe them also. They prefer to live in a slightly altered reality. That is why they are prone to addictive tendencies. They often do not feel as if they belong in this reality and seek out ways to find comfort in the density of life by numbing themselves to the reality they find themselves in.

In the highest sense this type of person can become an advanced spiritual seeker. They can find fulfillment in learning meditative practices to see beyond this reality and thus find inner satisfaction. They can use the obsessive tendencies to have grand adventures and travel to exotic places.

Grounding Numbers

10-10-1928		5-23-1932	
Soul	10	Soul	5
Karma	10	Karma	5
Gift	10	Gift	5
Path	11	Path	6
Destiny	4	Destiny	7

10 and 5 are wonderful grounding numbers. The 5s are earth energy and naturally grounding. They understand how to make things work on the planet. They are the souls that implement plans into action. The 10s are grounding because they are the movers and shakers of the world. They get things done and manifested on this planet. They are into power and responsibility and so they naturally stabilize any numbers with which they are associated. Multiple fives can become exceptionally stubborn. Multiple tens can become so focused on power, work, and money that they don't really care about much else. But they get a tremendous amount of work done and are highly successful.

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Creative Numbers

9-6-1956		11-11-1974		6-24-1983	
Soul	6	Soul	11	Soul	6
Karma	9	Karma	11	Karma	6
Gift	11	Gift	11	Gift	11
Path	3	Path	3	Path	3
Destiny	9	Destiny	7	Destiny	6

Six, nine, and eleven, are the most highly creative numbers. The 6s are highly creative because they are introspective, fascinated by the human condition, and desire to help and support others. They are helpful by being observant and creative in how they communicate with others. The 9s are artistic by nature. They are emotional, volatile, temperamental, and sensitive to color, shapes, and textures. Eleven is the Leonardo da Vinci number. Those with this genius number tend to think outside the box of reality. They are visionaries who integrate patterns together to make new ones.

Communication Numbers

4-29-1922		4-13-1992	
Soul	11	Soul	4
Karma	4	Karma	4
Gift	4	Gift	11
Path	5	Path	3
Destiny	11	Destiny	11

The 4 and 11 are the high communication numbers. Fours want to create harmony and balance and to do that requires a good working understanding. They want to help others achieve balance. Fours are often in fields of social work, psychotherapy, psychiatry, teachers, and writers. Elevens want to communicate their high ideals and perceptions to others. They want to uplift and inspire those with whom they come into contact. Elevens are fascinating to talk to as they love new information and are interested in what others have learned or know. Elevens make wonderful philosophers, computer programmers, scientists, researchers, and facilitators.

Fours and Elevens together make an expert in the ways of communication and verbal skills. When you have these two numbers together it can create amazing writers, lecturers, journalists, and politicians.

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OLD SOUL PATTERN IN NUMEROLOGY

Certain numbers are markers to assist the reader in knowing the age of a soul and where they are along the evolutionary process. However, know that just because a soul is old doesn't necessarily mean that the soul is more advanced. Some old souls have gotten caught up in the negative patterns of other lifetimes and may have gotten stuck. This causes them to loop over and over again in patterns that are not serving them.

The numbers that indicate an old soul are: 4, 9, 10, and 11. These numbers can show up in any of the positions; Soul Number, Karma Number, Gift Number, Path Number, or Destiny Number.

Four is an old Soul Number because neutral mind (Buddha consciousness) is a high level game no matter where this number shows up. Communication, balance, fairness, and acceptance of others is a natural pattern for older souls.

Nine is an old Soul Number because artists and intuitive people are often searching for the magical and intangible aspects of life and consciousness. Art is often inspired by spiritual visions and the desire to create beauty and light for humanity. Younger souls do not see the value of art as those souls are often caught in survival mode in their lives. Older souls notice and appreciate the subtleties of reality and explore emotions as a doorway to the higher realms.

Ten is an old Soul Number because the games of power and authority (the Number 10) generate money and political strength. Anyone who embarks on understanding the dance of power has evolved far enough to know that in order to create money, power, and influence you must have moved through some of the issues that emotionally and mentally block forward progression.

Eleven is an old Soul Number because transcendence, mastery, and freedom are levels where a soul must choose to go. They are an independent choice that allows the evolution of all souls along their own journey. This number wants to promote change and inspire social issues to be addressed.

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YEAR NUMBERS

This gives you a perspective of the lessons you will need to address for the year that begins at your birthday to the following birthday. Simply replace the birth year with the present year.

Example: The Birth date is 1-10-56

If the present year is 2005. Remove the year from the date (1956) and replace it with the present year (2005) and add all the numbers together as you would the Destiny Number.

$$1 + 10 + 2005 = 9$$

This person is in a 9 year.

Year Number One or Ten

There is a radical change with an opportunity to step into power and potential. A ten/one pattern causes many changes and upheavals. The person can; get a divorce, get married, have a new job, quit a old job, buy a house, move, have a great adventure, have a spiritual awakening, start their own business, finally have the business take off, revamp and restructure something, have a baby, or make money in the stock market. Often a 1/10 pattern will have more than one of these things happen all the same year. When someone is in a 1/10 year, it is a good time to be bold, take a risk, and try something new. The momentum is with this time period and it is like surfing a great wave. When the wave appears they have to go for it otherwise they may not get another chance.

Lesson: Take a risk, make a change, and begin.

Year Number Two or Eleven

The Two/Eleven year indicates that life is in the expansion stage. The year before they started something new and now they have to keep growing and allow expansion beyond the original idea. It is like when a baby chicken pecks at the shell a little and then has to take a break, then it pecks some more, until it eventually is completely out of the shell. The 2/11 year can be quite tiring. Remember to rest when possible and realize that it make take the whole year for the expansion to happen. There is a caution to not let the energy move into the Two year as that causes criticism and negativity.

Lesson: Expand, contract, allow the process to unfold, remember to pace yourself.

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Year Number Three

Devil or Divine. There is much happening in a three year. In one minute everything is great and then the next minute everything is terrible. It is like riding a roller coaster. It is time to learn to have a sense of humor about your life and the drama you create in order to feel alive.

Lesson: Roll with the punches. See humor in the drama you create. Reframe negatives to positives.

Year Number Four

Harmony and Balance. Small wonder after a three year with all of its wild swings, that now it is time to balance life, work better, and be at peace. This is a great year to do yoga, exercise, and diet changes. Communicating needs to others is the key.

Lesson: Stay neutral and keep communications open. If it does not promote balance, don't do it.

Year Number Five

The five is a nesting, home, hearth, cuddling, cooking, children year. This is a year of health challenges and shifts in the physically grounding aspects in life. It is a year to take care of the physical self. Eating right is essential, sleeping enough, and learning how to handle stress. This can be a very busy year for work and there can be a lot of overtime and obstacles to overcome. If handled right, this can be an extremely productive year. This can indicate a new relationship where there is a sense of safety and hominess. This is a more problematic year for elderly people, as they can have some big health problems.

Lesson: Stay grounded, take care of your health, eat properly, and remember this is a busy year.

Year Number Six

There is a desire to go into the cave and become a hermit. It is a retreat and regroup phase of life. It is the beginning of an internal soul search that will last for four years. It is time to retreat. This is not the best year for new relationships because they want to go inward and reclaim themselves rather than merge with another. (This is the beginning of an internal soul search that will last for four years. During that time the personality reorganizes itself.) Meditation is good as well as journaling and sleeping in on the weekends. New relationships may not surface during this time.

Lesson: Take some time for your self. Go inward.

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Year Number Seven

This is a time to set some new boundaries with others at work and with family. However, whatever has stopped creating this goal is now going to come up again. Personal fears of the new or unknown will have to be faced. There is only choice and no choice. It is important for people to remember to breathe and tell themselves that the fear is not real.

Lesson: Create a plan and follow through no matter what the fears or internal blocks.

Year Number Eight

This is a year of loss. Sometimes that is the loss of a friend or family member, or even a pet. This is a time of grief, sorrow, sadness, depression, melancholy, disruption, discord, strife, and separation. Sometimes the grief is the awareness that they are going to need to change jobs soon and they don't know what to do. They might be afraid to go back to school or to change. Sometimes the sadness is just coming out for no particular reason. At this time they feel down and may need medication to get through this period. The Eight year forces introspection of their life and choices. Sometimes it is a shock. The Eight deepens and makes them look inside for the hidden treasure. If willing to face the truth, great success can happen.

Lesson: Work through the sadness and then let go. From despair can come movement and success.

Year Number Nine

This is a year of completion and letting go of the old self in order to find an expanding self-perspective. There is completion of the old patterns. The Nine year opens to new possibilities and frees them from the burden of carrying others' emotional baggage. As sadness is let go in the eight year, new skills become available. They are more open to the mystical and spiritual aspects in life. This may finalize a divorce, a new love, a new home, or a design of a new home. The Nine year is a good time to find committed relationships that are different from any previously.

Lesson: Be open and free for completion. Intuition opens up. Let go of the old you and allow yourself to find the expanding perspective of self.

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ADDICTION NUMBER COMBINATIONS

Number 11 to 3 combinations

Whenever 11s and 3s appear together in people's pattern it represents an obsessive tendency in some area of their life. This does not mean that they cannot be highly functioning but they will have a driving visionary dreamer side (11-Pluto) and an escapist, gregarious side (3-Neptune). Sometimes that combination creates chaos and the desire to live in an altered mental perspective. No matter what, they see the world differently than we do. They love to explore and go against the norm. They love risk and adventure as this makes them feel alive and in present time. They prefer the illusion over the reality and this can cause dependency on substances or experiences that create physical and emotional hardship.

Multiple 5s and 6s

These numbers fall into addiction patterns because the 5 is often focused on earth energy, passion, and sex which can occasionally manifest in the form of learning disabilities such as dyslexia, ADD, or ADHD. The 6 loves solitude and spiritual exploration and is working on relationships and understanding the nature of intimacy. Sixes have trouble letting others in and may try to find shortcuts through drugs or other addictions. The combination makes a person who is looking for sexual intimacy and yet is insecure inwardly. They need to learn to bond with others in ways that allow them to feel and receive love.



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WARNING OF EARLY DEATH NUMBERS

This does not mean it has to happen, it is a warning as to the challenges these people have as they age. Those who do not learn the lesson of the Destiny Number can pull themselves into an early death if they are unwilling to change.

The Number 5 as a Destiny Number

This number in this position is a warning that these people must be careful about their health as they age. Their health needs to be regularly addressed and appropriately supported. If they do they can live a very long time. However, addiction patterns can cause an early demise. Examples are as follows:

Andy Kaufman 1-17-1949

soul = 8
karma = 3
gift = 11
path = 3
destiny = 5

Death from drug overdose

Michael J. Fox 6-9-1961

soul = 9
karma = 6
gift = 7
path = 8
destiny = 5

Struggles with Parkinson's disease

Rudolf Nureyev 3-17-1938

soul = 8
karma = 3
gift = 11
path = 3
destiny = 5

Death from complications from HIV

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Number 10 or 1 as a Destiny Number

If people are not willing to step into their power and potential that the Number 10 gives them, then the energy can revert back into a Number 1. This can cause misfortune in the way of accidents and mishaps as they avoid the properties of their intrinsic lessons. This number can suddenly revert to an early death because they stand up for what they believe in, war, or an external struggle. The other numbers have to reflect a severe emotional problem to do this if the choice is suicide. Examples are as follows:

Jim Morrison 12-8-1943

soul =	8
karma =	3
gift =	7
path =	8
destiny =	10

Early death associated with drugs (3) and depression (8)

Daniel Boone 11-2-1734

soul =	2
karma =	11
gift =	7
path =	6
destiny =	10

Early death because of standing in his power fighting for what was right

Janis Joplin 1-19-1943

soul =	10
karma =	1
gift =	7
path =	8
destiny =	10

Died of a heroin overdose at 27

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INTERPRETATION OF FAMILY DYNAMICS AND RELATIONSHIPS THROUGH NUMEROLOGY

Looking at patterns between couples or families is often very insightful as to how they relate and how they deal with Karma and problems. It indicates why certain people come together and what they are attempting to learn from the relationship. Here is a graph to help you plan out the overlapping patterns in your family.

Name	Birth Date	Soul #	Karma #	Gift #	Path #	Destiny #

Note: Whenever a Karmic Number is overlapping with any number of another person, then that other person is a huge challenge to the one with the Karmic Number.

Person A’s Karmic Number overlapping with Person B’s Soul Number

When person A has a Karma Number that is the same as person B’s Soul Number it means that there is karma for person A to learn from person B. Person B learned this lesson in the last lifetime and is here to teach person A how to do it. It is important for person A to be willing to hear the feedback. This also means that person B is person A’s greatest karmic challenge.

Person A’s Karmic Number overlapping with Person B’s Karma Number

When person A has the same Karma Number as person B it means that they both have a tremendous amount of karma to work through in this life. They each are learning the same lesson and both may feel in the dark as to how to learn it. Often they will trigger each other into the pattern the karma wants them to learn. It is important for both of them to learn acceptance of each other’s journey and know that neither may have the whole answer. The

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best thing to do is to learn to share what has come up as lessons and learn how to communicate in ways that are informative and helpful.

Person A's Karmic Number overlapping with Person B's Gift Number

When one person has a Karmic Number that is the same as someone's Gift Number that means that there is karma between the two of them to work through. The person with the Gift Number is the teacher in the situation. This is not always easy. This means that the person with the Karmic Number is in relationship with their greatest karmic challenge. This other person challenges them over and over to learn and integrate the wisdom of this karma.

Person A's Karmic Number overlapping with Person B's Path Number

When person A's Karmic Number is the same as person B's Path Number it means that person B was supposed to meet person A along their path in this lifetime. It was somehow planned for them to connect and learn from each other's experiences. They both are learning the same thing but the issue is more imperative for the one with the Karmic Number. Person A must figure this out and person B is using this lesson to assist with their own Karmic lesson.

Person A's Karmic Number overlapping with Person B's Destiny Number

When person A's Karmic Number is the same as person B's Destiny Number it means that what person A has been learning throughout life is what person B is to learn as he gets past the age of 35. They can often be a lot of help to each other and will feel as if they have something in common. It is better if both meet each other when they are older so that person A will have had the opportunity to step beyond reaction of the karmic lesson and be calmer. Person A still has something to learn from person B and visa versa but often this is the more mellow position from which to learn karma. If they meet when they are younger person A can be highly reactive to the energy being put out by person B. This is because person B is supposed to be learning the same lesson and often is unaware that he is doing the same pattern.

Person A and Person B overlapping the same Destiny Number

When person A and person B have the same Destiny Numbers it is favorable for both if they are in a committed relationship as they get older. This means that both are in the same place and want the same things as they age. Home life is more comfortable if they are not dealing with negative Karmic Number positions with each other. Often there is more acceptance and understanding of each other's limitations.

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Person A and Person B overlapping the same Gift and Path Numbers

When two people have the same Gift and Path Numbers it means that they have in most lifetimes chosen to learn similar lessons and pattern. They come in to be together and they have often been family or very close in past lives. This applies to people who are coming into your life as people of importance. Not necessarily everybody. But if they come in and you feel compelled to check their numbers they are often connected from past lives. You are both here to walk the same Path in this life and are here to support and inspire each other. You are often close and can talk as you have similar interests and gifts.

Person A and Person B overlapping with the same Soul Number

When person A and person B have the same Soul Number it means that they were together in the last lifetime and they are choosing to come together to help and assist each other. Often you will see couples who were together in the last past life and are still working out a few bumps and problems karmically. There is a sense of familiarity and comfort with them.



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OVERLAPPING KARMIC NUMBER WITH ANY NUMBER OF ANOTHER PERSON

Note: This is from the perspective of the person with the karma.

Karmic Number of 1 overlapping another person

What this means is that the person with the Karma of 1 has felt humbled or humiliated by this other person at some time in the past and needs to be careful in the present relationship. The Karma of 1 person needs to remember to consistently be her authentic self, vulnerable, open, humble, and real.

Karmic Number of 2 overlapping another person

The person with the Karma of 2 should not allow the other person to treat him negatively. The person with the Karma of 2 needs to own his intellectual power, look at the details, and be acutely aware. The other person is going to test his ability to feel knowledgeable and correct. The Karma of 2 person can feel criticized or negated by the other person. He may never feel good enough. The lesson of the Karma of 2 is to learn how to have confidence and seek out the information that will support his growth and intellectual awareness.

Karmic Number of 3 overlapping another person

When someone has a Karma of 3 and the other person has a three in his numbers this challenges the Karma of 3 to find a way to stay positive and upbeat around this person. She can feel the need to be perfect all the time. This causes stress for the Karma of 3 as she is working on overcoming perfectionism already. The Karma of 3 person is in relationship with a person who has the ability to make her feel hopeless, unworthy, and as if she has to constantly overdo.

Karmic Number of 4 overlapping another person

When someone has a Karma of 4 and the other person has a 4 in her numbers it challenges the Karma of 4 to find a way to stay neutral and balanced. This is often a great challenge and the other person knows just how to press the buttons of the Karma of 4 and throw him out of center. Karma of 4s often have a difficult time communicating and there is a sense that they are each manipulating the other to find an advantage.

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Karmic Number of 5 overlapping another person

When someone has a Karma of 5 and the other person has a 5 in his numbers this causes the Karma of 5 to have difficulty staying grounded around the other. There can also be sexual chemistry and tension as the life force of each is pulling towards the other. They compete as to who is the best healer and teacher in the physical plane. They are both driven and the power of the other can thwart the energy of the Karma of 5. It is important for the Karma of 5 to learn to stand up to the other and find his own place.

Karmic Number of 6 overlapping another person

When the Karma of 6 overlaps with another person, the Karma of 6 feels inferior. The Karma of 6 is working on understanding intimate relationship and is already feeling challenged. The other person comes in and either helps the Karma of 6 by being supportive and communicative about her own troubles and experiences or she can undermine the Karma of 6 with her dogma and control. Karma of 6s needs to own up to the fact that they don't really know everything and learn how to accept feedback and not see it as criticism.

Karmic Number of 7 overlapping another person

When a Karma of 7 overlaps another 7 it can make the Karma of 7 feel strategically inferior and less intelligent. Their job is to learn how to be clear with their plan around the other and ask for help in redesigning the pattern so they learn as they go along. Karma of 7s need to learn to hold a boundary to the other who is very clear about what he wants and will continue to override the Karma of 7s boundaries until the Karma of 7 draws a line.

Karmic Number of 8 overlapping another person

When a Karmic Number of 8 overlaps another person it causes the Karma of 8 to be triggered into a past life trauma related to sadness and despair. Often the Karma of 8 watched the other die in another life and never got over it. They often fell into deep depression and despair and are holding the grief. So when the other person comes into the Karma of 8's life it can trigger deep emotional releases that can surprise the Karma of 8 and leave her feeling vulnerable and uncomfortable. This person comes into the Karma of 8's life to help her get over the trapped inner pain and sorrow. These relationships can be quite dramatic and emotional, but healing if they are allowed to progress in honesty and communicate the needs of the Karma of 8.

Karmic Number of 9 overlapping another person

When a person has a Karma of 9 overlapping another person this causes the Karma of 9 to go into deep emotional depression if they are not careful. In the positive, they can be highly intuitive of each other and have a deep emotional connection. This relationship can support the artistic expression of the Karma of 9 in developing if the Karma of 9 is ready to grow and explore the unconscious awareness within. In the negative, the person with the Karma

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of 9 can feel deeply wounded and triggered into emotional turmoil by the other.

Karmic Number of 10 overlapping another person

When a Karmic Number of 10 overlaps another person it causes the Karma of 10 to feel competitive. They can challenge each other and battle as to whose ideas are better and who is right. If they learn to work together they can be a driving force for change in any system. They need to learn what each does well so they each have a job description that makes them feel good. If this is an emotional partnership, then the Karma of 10 needs to remember that they are learning how to stand up to others and how to stand in their power. Sometimes they will do it well and other times they will not. The Karma of 10 needs to learn self-reliance and independence to be able to respect themselves and others in their life.

Karmic Number of 11 overlapping another person

When a Karmic Number of 11 overlaps another person, the Karma of 11 expands more into esoteric thinking. This can be very inspiring and the other person could end up being a mentor to the Karma of 11. This position is a challenge if the Karma of 11 is addicted to anything such as; drugs, alcohol, drama, or sex. The addiction can escalate out of control if both are doing it.



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OVERLAPPING NUMBERS THAT SUPPORT RELATIONSHIP

There are three numbers that when they cross over they are helpful in intimate relationships. Those numbers are the Number 4, 5, and 9. It is most helpful if the number overlapping is not in the karma position. This is because when it is a karmic overlap the person with that position is already challenged to learn this lesson and may not be as capable as the other. It still may be helpful especially if the person with the karma number remembers to stay aware to this lesson and work to maintain this pattern within the relationship. Within family relationships, mates, or work associates, these numbers allow communication (4), energy, vitality, and sexual energy (5), and empathy, psychic connection, and emotional understanding (9).

Number 4

The Number 4 is a wonderful number to overlap in relationships as it gives communication and desire for balance and harmony. This helps relationships and opens up the lines of communication to find doors and alternatives that serve both. They both want to create win/win and choose harmony over conflict every time. They do not like arguments and prefer to negotiate. When each person has a four they will try to give a little in order to keep the peace. Both will prefer to have the conversation first and make choices that work for the whole rather than the individual.

Number 5

The Number 5 energy gives sexual chemistry and passion to the relationship. The connection on an earthy level is advantageous to both and they can always connect through physical intimacy. Family and children are important and this helps them work together and stay grounded on the path of relationship. In the negative, the overlapping 5s can create such strong passions in each other that sometimes that fire can get out of control. Each person must recognize that they can be somewhat stubborn and intense when challenged. When they understand this then they can interrupt the behavior and use that passion in a positive way by coming back to the person's positive intention and step out of the reactive side of the passionate number five.

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Number 9

The Number 9 is advantageous to overlap in relationships because the 9s are intuitive with each other and deeply connected to the feelings of the partner. This creates a romance and emotional safety for both; and a deep understanding and acceptance of each other because you know where the other is hurting and usually want to help and support. The only problem is when both are deeply depressed and down. This can pull the relationship apart if they are not willing to get help from outside. They can expect the other to be everything for them. This can put undue pressure on the relationship. Both need to have outside connections with others to maintain a healthy balance in the relationship.

Examples of the Number 4 overlapping

2-4-1960		8-22-1958	
Soul	4	Soul	4
Karma	2	Karma	8
Gift	6	Gift	4
Path	7	Path	5
Destiny	4	Destiny	8

Examples of the Number 5 overlapping

3-5-1982		4-14-1977	
Soul	5	Soul	5
Karma	3	Karma	4
Gift	10	Gift	5
Path	11	Path	6
Destiny	10	Destiny	11

Examples of the Number 9 overlapping

6-9-1970		10-11-1972	
Soul	9	Soul	11
Karma	6	Karma	10
Gift	7	Gift	9
Path	8	Path	10
Destiny	5	Destiny	4

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

OVERLAPPING NUMBER PATTERNS THAT ARE DIFFICULT OR CHALLENGE THE RELATIONSHIP

The Number of 11 and the Number of 3 in combination with another person with a Number of 11 and the Number of 3.

When the numbers 11 and 3 appear in any combination within the Numerology spread this is an indication of people who can be Neptunian (from the number 3) and Plutonian (from the number 11). When both have this pattern it shows that both are somewhat obsessive and can get caught by their own perceptions and illusions. At first, this type of combination will feel very fun, exciting, and expansive. But there can be too much of a good thing. If neither have good grounding numbers such as a 5 or 10 to assist them in getting real, they can spin each other out of control.

When 11s and 3s appear in a relationship where they overlap, it is challenging because both people are visionary/dreamers. They both are highly intelligent and can have trouble staying grounded unless they have either a 5 or 10 in their numbers. Elevens and 3s will activate each other to become eccentric or obsessive. They can be enabling to each other in the process of drug addictions, alcohol, and obsessive behavior in any form. They can get out of touch with reality and they may have a wonderful time in the short run but in the long run they need to learn how to truly support each other without falling into the traps of illusion and delusion.

Example of 11s and 3s overlapping

11-3-1960		5-6-1956	
Soul	3	Soul	6
Karma	11	Karma	5
Gift	6	Gift	11
Path	7	Path	3
Destiny	3	Destiny	5

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The Number of 10 with another person with a Number of 10.

When each person has 10s in a relationship there is a challenge because they both want control and power. They both like to win and be right. This can cause arguments and frustration for both. They need to both have a job or place where they can be in charge and be the leader. So that when they come together they can have confidence and learn how to compromise with each other.

Example of 10's overlapping

10-10-1970		3-2-1973	
Soul	10	Soul	2
Karma	10	Karma	3
Gift	7	Gift	10
Path	8	Path	11
Destiny	11	Destiny	7



INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

THE DIFFERENCE BETWEEN A SOUL MATE AND A TWIN RAY IN NUMEROLOGY

When you are looking at patterns between couples the question often arises if the person is a Soul Mate or a Twin Ray. Here are the examples of the two differences numerically:

Soul Mate Pattern

Soul Mate Pattern: When one number overlaps.

Soul Mate Pattern		Soul Mate Pattern	
8/16/1960	12/26/1956	4/12/1938	5/10/1935
Soul 7	Soul 8	Soul 3	Soul 10
Karma 8	Karma 3	Karma 4	Karma 5
Gift 6	Gift 11	Gift 11	Gift 8
Path 7	Path 3	Path 3	Path 9
Destiny 4	Destiny 5	Destiny 10	Destiny 6

Definition of a Soul Mate

In Numerology, a Soul Mate is when one number is overlapping between the two sets of numbers. This causes one person to be the other's greatest challenge. It means that one person is one half of a circle and the other person is the other half of the circle and they overlap at one point. This one point is important because it is helpful in the communication between the two. A Soul Mate is the person who is here to teach what the other is not aware. Your Soul Mate's number pattern is opposite your numbers. It is as if one can see the other from an angle that which cannot be seen. Because of this, they are able to see your blind spots and the areas that you ignore in your consciousness. A Soul Mate comes in to help you grow and evolve. A Soul Mate challenges your beliefs and creates the opportunity for you to open to another perspective. Because this is so difficult, it is the job of a Soul Mate to do this, as you would not hear it from anyone else. Even when there is tremendous love it is often hard to hear the feedback from a Soul Mate. It is common for people to run away from their Soul Mate in order to avoid the difficult lesson that is present. It can take lifetimes for someone to finally open to the lessons from a Soul Mate and integrate them. This pattern can create a tremendous sexual pull and chemistry. Others will look at this couple and wonder why they are together because they are so different. They have different jobs, hobbies, and desires. Yet, somehow it works because of the curiosity it creates. They can spend a lifetime exploring each other. One is as fascinating to the other when each can learn to respect and allow the other person to have his/her own journey.

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Think of it as if each person wants to go to China. One wants to get on a boat in San Francisco and float to China. The other wants to get on a plane in New York and fly from New York to London and London to China. Each wants the same goal but how they get there is often what is in dispute.

It is as if they are back-to-back rather than facing forward towards each other. If someone is back-to-back sometimes the vantage point seems the same (one is looking at a forest and the other is also looking at a forest), but sometimes this is opposite (one is looking at the ocean and the other is looking at the mountains). When this happens this is how arguments begin. This type of relationship has to be built on mutual respect and honor that each person is on his/her own journey with his/her own lessons. Each can give an opinion but there are moments when the other will think that you are speaking a foreign language to them. So when you think that a Soul Mate has understood something you are saying remember that they think they understand it. The proof is if they are actually able to make your suggestion into an actual concrete change. This step is often more difficult and requires patience from each party. It is as if the suggestion is a blind spot for the other and even when they think they understand often they still have not quite understood. They are not doing this on purpose and this is what takes patience. Often the request is very difficult for the other to completely integrate. So it requires sometimes a lifetime to figure out. It is as if they can see you from an angle that you cannot see yourself and you can see them from an angle they cannot see themselves. But this relationship can be exciting, growth oriented, and dynamic. It is a lesson of surrender and acceptance of each other and the limitations each is working through.

A Soul Mate relationship has to be based on mutual respect.

In Numerology you will find that there are many people who can be your Soul Mate. The ones who fit are the ones with which you have the least karma. Soul Mates do not need to be the same sex as your sexual preference. Best friends can often be in this category, as well as family, and work associates.



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Twin Ray Pattern

Twin Ray Pattern: When most numbers overlap.

Twin Ray Pattern		Twin Ray Pattern	
9/8/1917	8/9/1918	9/24/1970	6/9/1961
Soul 8	Soul 9	Soul 6	Soul 9
Karma 9	Karma 8	Karma 9	Karma 6
Gift 8	Gift 9	Gift 7	Gift 7
Path 9	Path 10	Path 8	Path 8
Destiny 8	Destiny 9	Destiny 5	Destiny 5

Definition of a Twin Ray

A Twin Ray is someone whose numbers are more like yours than different. It is as if in the moment you both emerged from God as a separate individualized ego you both came out on the same wave band. Let's say hypothetically that one person came out on a blue band of light. Well, the other one came out also on blue but with one small dot of green. If you had to call it, you would both say that they were blue, just slightly different shades of blue. This is how to see a Twin Ray relationship. When most of the numbers overlap this is called 'meshed'. This can also cause them to get on each other's nerves because they are so alike that they can have similar issues that grate against each other. This type of relationship can also become a marriage and have long term potential but they are either very aware of the triggers the other gives them or they ignore the issues completely and see the other as perfect. Sometimes they do not let others into their world and this causes the children to feel left out of the personal relationship. The Twin Ray position is often the more comfortable one as each is really in relationship with a version of oneself and so this is an easier pattern to work with. This type of couple appears more alike than different. They can look like brother and sister. They can respond similarly. They can also get on each other's nerves because they are so alike that they can have similar issues that grate against each other. Think of it like this, one Twin Ray has an anger issue, the other Twin Ray also does but learned in childhood to suppress the issue and has spent a great deal of energy and ego priding themselves on not appearing angry. So when the one Twin Ray gets angry, it sets off the other. This is because they both have the same issue and the one not getting angry will become frustrated when the other one goes off because they feel internally it is not fair that they cannot get angry while the other one in their mind acts out the behavior they are working so hard on suppressing. So it is not that the one is also angry, but they are angry at some part internally. Often when people are asking for the Soul Mate, really mean that they are looking for the Twin Ray. It is important to ask them for their definition of a Soul Mate. Most people will say they are looking for the person with whom they are most comfortable. This is often the Twin Ray.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

QUESTIONS ABOUT OVERLAPPING PATTERNS

Is it a Soul Mate pattern if no numbers overlap?

Technically yes. The fact that they do not have an overlapping number can cause a great deal of tension in the relationship. It is not impossible to get through, but work must be done to understand each other's positions. Often the relationship eventually breaks up because they feel unheard, unappreciated, and neglected.

Is it a Twin Ray relationship if four out of five numbers are overlapping?

It is very close. In this type of relationship they will have a great deal in common and will get along well yet there will be aspects in which they will not see things the same.

What are the best patterns for marriage and long-term relationships?

The most consistent patterns are the Twin Ray and Soul Mate relationship. That does not mean that the others will not work but the numbers must be looked at and understood as to what each person brings to the relationship so that both feel appreciated.

Is it good if the Destiny Numbers in a relationship are the same?

Yes. Some Destiny Numbers want very different things in relationship as they age. An example would be a Destiny of 6 with a Destiny of 11. The 6 wants to stay home and do small projects and be somewhat hermit-like. The Destiny of 11 wants to travel the world and have adventures as they age. You can see that each is going in a very different direction. They can learn to work it out but each needs to understand the lessons of the other. The 6 knows that the 11 needs to get out of town occasionally and have an adventure. The 11 recognizes that this is not fun for the 6 and encourages him to stay at home and do his own thing.



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ASSOCIATION OF NUMBERS AND THE ALPHABET

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Convert the letters of your name into numerical values using the above grid.

Full Name _____

Driving Force in Life

Vowels in Name																			
Associated #s																			
Total (reduced if over 11) =																			
Driving Force =																			

Dream Number

Consonants in Name																			
Associated #s																			
Total (reduced if over 11) =																			
Dream =																			

True Self

Letters in Name																			
Associated #s																			
Total (reduced if over 11) =																			
Driving Force =																			

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

DRIVING FORCE IN YOUR LIFE

The driving force in your life is found by adding up all the vowels in your name. It describes the motive behind the decisions you make and the way you act. It is the number that creates action and movement. If the number is larger than 11 it must be reduced.

Example: John Cunningham

Vowels: O U I A,

Numbers to Vowels: 6+3+9+1

Total of Vowels: 10

Reduce the number (if it is above 11):

In this case John Cunningham's numbers are not above 11 so the number is 10.

The number that drives John Cunningham is 10

Name																				
Vowels in Name																				
Associated #s																				
Total (reduced if over 11) =																				
Driving Force =																				

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

One is the number of simplicity and honesty. These people pride themselves on being authentic and sincere. Family and home are important elements and the responsibilities of taking care of those they love are vital to their definition of self.

Two is the number of knowledge and desire to understand others and the world in which they live. Marriage is important and they attempt to understand duality and bring themselves into wholeness.

Three is the number of positive mind. They want to be seen as popular by others. They are driven to have many friends and they love to be surrounded by beautiful things.

Four is the number of neutral mind. They are driven to find and maintain balance in their life. They like things to be consistent and change less easily than others.

Five is the number of physical body. These people are driven by their passions and instincts. They are dynamic, sexual, sensual, and energetic. They want to have the freedom to explore their life as they choose. They are driven to try new things.

Six is the number of purity. They are driven to inspire others to grow and to stand up for what is right. They want to change the world.

Seven is the number of boundaries/strategies. These people are driven to have jobs that are mental rather than physical. They need solitude in order to create the strategies and patterns that serve others.

Eight is the number of sadness and loss. These people are driven to succeed in any way possible. Therefore, they will experience great losses up to the point of success. They are willing to take the risk even if that means losing a few times to become wealthy. They hold themselves to an impossibly high standard and feel as if they have not quite reached it. But they keep climbing higher and higher and attain amazing levels of awareness.

Nine is the number of empathy. These people are driven to explore art, music, beauty, subtlety, and creative processes. They are here to find the true creative expression of their soul.

Ten is the number of power. They are driven by ambition, power and the need to dominate. They are concerned with what others think and want to be the leader.

Eleven is the number of transcendence and mastery. These people are driven to step beyond the limited understanding of the human experience and find the limitlessness of the soul. They look for the deep inner wisdom that motivates and moves others. They are inspired to uplift humanity and move beyond social structures, religion and science.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

DREAM NUMBER

The Dream Number is there to show you what you desire to become. Often this is something that others see in us before we do. This is like the noun in a sentence. To get the Dream Number, add up all the consonants and reduce them if greater than the number 11.

Example: John Cunningham
Consonants: j, h, n, c, n, n, n, g, h, m
Numbers to Consonants: 1+8+5+3+5+5+5+7+8+4
Total of Consonants: 51
Reduce the number: $5+1=6$
(if it is above 11)
Dream Number for
John Cunningham is 6

Name

Consonants
in Name

Associated #s

Total (reduced if over 11) =

Dream Number =

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Ones dream of being an independent leader. They want to do something unique and special. They want to generate new ideas.

Twos dream of being surrounded by those who love them. They need the duality of life to give themselves meaning and purpose.

Threes dream of being attractive to others. They want to be appreciated and express their creative potential.

Fours dream of being harmonious and balanced. They see themselves as the mediators who solve problems.

Fives dream of having a life that is adventurous, experiencing everything possible, and feeling secure within themselves.

Sixs dream of having spiritual family, community, and others of like mind around them.

Sevens dream of having all the time in the world to research the things that interest them. Their ideal is one of peaceful research on many topics.

Eights dream of being powerful to hide their insecurity. They want to have expensive things around them and employees to help them create their dreams.

Nines dream of being artistic and doing things that help humanity. They want to relieve human suffering and give solid advice.

Tens dream of glory and power. They want to create memorable successes that others strive to recreate.

Elevens dream of being the bearers of new ideas and perspectives. They are visionaries of the future.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

TRUE SELF NUMBER

This shows who you truly came to be and where you best express your talents. This number describes how you interact in groups. To get the True Self Number add up all the vowels and consonants and then reduce the number when above eleven.

Example: John Cunningham

Letters in Name: j, o, h, n, c, u, n, n, i, n, g, h, a, m

Numbers to letters in name: $1+6+8+5+3+3+5+5+9+5+7+8+1+4$

Total of letters: 70

Reduce the number: $7+0=7$

(if it is above 11)

True Self Number for
John Cunningham is 7

Name																				
Letters in Name																				
Associated #s																				
Total (reduced if over 11) =																				
True Self Number =																				

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Number 1

They can depend upon themselves. They like autonomy and self-reliance. They prefer life to be simple and uncomplicated.

Number 2

They want to explore all the current and new technologies and systems. They love knowledge and the quest for information. They see both sides of every situation and are practical in their beliefs. They are realists.

Number 3

Optimists by nature, they prefer to see life through rose colored glasses. They like to be liked and are drawn to positive and inspired individuals.

Number 4

They are naturally balanced and love to have solid footing underneath them. They are the communicators who are here to bring harmony into conflict.

Number 5

They are earthy and choose to do things that heal others. They are inspired to teach in a grounded and practical way. They are passionate in how they interact with others.

Number 6

These people are pure of intent. They are inspired to help humanity. They are the spiritual seekers and connect us to our higher self.

Number 7

They are naturally organized and desire structure to find safety. They excel at finding the patterns that make each of us unique. They have integrity and impeccability. Others can see them as controlling but they are making the patterns for others to follow.

Number 8

These people are here to assist others in releasing inner pain and sorrow. They know the pathway because they have walked it themselves. In this way they can assist others to go on the same journey.

Number 9

They are here to be the artists and creative people of this planet. They are drawn to all forms of beauty and light. They sense subtlety and depth. They are the poets, actors, and writers who motivate us throughout life.

Number 10

These people are natural leaders. They climb the ladder of success and love to be challenged. No is not an option for them.

Number 11

They are masters of some realm of awareness. They are here to move humanity to its highest potential. They inspire freethinking and forward movement. How they do that is their challenge.

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

YouTube Numerology Videos:

Numerology with Suzanne Wagner Part 1

<https://www.youtube.com/watch?v=Bk-L4yIer5k>

Intro, history, archetypes

Numerology with Suzanne Wagner Part 2

<https://www.youtube.com/watch?v=PZEKCG8lIN0>

Getting to know the numbers 1 - 3

Numerology with Suzanne Wagner Part 3

<https://www.youtube.com/watch?v=1SnnInsK2JY>

Number 3 continued, 4, 5

Numerology with Suzanne Wagner Part 4

<https://www.youtube.com/watch?v=Nbv2QxSDn6I>

Number 5 continued, 6, 7, 8,

Numerology with Suzanne Wagner Part 5

<https://www.youtube.com/watch?v=llcqjzYgM1o>

8 continued, 9, 10

Numerology with Suzanne Wagner Part 6

<https://www.youtube.com/watch?v=-c-244OymOk>

10 continued, 11,

Numerology with Suzanne Wagner Part 7

https://www.youtube.com/watch?v=E_K2AD2ACXA

The formula, and the meaning of combinations

Numerology with Suzanne Wagner Part 8

<https://www.youtube.com/watch?v=yBRvBVcMplQ>

Example of the numbers and starting with the client

How numbers work together to build a picture

Numerology with Suzanne Wagner Part 9

<https://www.youtube.com/watch?v=YxS4lUry5CE>

Working through the numbers with a client

How numbers work together to build a picture

Being aware of your own thinking as you are doing things, using the guide of numerology to inform decisions and healing

Identifying challenges, talents, and the strengths you bring to this life to deal with the challenges.

Destiny number

Numerology with Suzanne Wagner Part 10

<https://www.youtube.com/watch?v=wFu7smyVnfQ>

Working through the example of the client's numbers

INTEGRAL NUMEROLOGY RESOURCE PORTFOLIO

Numerology with Suzanne Wagner Part 11

<https://www.youtube.com/watch?v=fxpJ2zO5Uz4>

Working with SOUL numbers 2 & 3, & 4

Numerology with Suzanne Wagner Part 12

<https://www.youtube.com/watch?v=HvlskVPwzw>

Continuing with SOUL number 4, & 5, & 6, & 7

Numerology with Suzanne Wagner Part 13

<https://www.youtube.com/watch?v=bcAFOMOT5oA>

Working with SOUL number 8, 9, 10, & 11

Working with the KARMA numbers, 1,

Combining astrology with the numerology to create meanings

Numerology with Suzanne Wagner Part 14

<https://www.youtube.com/watch?v=sG70ERJd2BI>

Working with KARMA numbers 1, 2,

Explaining people born in the Cusp

Explaining people born as twins, the numbers are the same but the way that the people live with their numbers may be opposite

Continuing to combine astrology with numerology to create meaning

Numerology with Suzanne Wagner Part 15

<https://www.youtube.com/watch?v=-ttzTcknEoI>

Working with KARMA numbers 3, 4, & Astrology

Numerology with Suzanne Wagner Part 16

<https://www.youtube.com/watch?v=hLSymCP4S0k>

Working with KARMA numbers 5, 6,

Numerology with Suzanne Wagner Part 17

<https://www.youtube.com/watch?v=FVZUsrobd84>

Working with KARMA numbers 7, 8, 9, starts 10

Numerology with Suzanne Wagner Part 18

<https://www.youtube.com/watch?v=vFDkoPP3K8w>

Working with KARMA numbers 11 and 12

Goes over Relationships within and between the categories

Twin Ray and Soul

3 overlapping numbers = twin ray. The categories that the numbers show up in may determine if they are harmonious or are in relationships to learn.

Look at the karma numbers overlapping and see the relationships between them.

Looking at the DESTINY numbers

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Numerology with Suzanne Wagner Part 19

<https://www.youtube.com/watch?v=LV3DtzFlw6E>

Additional working with the destiny

Multiples of numbers magnify the impact of the numbers

Numerology with Suzanne Wagner Part 20

https://www.youtube.com/watch?v=J_opqc4Cffk

Looking at people's numbers in relationships

Numerology with Suzanne Wagner Part 21

<https://www.youtube.com/watch?v=j8Z6oW0avUY>

Looking at NAME numbers and using the grid

Page 114, finding the driving force in your life through the vowels

Page 116, dream number is determined by the consonants

All numbers added together gives the true self number

Numerology with Suzanne Wagner Part 22

<https://www.youtube.com/watch?v=4e84FhB-7ZQ>

More numbers related to names, including nicknames that others call you

Marriage names

Looking at the names of objects, and the addresses of houses.

Using numerology to look at houses, going through the numbers

Using numerology to choose your phone number

Changing your name but don't go crazy

Numerology works with types of music too

Numerology in exercise

Numerology with Suzanne Wagner Part 23

<https://www.youtube.com/watch?v=-mYA0qaq3yI>

Notice the synchronicities in your life

Translating patterns of numbers into sentences

Repeating patterns

Coaching people to use numerology to their best learning/growing/healing

Example of 11-3 multiple combo = OCD, addictive like 5-6